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Education
Guide
2018-2019,
pg. 37

Live your best
HALLOWEEN

pg. 14

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*** cover stories**

My daughter was just 3 months old during my first Halloween as a mom, which did not stop me from deciding that it was the perfect time to sew giant squirrel costumes for my husband and me. (Clearly, I was still in a postpartum haze.) My baby daughter was an acorn with a hand-knitted hat, which, if I am being perfectly honest, I finished up in the car on the way to a party. So in case you were wondering, yes, I scored pretty high on writer Kat Merck's How Hard Do You Halloween? quiz on page 14. In addition to the seriously funny quiz, we've got a roundup of can't-miss pregame Halloween events for the whole family and an oh-so-Portland upcycled craft project.



Believe it or not, I am actually taking a step back this year. I will make orange, pumpkin-shaped Rice Krispies treats for my son's preschool party. But I am not going to make repeated trips to the fabric store. And since I'm not making the costumes myself, I think we can pull off group get-ups again this year. The kids are going to be Violet and Dash from *The Incredibles*. (And I bought their outfits in September – thanks Costco!) I think I will be able to talk my husband into being Mr. Incredible. That means I'll be Elastigirl. (BTW could there be a more appropriate superhero representation of a working mother than a woman who can bend herself into impossible shapes to save the day?) After almost six years, and another kid, I know now that it doesn't matter whether your Halloween is handmade and Pinterest perfect or not. For the kids, it's all about the candy. And if we're being honest, for parents it's all about swiping Reese's peanut butter cups from your child's trick-or-treat bucket when they are not looking. Happy Halloween!

— Denise Castañon, Managing editor

P.S. Of course fall in Portland isn't all about Halloween. It also means the start of a new season of our ridiculously rich kids' performing arts scene. Writer Erin J. Bernard takes a look at musical performances that put the spotlight on some highly talented local kids, on page 22. I'm excited that I can start taking my 3-and-half-year-old to see live theater this year. He's going to absolutely love it.

This month, only on pdxparent.com:

- » Portland's accessible and inclusive playgrounds
- » Fall fun guide
- » Halloween candy buy-back events



On our cover: Rachel Boyle, who lives with her family in Vancouver, Wash., says she is adamant about family-themed costumes, and this Alice-in-Wonderland ensemble from 2017 has been her favorite one yet. But since her family has added an adorable little boy since last Halloween, we're betting she'll top it this year.

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Kid to Know: **THE ARTISTIC GENIUS**

Seventeen-year-old **Ester Petukhova** sees clearly where she's come from and where she wants to go. And all that understanding gets translated into her astounding painting and artwork. She immigrated to America as a toddler and her status as an immigrant has shaped her art. Over the summer, the David Douglas High School senior flew to New York City to receive one gold (Best Artist in Grade 11) and three silver awards for her painting at the national Scholastic Arts & Writing Awards held at Carnegie

Hall. (Spending 30 to 40 hours a week on her art, she's the embodiment of the old joke, "How do you get to Carnegie Hall? Practice, practice, practice.") "Being able to say, 'Hey, we did this, with the very little we had in this foreign country, and we deserve to be here just as much as everyone else does' was an incredibly powerful experience for both my mother and I," says Petukhova.

This summer, she also attended a prestigious Rhode Island School of Design (RISD) program for young artists. How she got there is rather remarkable, too. She'd been accepted into the program, but not given a full scholarship. Petukhova knew there was no way her mother could afford \$10,000 plus airfare to send her to the summer intensive. Then *The Oregonian* published a story about her paintings and the awards she had won. "After *The Oregonian's* article was published, I started to receive a flood of emails from different individuals who wanted to help fund my trip," says Petukhova. "I sold over a dozen different works, and after about 19 days we had come up with almost all of the money needed to pay for the program's expenses. Some individuals made donations directly to RISD in my



The portrait *Aditi* earned Ester the title of the nation's top painter in grade 11.

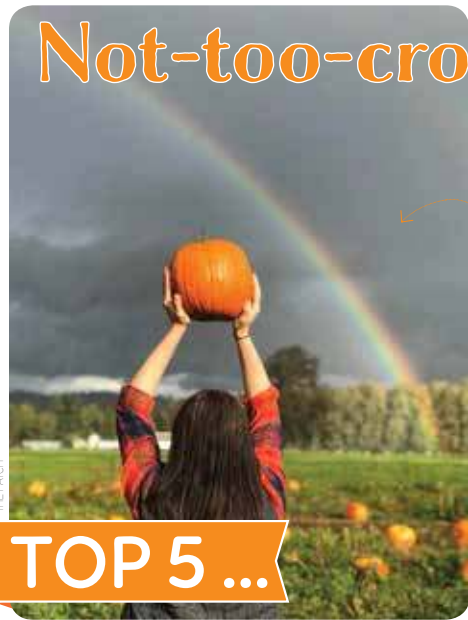
name to help pay for the program. It was insane to me how many strangers were dedicated in getting me to this program."

Petukhova made the most of her time at RISD, stretching her creative muscles by choosing to study sculpture instead of painting. "I for sure was NOT the best student in the class and I think that was a good thing," she says. "It taught me as an artist to always seek to challenge myself in all mediums, to not reside in a comfort zone." And meeting other students from much wealthier backgrounds, seeing them as artistic equals, and calling them friends also had a profound impact on her. "Yes, you do have to work harder than some of the other students because they do have the upper hand in education and finances, but surrounding myself with these students inspired me to work to my fullest potential, to break through and really scrape my way up to the top," she says. And she wants to bring fellow students from lower-income brackets with her. She hopes to study at NYU, not only because she feels their art program is especially strong, but because she can also take classes that'd be useful for working for a nonprofit someday, perhaps one that specifically helps lower-income kids pay for things like summer art intensives. Follow Ester on Instagram @esterpetu to see more of her work and learn about upcoming shows. — Denise Castañon



Lately Ester's been delving into the dichotomy of being both Russian and American and experimenting with sculpture. Here, she sculpted the round, pretzel-like desserts and hand-painted the headscarf. She modeled her hand gestures after Russian Orthodox iconography.

Not-too-crowded PUMPKIN PATCHES



THE PATCH

TOP 5 ...

Sure, Sauvie Island offers, great (and often very crowded) pumpkin farms close to home, but these slightly farther afield patches also earn high marks from families.

- 1 **The Patch** in Woodland, Wash., is a smaller-scale pumpkin patch that focuses on specialty varieties. Hay rides and snacks available on weekends only. *Avidgardener.webs.com.*
- 2 **Liepold Farms** in Boring has a corn maze and “corn pit,” plus beer for the grown-ups. *Liepoldfarms.com.*
- 3 Don't miss the apple cider doughnuts at **Bauman's Farm** in Gervais. The \$6 admission price (for ages 3 and up) covers a slew of activities, including a hay ride and trip to the animal barn. Two more pricing options include even more bells and whistles. *Baumanshf.com.*
- 4 **Bushue's Family Farm** in Boring lets you pick and choose your activities. Little kids will love getting messy making “dirt babies.” *Bushuefarming.com.*
- 5 Families highly recommend **Lakeview Farms** in North Plains for the friendly staff. Another plus? A train and a boat ride are included with your \$5 ticket. *Thelakeviewfarms.com.* — D.C.

Bookshelf: Read it again, Mom

Sometimes, you just can't take reading *The Berenstain Bears* at bedtime for one more night, amiright? Here are some new favorites for reading aloud from Kim Tano and Richard Corbett, the children's book buyers at Powell's Books, Portland's legendary independent bookstore.



SCHOLASTIC

The Word Collector by Peter H. Reynolds

Some kids collect baseball cards. Some kids collect chewed-up gum (gross, but true.)

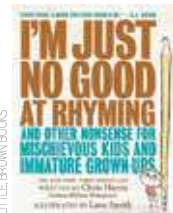
Jerome, the hero of this sweet picture book, collects words. He loves to look at them, categorize them, and make them into new songs and poetry. Ages 5 and up will respond to this meditation on the power of words and creativity; see if your kids want to start their own word collection when you're done. \$17.99.



ARTIFACT LEWIS BOOKS

Zog and the Flying Doctors by Julia Donaldson, illustrated by Axel Scheffler

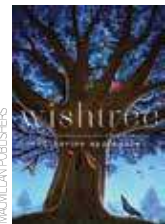
From the author and illustrator of *Room on the Broom* comes the exciting adventure of Princess Pearl and Sir Gadabout, a trusty knight and expert surgeon. Unlike most princesses of her time, Princess Pearl wants to be a doctor, much to the chagrin of her uncle, the king, who thinks princesses should embroider pillows all day. Enter Zog the Dragon, who rescues the princess and Sir Gadabout to fly off to heal magical creatures! Great for ages 4 and up. \$17.99.



LITTLE BROWN BOOKS

I'm Just No Good at Rhyming And Other Nonsense for Mischievous Kids and Immature Grown-ups by Chris Harris, illustrated by Lane Smith

I took this home to my son to read just a few poems, but we couldn't put it down until we had read every one! Don't miss the misnumbered pages that can only be sorted by a certain code-cracking poem. It's a modern-day version of Shel Silverstein and illustrated by a Caldecott honor artist to boot. Great for ages 8 and up. \$19.99.



MACMILLAN PUBLISHERS

Wishtree by Katherine Applegate

Told from the point of a view of an urban red oak, this poignant story centers on a neighborhood where people write down their deepest wishes and tie them to the branches of the sturdy tree. But when a new Muslim family moves in, the neighborhood turns against them — can the wishing tree help put things right? \$16.99.



SMON AND SCHUSTER

Firefly Hollow by Alison McGhee

A treat for all those who are fans of inter-species friendships, à la *Charlotte's Web*

and *The Wind in the Willows*. In this novel, a firefly, cricket, vole and a boy named Peter are drawn together one summer, despite familial concerns about mixing with the unfamiliar. This story can be easily read aloud to children 5 and up. \$9.99.



PEREGRINE BOOKS/PIGMEAT GROUP

Brown Girl Dreaming by Jacqueline Woodson

A powerful autobiography told in lyrical verse that explores what it was like for an African American girl to live in the 1960s and '70s. The heroine deals with struggles of the Jim Crow era, and her growing awareness of the burgeoning civil rights movement. This is a novel that begs to be read aloud. Ages 10 and up. \$10.99.

Pay Attention: Giving Kids the Mic

Kids will get the chance to grill Governor Kate Brown and her two challengers Knute Buehler (R) and Patrick Starnes (I) during a televised gubernatorial debate. Children First for Oregon is the debate's sponsor and has enlisted the help of a youth steering committee. While KOIN-TV anchor Jeff Gianola and Portland Tribune reporter Shasta Kearns Moore will facilitate the debate, all the questions were sourced from kids from around the state. "Students can often bring new ideas and solutions to challenges that previously seem unanswerable," says 17-year-old Amelia Ernst, a senior at Grant High School and a member of the steering committee. "When youth are given respect and a platform, partnerships between students and politicians can yield amazing results." Watch the debate on Tuesday, October 2 from 7 pm-8 pm on KOIN 6. — *D.C.*



From L to R: Buehler, Brown, Starnes.

WE RECOMMEND:

Berkeley, California's Adventure Playground has long been the stuff of legends. Now Portland is following suit with its own version, at a former organic farm site at 13949 SE Stark St. Dubbed

Portland Free Play, its organizers envision a space where kids can take risks, try out tools, and generally let their inner wild child roam free. Find out more at pdxfreeplay.org. — *Julia Silverman*



Ask Dr. Doug

Q: We have a very rambunctious 3-year-old. I know that's pretty normal for this age, but he doesn't seem able to really focus on things, even bedtime stories. I'm wondering whether there are any early warning signs for ADHD that I should know about — should I have him tested at this age? What can we do to support him besides medication if he does have ADHD? Would behavior therapy help?

A: Three is exhausting, isn't it? In addition to all that energy, 3-year-olds add a dose of independence and negativity. "No!" enters their vocabulary more and more. Attention spans are short and tantrums can get more intense. The behavior you're describing sounds developmentally normal to me (which I know doesn't make the tough days easier!), but I would encourage you to meet with your pediatrician to discuss your concerns and think of some helpful supports.

ADHD is a specific grouping of behavioral symptoms that includes impulsivity, hyperactivity and inattention — often with big emotional responses and trouble shifting from one thing to the next. Think of ADHD as less "not able to pay attention" and more "trouble regulating attention and emotion." Kids with ADHD can even get "hyperfocused" on engaging activities, but often have a hard time showing regulation in other situations.

At the same time, I often worry we're too quick to label behavior a "disease." Children demonstrate a remarkable level of neurodiversity. That means developmental differences exist along a spectrum and, in many cases with the right supports, can function as strengths in life. In my practice, I approach behavioral concerns by considering whether it is causing impairment or distress. What usually matters more than labels is supporting families to ensure a child's highest level of functioning with a growth mindset. This means considering a child's history, environment, nutrition, and sleep when thinking about treatment. Evidence-based therapies such as parent-child interaction therapy can be very helpful. Medication may play an important role, but should never be a knee-jerk response.

A few other thoughts: Kids are not robots, so normal behaviors vary considerably based on age and gender. I often see kindergarteners with summer birthdays get mislabeled as "problem kids" when really they just need a bit more time to develop. And keep in mind, the behaviors we see in children with ADHD overlap substantially with anxiety, learning disabilities, trauma and mood disorders, requiring a thoughtful approach to diagnosis and treatment.

At Metropolitan Pediatrics, I'm lucky to practice with an integrated behavioral health team that includes a psychologist, social worker, and care manager, which allows us to support preschoolers with tantrums and toileting issues all the way up to teens with anxiety, depression, and ADHD. And if your 3-year-old is bouncing off the walls and melting down within minutes of waking up, remember you're not alone (and maybe put that second pot of coffee on)! ☕

Dr. Doug Lincoln practices general pediatrics at Metropolitan Pediatrics in Happy Valley. He is board certified in both pediatrics and preventive medicine, with special interests in helping parents meet their breastfeeding goals, caring for neurodiverse children with behavioral health needs, and advocating for children via teaching and policy. As a dad of two boys, he understands the joy and hard work that comes with parenting. Find out more about Dr. Doug and Metropolitan Pediatrics at metropediatrics.com.





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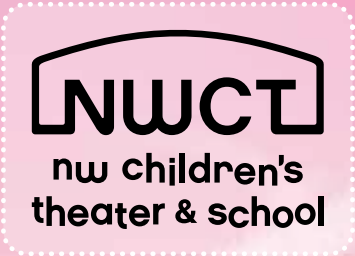
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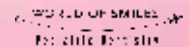
Written by Mo Willems • Music by Deborah Wicks La Puma



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Most Enjoyed by Ages 3 & Up



Live your Best

QUIZ

Take our quiz, try a craft, brush up on your trick-or-treat manners, and find out where to party in your costume.

BY KAT MERCK

Think you're Martha Stewart meets Morticia Addams? Is your personal Zion the Big Lots holiday clearance section on November 1? Do you start baking pumpkin-shaped cookies within minutes of witnessing the first red leaf fall from the trees? Take our quiz to figure out just exactly how hard you Halloween.

+3
points

Professional photos taken at a wildly crowded Sauvie Island pumpkin patch on a Saturday, which somehow end up looking like they were shot at a secluded farm in the Adirondacks.

+3
points

Children are wearing clean, coordinating, light-colored clothing in said photos.

+5
points

You and your kids spend an entire day carving plump, organic pumpkins into creative jack-o'-lanterns – without stencils – after which you roast the seeds for a nutritious snack.

+2
points

No one fights over who got the bigger pumpkin.

+2
points

Your kids actually eat the roasted seeds.

-2
points

You carve one anemic-looking jack-o'-lantern, and you use the stencil that came with the carving knife you bought at Fred Meyer.

-5
points

You use the stencil and somehow your pumpkin still comes out looking like a diseased gourd that's been chewed on by squirrels.



FAM VEEDMAN

Halloween

+10
points

You throw a Halloween party for your friends and neighbors.

+5
points

Instead of simply scattering some themed confetti on a tray of wraps from Costco, you stay up until midnight the night before to make tangerine pumpkins and cookies that look like witches' fingers.



+6
points

Children in attendance actually eat the tangerine pumpkins and witches' fingers.

+5
points

You personally design and hand-sew a costume based on your child's favorite character from a historic-yet-hip children's book.

-3
points

You let your tween attend the school costume parade in a "sexy pirate" dress you agreed to in a moment of duress at the Lloyd Center Spirit Halloween store.

+3
points

"No, I'm not buying the inflatable poop emoji costume."

-4
points

You buy the inflatable poop emoji costume.



+4
points

You let your kids choose a few pieces of candy and then donate the rest to a heartwarming cause.

-2
points

You let your kids eat all the candy.

-3
points

You eat all the candy.

-5
points

Your teenagers left the house with Jason masks from Walgreens and one pillowcase and you're not even sure they're trick-or-treating.

SCORE :

21-49
points

Congratulations!
You Halloween so hard you should probably start your own lifestyle magazine.

1-20
points

You Halloween firmly, if not hard. Your kids had fun, and perhaps so did you ... a little.

0 or fewer
points

You don't even know what month it is, do you?

CRAFT:

CANDY-WRAPPER DECOUPAGE

While for us adults Halloween may be a more nuanced holiday, it's important to remember that for kids, it's about one thing, and one thing only: candy. Thus, the best crafts are ones that get them truly excited about what matters. This project not only recycles a good portion of what would otherwise end up as trash, it can be made both post-Halloween to enjoy the next year, or pre-Halloween with the wrappers from the fun-size items you snuck while the kids were asleep.

Materials:

Newspaper or other paper to keep your surface from being forever covered in Mod Podge

Iron (optional, to iron wrappers flat)

Candy wrappers (NOTE: waxed wrappers work best; e.g., Starburst, Tootsie Roll, Dum Dums, Bit O' Honey)

Scissors

Item to decoupage, we used a votive candle holder, but light-switch plates, picture frames, vases or even shoes would work well

Mod Podge

Brushes

Directions:

1. Unless you're going for an intentionally crinkly look, iron your wrappers on a low setting to smooth out creases and wrinkles.
2. Cut wrappers to desired shape, or cut pictures or words out of them for a collage effect.
3. Brush Mod Podge glue on the back of the wrappers and affix to your desired item.
4. When finished, apply a final layer of Mod Podge to seal, and let dry for a few hours.

Note: Depending on the age of your kids, this could get very messy, so plan accordingly.



TRICK-OR-TREAT ETIQUETTE

As anyone who has or works with young children can attest, young ones + knocking on complete strangers' doors = a recipe for potential disaster. Make sure you're prepared beforehand for some of the more uncomfortable situations that could crop up and make you a pariah at the next neighborhood block party.

AWKWARD SITUATION #1:

Your neighbor is a hoarder!

WHAT NOT TO DO: Scuttle out of view of the door when your most talkative child announces, loudly, "Wow, your house is a mess!"

WHAT TO DO NEXT TIME: Prep your kids beforehand that some houses may look different than yours, and it's not polite to comment on it.

AWKWARD SITUATION #3:

Your 2-year-old refuses to say thank you.

WHAT NOT TO DO: Run up to your child at every single door and stage whisper "SAY THANK YOU!"

WHAT TO DO NEXT TIME: If they're not old enough to remember to say thank you, they probably shouldn't be walking up to the door without you. Maturity and language proficiency levels may vary, but kids are probably old enough to walk up to the door on their own around age 3 or 4.

AWKWARD SITUATION #2:

You bought Snickers bars to give out, and half the neighborhood has a nut allergy or isn't allowed to eat sugar.



WHAT NOT TO DO: Begin any sentence with "Back in my day ..."

WHAT TO DO NEXT TIME: Make sure to buy at least some non-food items like pencils or glow sticks. Better yet, skip the nuts entirely and just stick with Mounds bars. Mmmm, Mounds bars ...

AWKWARD SITUATION #4:

Someone's Halloween decor is a little too realistic, sending your child screaming and crying down the street.

WHAT NOT TO DO: Invalidate their fears with "there's nothing to be afraid of"; lambast the residents of the home for traumatizing children on purpose.

WHAT TO DO NEXT TIME: Accept that this occasionally does happen; if your child is very young, you'll eventually get a bead on the specific types of decorations that scare them (light projectors? Animatronic witches?) and can preemptively steer them away from those houses that feature them.



Kat Merck is a freelance writer and editor in Camas, Wash., who tries not to deprive her 5-year-old son of a proper All Hallow's Eve, but also did not score highly on the "How Hard Do You Halloween?" quiz.



CELEBRATE: CAN'T-MISS PORTLAND



WEST COAST GIANT PUMPKIN REGATTA Saturday, October 20, 10 am-4 pm

What's wackier than 1,000-pound pumpkins carved into boats? Said boats being piloted by participants in scarecrow and Viking costumes. One day a year, spectators can watch one of the strangest costumed boat races around before partaking in a lively festival with food, vendors and contests in Tualatin. See tualatinoregon.gov/pumpkinregatta for info.

THE SQUISHING OF THE SQUASH Friday, October 19, 11 am and HOWLOWEEN AT THE ZOO, Saturday-Sunday, October 20-21 & October 27-28, 9:30 am-3 pm

Bring your costumes to the Oregon Zoo's annual Halloween event, which features a dual-weekend, wildlife-themed scavenger hunt with prizes and "deforestation-free candy," as well as animals enjoying — or in elephants' cases, smashing — enormous pumpkins. Free with zoo admission. See oregonzoo.org/events/howloween-0 for info.



ST. HELENS SPIRIT OF HALLOWEENTOWN all October

Cult made-for-TV movie *Halloweentown* was filmed in St. Helens, in the '90s, and has been celebrated ever since with a full month of events, games, scarecrows, bazaars and gift shops located throughout the town. This year is the 20th anniversary of the event, so it's sure to be a big one. See a map and full schedule at discovercolumbiacounty.com.

HALLOWEEN COSTUME SWAP Sunday, October 14, 9 am-noon

Nothing hurts the wallet quite like buying multiple \$25 costumes that will only be worn once. Lessen the pain at the Portland Children Museum's second annual costume swap, where outfits for kids age 0-12 in clean, unstained and undamaged condition can be exchanged among attendees or donated to Goodwill. Free with museum admission or membership.

FREE FOOD FOR TRICK-OR-TREATERS Wednesday, October 31, 5 pm-8 pm

Kids need energy for all that trick-or-treating. Take them to any branch of longtime reader fave Pietro's Pizza and all kids 12 and under who are in costume can get a free 6-inch pizza and small soda.



PORTLAND-AREA HALLOWEEN EVENTS

PADDLEBOARDING WITCHES ON THE WILLAMETTE

Saturday, October 27, 11 am-2 pm

In October of last year, members of local paddle boarding club Stand Up Portland stopped traffic and garnered news headlines by paddling down the Willamette River in green face makeup and witch costumes. When asked if they planned to do it again this year, the response was “Heck, yes we are!” Don’t miss out on the fun. (And you can even participate if you have a life jacket, leash, invasive species permit and, of course, costume.)

At Willamette Park.



THRILL THE WORLD PORTLAND

THRILLER DANCE

Saturday, October 27, 3 pm

Part of Thrill the World, a global effort to have as many people as possible dance to Michael Jackson’s 6-minute 1982 hit at the same time, Portland’s event features several practices in the preceding weeks. See facebook.com/thrilltheworldpdx and twitter.com/thrillerPDX for updates, location and information.

MONSTER MARCH

Sunday, October 28, 3 pm

Sellwood-Westmoreland’s Monster March is a Portland tradition that keeps growing every year. Kids get to show off their costumes during a stroll through the neighborhood and grab (even more) candy from local businesses. Starting at Llewellyn School.

THE ORIGINAL CORN MAZE Through Halloween

Sauvie Island’s Pumpkin Patch creation isn’t the only maze mowed into a cornfield in the area, but it is one of the oldest (at 21 years) and largest. It offers a different theme every year with a scavenger hunt based on goofy “corn-undrums” and multiple observation decks. Also, be sure not to miss the quaint farm stand and red barn housing various farm animals. See portlandmaize.com/corn_maze.php for info.



COMMUNITY HALLOWEEN Various times through October

For even more Halloween fun, head to your local community center’s **Monster Mash**. Our picks include the **Nightmare on Knott Street** at the Matt Dishman Community Center in Northeast Portland on Saturday, **October 27**, with a haunted house, candy, a costume contest and live music from **7 pm-10 pm**. There’s a \$5 suggested donation for admission, or you can bring three cans of food for the Oregon Food Bank. If you’re in Washington County, check in to the **Great Pumpkin Hunt at the Garden Home Recreation Center** on Friday, **October 19**, for pumpkin hunting by flashlight, a taste of some witches’ brew, a candy corn count and more. It’s \$10 for those living in the Tualatin Hills Parks and Recreation, and \$12.50 for others. **Pro tip:** If you’ve got kids with sensory sensitivities or needing mobility support, the event is reserved for them between **5 pm-6 pm**; general admission starts after that and goes until 10 pm.

CARDBOARD COSTUMES Various times through October

Still no costume, and Halloween is looming? No problem. The wizards at **Tinker Camp** have you covered. They will be at various Multnomah County Library branches throughout the month with piles of material, including plastic, cardboard, wire, felt, LED lights and even electric buzzers — everything for a create-your-own-costume extravaganza. Find more all the details at multcolib.org/events/cardboard-costume-creation. 🌈

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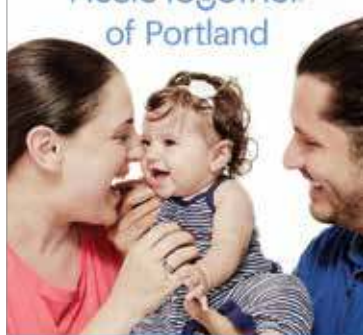
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JOURNEY THEATER ARTS GROUP

**JOURNEY THEATER ARTS GROUP:
TEACH THE KIDS TO SING**

SOME

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It takes a lot of love – and a whole lot of helping hands – to bring a piece of musical theater to life. And at Journey Theater Arts Group, the staging of exuberant, splashy shows, like an upcoming fall production of *Annie*, is always a family affair.

As is the case with many Journey shows, *Annie* will be performed exclusively by youth performers, ages 8 to 18, from the title character to Daddy Warbucks to the scheming Miss Hannigan. But while the young performers strut their stuff onstage, their family members will form the “backbone” of the performance, says *Annie* Director Starleen Benke, with parents pitching in on everything from building sets and managing the house to running concessions and preparing props.

“We’re all about the kids and letting them use their gifts and the talent onstage,” she says. “All the adults involved are really just there to help the kids.”

It’s not uncommon for young actors in the school’s education program to perform in 20-plus shows at Journey Theater before aging out. In that time, says Benke, they grow by leaps and bounds, becoming bolder, more disciplined and more mature. The unique demands of musical theater raise that bar even higher, she adds: “To be a lead, we challenge them to become what we call a triple threat: dance well, sing well and act well.”

The story of Little Orphan Annie takes audiences on an “emotional journey” peppered with classic, well-loved songs. Among the directorial challenges Benke’s preparing to surmount: casting a four-legged friend to play Annie’s faithful sidekick, “Sandy,” then getting that dog to follow stage commands. But Annie will have a secret weapon at her disposal, promises Benke: a pocket in that signature red-and-white dress, made just for treats.

Musical theater shows like this one are great for young audience members getting their first taste of live performance, says Benke: “It’s always active so young people don’t get bored. It’s constantly changing, which is what young people want – their minds want to constantly be moved along.”

On the ticket this fall: *Annie*, Imago Theater – November 2-18.

Also Playing: Journey Theater Arts Group will stage additional shows around the Portland metro area throughout fall and winter, including: *The Wizard of Oz* at Alpenrose Opera House in October, *The Lion King Jr.* at Fort Vancouver High School this November, and *SCROOGE: The Musical* at Washburn Performing Arts Center at Washougal High School in late November.

The fall’s a fine time for families in the most vibrant musical city. Little Orphan Annie anthems to – say singing doo-wo from a high-energy musical theater some good old-fashioned gigs, all headlined by the city’s most talented musicians and



WING

SCHOOL OF ROCK: SONGS IN THE KEY OF FUN

WITH

BY ERIN J. BERNARD

me to immerse your
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nie to rousing rock
y what? — squirrels
p. Take your pick
ergy assortment of
productions, plus
shioned rock 'n' roll
ed by some of the
alented young
nd performers.

When it comes to a rock 'n' roll education, riffing with audiences and getting on with bandmates is just as vital a skill as slaying on guitar. Thirteen-year-old Lyla Meier is learning this firsthand at School of Rock Portland, thanks to a busy schedule of one-on-one lessons, group band practices and regular live performances. "It's about staying loose and not being afraid to talk to the audience," she says. "That's in my muscle memory now."

Meier, whose brother also attends School of Rock, grew up in a musical family. In addition to singing chops, she's devoted herself to developing skills on the violin, silver flute and keys. Now she's ready to rock a bass guitar.

At School of Rock, Meier and other budding musicians study and perform works from a broad spectrum of genres and artists — thus far, she's tackled everything from Queen to Talking Heads to pop and experimental funk.

Live music performance connects performances and audiences in a different, more immediate way than a play or a stand-up comedy act might, says Meier, and she loves that: "The audience as a whole doesn't feel so much like they have to pay attention or clap at a certain time or laugh. With music you can pay attention, or you can also just listen."

Meier's also a member of the School of Rock House Band, a gigging band that regularly performs at top-ticket venues around the city. Being cast into house band is "no joke," says School of Rock Music Director David Coniglio. It requires a high level of musicianship, and members are tasked with mastering 25 to 30 songs per season. But it's not all work and no play. Coniglio, a working musician with a degree from Berklee College of Music, says that a lifetime of performing has taught him that music simply sounds better when the people playing it are having a good time: "If you hit a bad note, it doesn't really matter. As long as you believe in yourself and have fun with it, that goes way further than being a monster musician on a certain instrument. No one cares about that ... It's about the whole experience."

.....

On the ticket this fall: Performances featuring School of Rock Portland students are slated around Portland throughout the season. For more info, visit: schoolofrock.com/events.

NORTHWEST CHILDREN'S THEATER AND SCHOOL: A BUMPY, BOUNCY ADVENTURE

If you've been on the lookout for a golden opportunity to introduce your littlest littles to the wonders of live performance, NWCT's current show might prove just the ticket.

This fall, the theater will feature a revamp of *Elephant & Piggie's We Are in a Play!*, inspired by the beloved Mo Willems children's book series and suggested for audience members ages 3 and up. Lead characters (and "bestus" friends) Elephant and Piggie will keep kids giggling and guessing through an interactive 55 minutes of song and dance.

"The book is very beloved, and [the play's] a great introduction to musical theater," says NWCT Associate Artistic Director John Ellingson, who will reprise his role as Gerald the Elephant. "This is a great way to get kids interested in seeing the arts."

Like much of Willems' work, the show includes plenty of silliness and smart wordplay, plus that group of doo-wop-singing squirrels, but it also tackles big, bold, preschool-friendly themes as Elephant and Piggie explore the paradox of sharing and the complexities of early friendships.

The production, staged by an intimate cast of six, (including four kid singing, acting, dancing triple threats) bears all the markings of a classic NWCT theater experience,



Ellingson adds: "We like our shows to be immersive and a little more rowdy, and this show came to us with a lot of that. It fits into our style of musical theater. It's a bumpy, bouncy show."

Pulling off any musical theater production presents special challenges, he admits: Performers are acting, singing and dancing all at once, which requires considerable stamina. And when the cast is small, the audience is pint-sized, and the costumes are fur-lined, those challenges are amplified.

But when it comes to children's musical theater, says Ellingson, the complexity is part of the glory. Young audience members process the themes and emotions of a performance in real-time, and that's something beautiful to behold, from onstage or off.

"They're so eager to be present and in the moment," he says. "They're just right there with you."

Showing this fall: *Elephant & Piggie's We Are in a Play!* NWCT Mainstage – September 22 to October 21.

Also Playing: Treat yourself to a spoonful of song and dance with NWCT's winter production of *Mary Poppins* – a classic film turned Broadway hit. NWCT Mainstage – December 8 to January 6.

MORE NOTEWORTHY MUSICAL OFFERINGS

PORTLAND OPERA: Have Arias, Will Travel

A bilingual, shortened adaptation of a classic Spanish opera bursts to life when the Portland Opera takes *The Barber of Seville* on the road this October as part of its Opera to Go program. The show will visit various community centers around Portland. For more info, visit: portlandopera.org/pogo-2018/.

OREGON BALLET THEATRE: Enrapture of the Deep

Older kids will be swept away by the rich opulence of *Napoli*, a classical Danish story ballet premiering at OBT this October. This uplifting love story features colorful costumes and rich "underwater" backdrops. There's even a sea nymph or two. For more info, visit: obt.org/18-19-season/napoli/.

OREGON SYMPHONY: Avast, Ye!

A merry band of pirates takes over the Oregon Symphony this November in *Pirates!* – the first Kids Concert of the season. Enjoy music from *Hook*, *Peter Pan*, and more. Come back Thanksgiving weekend for *Disney in Concert*, a multimedia showpiece featuring music from the scores of beloved classics like *Beauty and the Beast*, *The Lion King*, and *Frozen*. For more info, visit: orsymphony.org/concerts-tickets/.



**OREGON CHILDREN'S THEATRE:
NEW DISCOVERIES, SET TO SOUND**

As a young girl captivated by all things theatrical, Sophia Takla was hungry for heroines who did more than bat their eyelashes and twirl their hair.

She got her wish with *Ella Enchanted*, – a book-turned-movie-turned-musical featuring a more relatable brand of princess – Ella of Frell, who struggles to find her own voice after being cursed at birth with the “gift” of obedience. “Every other Disney movie and princess tale was about a damsel in distress who met a guy,” says Takla. “This show is about Ella and her journey of self-discovery.”

Takla’s been on her own journey of discovery ever since she began performing in first grade. Now she’s 17, and this Jesuit High School senior is preparing to channel her atypical heroine in OCT’s upcoming musical stage production of *Ella Enchanted*.

Developing musical theater proficiency is sort of like learning to pat your head and rub your stomach at the same time, notes show

Director/Choreographer Jessica Wallenfels: It’s a skill you master slowly, with a little persistence and a lot of practice. “There’s this kinship between the performers and the audience. Something really magical and difficult is happening across the footlights ... Every soaring chord or somber note, you feel,” Wallenfels says.

There’s also an element of serendipity to this kind of acting, says Takla, with each performance taking actors and audience members along for the ride: “You’re making new discoveries in the moment, and it’s a little different every night.”

Playing Ella will definitely require verve. Acting, singing and dancing in unison is an endurance sport as much as an art. But Takla’s ready.

“Forget Disneyland,” she says. “OCT is the happiest place on earth!”

On the ticket this fall: *Ella Enchanted*, Newmark Theatre – October 20 to November 18.

Also Playing: Just in time for Halloween, OCT’s Young Professionals Company will premiere *Shiver: A Musical Ghost Story* – a cold-weather tale of mystery, revelation and terror. YP Studio Theater, October 26 to November 11. 🎃

Erin J. Bernard is a freelance writer and editor living the dream in Northeast Portland, where she resides with her husband and their bossy 2-year-old daughter. She spends her (nonexistent) free time eating tamales, scoping out garage sales, and blogging about the creative life at ejbwritingstudio.com.

PIRATES!

SUNDAY, NOVEMBER 11, 2 PM

Norman Huynh, conductor
Pam Mahon, narrator
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Ahoy, matey! Pack your bags for another swashbuckling musical adventure with the Oregon Symphony's merry band of pirates! Music from *Hook*, *Peter Pan*, *Pirates of the Caribbean*, and more – aargh!

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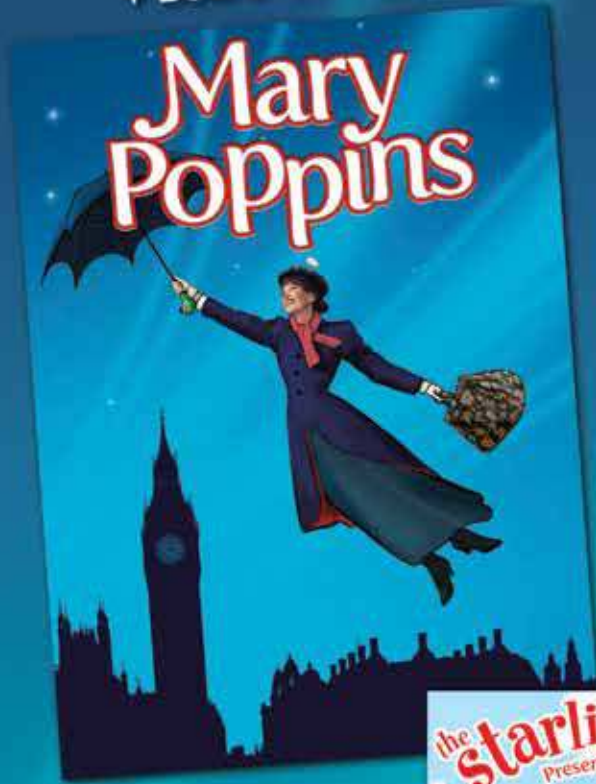


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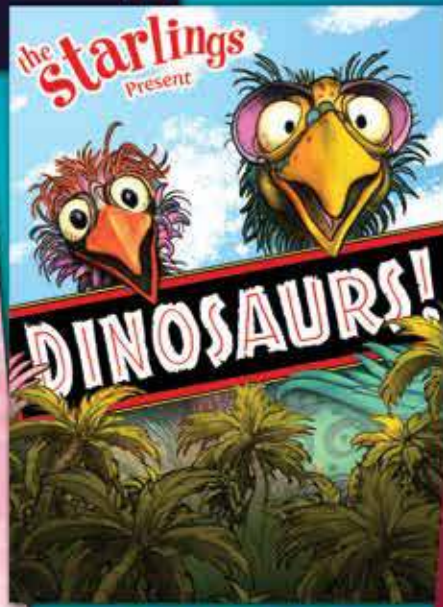
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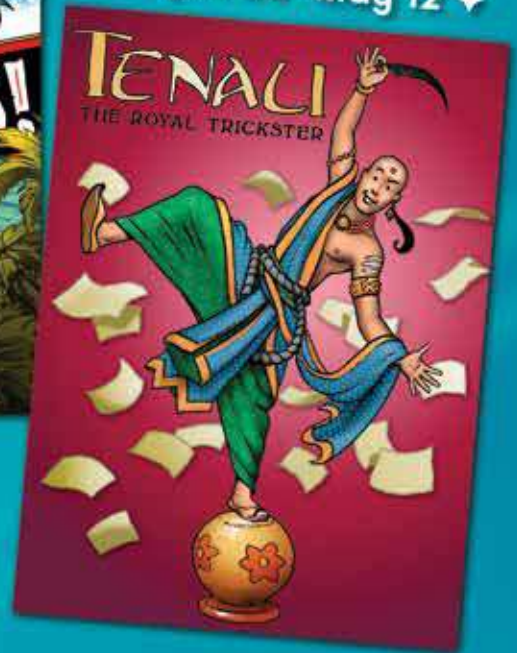
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she can do to reverse it...

Nevertheless, she persisted.



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By Karen Zacarias. Music by Deborah Wicks La Puma.
Adapted from the book by Gail Carson Levine.
By special arrangement with Miramax.
Illustration by Aaron McConnell.



Field Trip

Venturing out to the Rice Museum of Rocks and Minerals with small rockhounds

STORY AND PHOTO
BY ALI WILKINSON

Rock On

We Portlanders are spoiled by our local museums – there are so many great ones within city limits.

Perhaps that explains why it has taken our family so long to make the short jaunt to Hillsboro to check out the **Rice Northwest Museum of Rocks and Minerals**. My 8, 6 and 4-year-olds wish we hadn't waited so long, and are already clamoring for a return trip. (Seriously. It's daily. We'll go back. I promise.)

When you first arrive at the museum, you may feel like you accidentally stumbled upon the set for *The Brady Bunch*. Don't worry: The totally retro ranch house in front of you really is the museum. What began as the Rice family's private home and collection eventually expanded into the museum it is today. (You'll even notice a pink bathtub in one of the bathrooms.)

But the vintage exterior belies the truly jaw-dropping collection of rocks, minerals and fossils inside. First, of course, the fossils. We saw actual fossilized dinosaurs, prehistoric marine life, and, yes kids, dinosaur poop. The highlight was a perfectly preserved nest full of fossilized dinosaur eggs. Ah, who am I kidding. The highlight was the poop.

Second, the kids really loved the glow-in-the-dark room, aka the Rainbow Gallery. These rocks have phosphorescent or fluorescent elements making them glow like a deep-sea bioluminescent aquarium when lit by black light. Think neon greens, pinks and oranges that would give your '80s wardrobe a run for its money.

My favorite part of the museum was the petrified wood. Walk down to the lower level, and you are greeted with slabs and slabs of gorgeous, shiny, jewel-like petrified tree trunks.

If you've never experienced petrified wood, it's like something out of a fairytale. Tree trunks actually turn to rock, and are then smoothed to a fine polish by experts. The result is intricate and

unmistakable – the rings clearly showing that you are really are looking a tree. Some of the specimens dated back 250 million years. ("That's even older than you, Mommy! Right?")

As we left the museum and made a quick detour into a former workshop, we found yet more petrified tree trunks and helpful explanatory plaques about how they are made. (Didn't think petrified wood could be any cooler? It's often formed by volcanic eruptions.)

Other noteworthy areas included the interactive "Is it a meteorite or isn't it?" quiz at the beginning of the museum; the collection of opals and carved stones; and, of course, the aforementioned pink bathtub.

Okay, back to the kids. Their unmistakable highlight was the rock pit outside the museum. Every kid under 12 is allowed to dig in a pit of rocks about 12 feet by 12 feet and take home the rock of their choosing. Most of the rocks are unremarkable, but some kind folks donate special rocks to the pit, so you can find things like geodes, thunder eggs, colorful crystals, and, yes, even petrified wood. If your kids can't decide on a single rock, you can buy a pound of rocks for \$1. Definitely worth the hit to the allowance in my oldest's case.

If you need a break from the museum, or have younger kids, there is a large grassy area out back. You'll find a cool low-hanging tree to climb around in and lots of space to run, tumble and explore, as well as – what else? – look for more rocks. 🌈

The details:

ricenorthwestmuseum.org

Location: 26385 NW Groveland Dr., Hillsboro

Hours: Wednesday to Friday, 1 pm-5 pm; Saturday and Sunday, 10 am-5 pm

Admission: \$12 adults; \$10 seniors; \$8 ages 5-17; Free for ages 4 and younger.

Be sure to check out the museum's calendar or the online calendar at pdxparent.com for some of the special events held throughout the year. Past events include Volcano Day and Summer Fest, both featuring loads (lodes?) of kid-friendly activities like gold-panning and geode-cracking.

Coming up: Mystery Mineral Day in February and the annual Easter Thunder Egg-Stravaganza.

Ali Wilkinson is a writer and lawyer living in Portland. Neither of these professions aid her and her three children in their pursuit of finding fossils and other buried treasure, but they will keep trying.

For the Birds

PHOTOS AND STORY BY EVE HANSEN

Help your wild feathered friends make it through the winter with these cute cookie cutter bird feeders.

Did you know there are many wild birds that do not go south for the winter, but stay in the Portland metro area, rain or shine? You and your kids can help them weather the winter with this fun and easy project that will provide food for them when it's cold and nutrients are more scarce. It's a perfect indoor activity for a dreary autumn day. And your little ones will get such a kick out of watching birds flock to their creation.

Want to go further with helping the birds out during our cold season? Provide a birdhouse shelter high up in trees so that predators such as cats can't reach it. And give the birds a place to bathe and drink by adding a birdbath to your yard. The birds will thank you.

For more kid-friendly projects visit: pdxparent.com/hands-on



Materials
Makes 12 small birdseed cookies

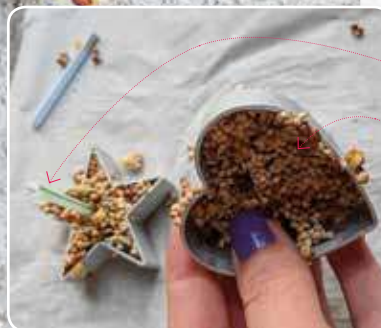
2 packets unflavored gelatin
1 cup boiling water
Heat-proof mixing bowl

3 cups birdseed for wild birds
Spoon
Parchment paper

Baking sheet
Cookie cutters
Straws
String, raffia or yarn

Instructions

1. Boil water.
2. Cut straws into two-inch pieces, set aside.
3. Pour gelatin into mixing bowl. Have an adult slowly add water to gelatin. Stir until gelatin is dissolved.
4. Mix in birdseed with a spoon. Go slowly. Add only enough so all the seeds are thoroughly coated with the gelatin.
5. Cover a baking sheet with parchment paper, then place cookie cutters on parchment paper. Spoon seed mixture into cookie cutters. Press down with fingers so seeds are packed into the bottom and corners of the cookie cutter.
6. Push one straw piece into the top middle. (This will be the hole used to thread string through.) Make sure there is seed on either side of the straw.
7. Place cookie cutters on parchment paper into fridge for two hours or until they have firmed up, then remove from fridge.
8. Check that straw is all the way through. If not, push through while birdseed cookie is still in the form.
9. Carefully push out birdseed cookies and remove straws.
10. Thread string through the hole in the cookie and tie at the top. Repeat with remaining cookies. Hang on your favorite tree in front of a window so you can see all the birdies enjoy your cookies. 🐦



PRO TIP: October 13 is Free Kids' Bulb Day at all Al's Garden locations!

Eve Hansen is the Event Manager at Al's Garden & Home. She loves playing in the dirt with her own little one and can't wait to plant her edible garden every year. Al's Garden & Home offers a new Kids' Club class once a month at each of their locations. Learn more at als-gardencenter.com/kidsclub.



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Family Supper

IBU Public House in Southwest Portland is the newest in the city's growing family-friendly pub scene.

STORY AND PHOTO
BY DENISE CASTAÑON



Pint-sized Fun

The first two things I noticed when my family walked in to the spacious **IBU Public House** were babies in high chairs and a digital reader board with a list of 38 beers and ciders on tap. Both are good signs for a family looking to get some pub grub and pints. (As is the name of the establishment. IBU stands for International Bitterness Units, which is a gauge of a beer's bitterness.)

The hostess seated us on the lower level next to a play area stocked with a kitchen, train table, Magna tiles and dinosaurs. (Our table had a giant crack running right through it, which I envisioned pinching tiny fingers, so we ended up switching spots.) My 6-year-old daughter, Adela, and 3-year-old son, Cruz, headed right over to check out the dinosaurs.

While they were off investigating the toys, my husband and I and my in-laws perused the tap list of mostly local beers, ciders, wines and kombucha, which the server told us could also be pulled up on our phones. Since we were there during happy hour, our pints were a dollar off (\$4.50-\$5). My husband tried the summery Print Master's pale ale from Corvallis brewer Block 15, I tried the pleasantly puckery Stickmen Brewing's Kissed by Melon wheat beer and my father-in-law went with a Sunriver Brewing's Fuzztail hefeweizen. With three generations of pretzel lovers at the table, we made quick work of the happy-hour priced (\$4) warm German pretzels.

IBU's kids menu (\$6 per meal) offered two cheeseburger sliders, chicken tenders, grilled cheese or mac 'n cheese. I was pleased that a fruit cup or side salad were side options in addition to french fries. **Pro tip:** The ample portion of mac 'n cheese Adela ordered would even satisfy a grown-up! She did make a good dent in it, clowning around

with gooey strings of cheese. Cruz asked for the sliders and I ordered fruit and fries as sides for the kids to divvy up. At one point Cruz was double fistfing a fry and a piece of melon. In fact both kids polished off the mix of grapes, berries and melon in no time.

The kid-friendly atmosphere continued beyond the play area and kids menu/coloring page with the ultimate kid accommodation: a step stool at the sink in the bathroom. (When we are out, I often have to hoist my kids up on my knee so they can reach the faucet. One or both of us usually gets wet.) And there was a changing table in there, too.

BREWS WITH A SIDE OF PLAY

We bow down to the original establishments that decided killer microbrews and kids' play areas were a win-win combination: **Hopworks Urban Brewery (HUB)** and **Laurelwood Brewing**. HUB's flagship location on Southeast Powell Boulevard with its three play areas remains so popular, the company has even expanded to the "burbs with a Vancouver location. And Laurelwood's tagline — "a place where friends and families meet" — is as true now as it was when they opened the doors to their Northeast Sandy Boulevard location in 2001.

When our food arrived, we oohed and ahed over the presentation of the marinated flank steak salad (\$16) my mother-in-law ordered. My brisket cheesesteak had big meaty hunks of tender brisket (although I think they forgot to slather on the promised rosemary aioli). And as with the kids meal, the sandwiches come with the option of a side salad; mine included a welcome rainbow of shredded carrots. My husband and father-in-law tried the one-meat barbecue plates, which are perfect for heartier appetites (\$14). Each barbecue plate includes included two cornbread muffins with cinnamon butter and coleslaw, or toast and pickled veggies, plus an additional side. My husband's came with a big pile of pulled pork and my father-in-law's included two links of smoked sausage. The plates were so generous that both kids managed to beg a cornbread muffin for themselves.

4439 SW Beaverton Hillsdale Hwy. Monday to Friday: 4 pm-10 pm; Saturday: 11:30 am-10 pm; Sunday 10 am-10 pm. Happy hour 4 pm-6 pm daily. Ibupdx.com. 🍷

Cooking and baking since she was a kid, managing editor Denise Castañon loves all things food related. She lives in Southeast Portland with her husband and their 6-year-old daughter and 3-year-old son, who are budding food critics and eager kitchen helpers/mess makers.

Easy as (Zucchini) Pie

A quick veggie pie
your kids will love.

STORY AND PHOTO BY JUDITH RICH

Nostalgia plays a big role in my cooking and this delicious zucchini pie is an example of that. A cross between a quiche and a biscuit, zucchini pie was a staple in my home growing up. My mom used to whip this savory pie up for us on special occasions such as family parties and when we came home from college.

Made with a few simple ingredients such as eggs, zucchini, onion, garlic and Bisquick, it's easy and fast to make. (Yes — this throwback ingredient is essential. In fact, my recipe is adapted from a classic Betty Crocker recipe on the back of the Bisquick box). The preparation is forgiving, as you don't need to follow any meticulous steps.

You can make this pie thicker by placing the batter in a deep baking dish and cooking it for longer — or you can place it in a bigger rectangular dish and make it thinner. I like the former because it feels more like a main dish, which is how I prefer to eat it. Both my 3-year-old and my 10-month-old can't get enough, making zucchini pie a weekly staple in our household.

Savory Zucchini Pie

Serves 4

Ingredients

- 3 large eggs
- 1 garlic clove, minced
- 1 cup grated Parmesan cheese
- ½ cup canola oil
- ¼ teaspoon salt
- ⅛ teaspoon black pepper
- 1 small red onion, chopped
- 5 small zucchini, thinly sliced
(I use the slicing side of a box grater)
- 1 cup of Bisquick (no substitutes)

Directions

1. Preheat oven to 350° F.
2. In a large bowl, combine the first six ingredients, eggs through pepper.
3. In another large bowl, combine the onion, zucchini and Bisquick.
4. Add zucchini mixture to the egg mixture and combine well.
5. Place into a rectangular baking dish (roughly 11 inches by 7 inches).
6. Bake for 1 hour, or until the top gets golden brown. 🍴

Judith Rich creates kid-inspired recipes and writes about her family's dining out adventures in and around Portland at her blog, Eaty Pie, eatypie.com.



Time Out



the bounty of oregon

Road trip time! Pack up the kids and head to Salem on **Saturday, October 6** for a **harvest celebration on the grounds of the state Capitol building**. You'll find music, free face painting, a petting zoo, pumpkins to decorate and take home (just one per person), working farm tractors to clamber on and even a "dirt baby" crafting station. And not to rush the season, but there will also be an ornament-making station for the official Christmas tree, which this year comes from the Willamette Valley National Forest and is bound for Washington, D.C. It's also your last chance in 2018 to take a tour to the tippy-top of the Oregon Capitol building's observation platform — tours will be offered at 11 am, noon and 1 pm, weather permitting. 10 am-2 pm. Free admission.

October 2018

go. play. explore.



walk like an egyptian

Immerse yourself and your littles in the story of one of the 20th century's blockbuster archeological discoveries.

Almost a century ago, a British archaeologist uncovered the tomb of Pharaoh Tutankhamun, who died more than 3,000 years ago. The tomb was essentially intact, and contained a lavish display of treasures, as befits a king. The original tomb went on a worldwide tour, but is now carefully preserved in Cairo; the **OMSI** exhibit includes detailed reproductions, plus a chance to experience what it would have been like to be on the team that first uncovered these long-buried treasures, via contemporary photos and an audio guide. The exhibit opens **October 6, and continues through January 27, 2019**. Tickets are \$22 for adults and \$15 for ages 3-13; reduced pricing is available for **OMSI** members. More info at omsi.edu.



apples of our eye

Nothing says fall like a sweet, crisp apple from a Northwest orchard. There are plenty of ways to celebrate the return of apple season this month, starting with a perennial favorite: **the 23rd annual apple tasting event at Portland Nursery**, which stretches over two weekends, from **Friday, October 12-Sunday, October 14**, and again on **Friday, October 19-Sunday, October 21**, from 10 am-5 pm all days. There are tons of apples to taste (and a personal scorecard so you can remember which ones you love), plus crafts for the kids and more. 5050 SE Stark St. Free admission. Across the Columbia River, Vancouverites flock to the **Old Apple Tree Festival**, this year set for **Saturday, October 6** from 11 am-3 pm. Early arrivals will get cuttings from the namesake old apple tree; there are also kid activities, fruit tree pruning tutorials, food, music and walking tours of Fort Vancouver. **Pro tip:** Bring your own bushel of apples, and take advantage of their free cider press. You'll need about 12 pounds of apples to make a quart of cider. 11 SE Columbia Way, Vancouver. Free.



circus, circus

For 10 years now, the performers and social justice advocates at the Northwest Portland-based **Circus Project** have been quietly changing lives via circus arts, teaching at-risk kids the secrets of aerial acrobatics. Their graduates are off the streets and onto the stage, with companies like Cirque du Soleil and Teatro Zinzanni. Now they are celebrating their double-digit birthday with a **lavish, daring, multi-media show**. **Friday, October 12 and Saturday, October 13**, 7:30 pm. Peter Corvallis Warehouse, 2204 N. Randolph. Tickets are \$25 for adults and \$10 for ages 17 and under. For more info, head to thecircusproject.org.

Get social with us! [f](#) /pdxparentonline | [t](#)

dance like no one is watching

Grab your girlfriends and get ready to get down for a good cause. The Mother PAC's 5th annual **Dance Like a Mother party** takes over the dance floor at Holocene PDX. It's a benefit for the political action committee, which supports family-friendly political candidates who are on board with initiatives like paid family leave, or incentives for employer-sponsored day care. Keep an eye out for an elected official or two in the DJ booth.

Saturday, October 13, 6:30 pm-10 pm. Tickets and more info available at motherpac.org.



tell me a story

We often think of fairy tales as old and static and nothing new. But **Deep End Theater** reminds us that those well-worn and beloved stories once sprung right out of someone's imagination. At the **Magic & Wonder** show, your kids can be the authors of fresh, improvised fairy tales that will take shape before their very eyes. **Sunday, September 30 and Sunday, October 7** at 2 pm, doors at 1:45 pm. 211 SE 11th Ave. \$5 per child, free for parents. Find tickets at deependtheater.com.

books, glorious books

Because you can never have too many books, right? (And OK, if you're drowning in them, there is always a Little Free Library donation.) So go hit up the **Multnomah County Library's fall used book sale**. There will be thousands of gently used books up for sale, plus sheet music, comics, pamphlets, maps – you name it! **Pro tip:** Teachers can get 50 percent off everything on Sunday, October 28 from 11 am-5 pm, so long as they show a school-issued ID. And it's 50 percent off for everyone on October 29. **Saturday, October 27 to Monday, October 29.** Lloyd Center DoubleTree, 1000 NE Multnomah. Free admission. For hours, check out friends-library.org.



learning music

Head down to Conjunction Junction as the **Beaverton Civic Theatre** presents *Schoolhouse Rocks Live!*, a rousing musical based on the '70s Saturday morning educational cartoon series. Starting **September 28 and running through October 13.** Friday and Saturday shows at 7:30 pm, Sunday shows at 2 pm. Beaverton City Library Auditorium. Tickets for ages 10 and under are just \$5. Visit beavertoncivictheatre.org for more info.





back to the gorge

If you haven't been able to bear venturing back to the Columbia River Gorge after summer 2017's scarring Eagle Creek Fire, now could be the time. Join the Friends of the Columbia Gorge for **a family-friendly 1.2-mile, minimal elevation-gain hike at beautiful Bridal Veil Falls**, which cascade over 120 feet. The hike is led by an Oregon State Parks ranger, who can tell your family more about the post-fire recovery throughout the Gorge, as well as the trail's abundant native plants. **Saturday, October 13**, 10 am-12:30 pm. Register via gorgefriends.org; your \$20 fee buys an interactive trail packet for kids, including a trail map, scavenger sticks, a field guide and more; a portion of the proceeds go to habitat protection in the Gorge.



salmon party

Who needs the multiplex?

Take your kids to see one of nature's biggest blockbusters, right in Portland's backyard. Every fall, **salmon return to their hatching grounds in the Sandy River** from the Pacific Ocean to lay their eggs before expiring. (Believe it or not, some female salmon return to the exact rock beds where their mothers built their own nests.) And the males? They fight for the right to mate with the females. It all happens right before our eyes at Oxbow Park. Naturalists are on hand for help with salmon viewing, plus free guided walks, kid activities, hot drinks around the campfire and more. Free admission, but parking is \$5 per car, or \$7 per bus. **Saturday, October 20 to Sunday, October 21**, 11 am-4 pm.

did someone say pac-man?

Indulge your inner '80s arcade nerd at the **Portland Retro Gaming Expo**, coming to the Oregon Convention Center. Once you're in, you're golden – all coin-operated machines are set to free play for the whole weekend. They've got machines covering nearly every inch of the 30,000 square feet in the convention hall. That is a lot of hours of space invading, power pellet munching, silver ball flipping and more. **Friday, October 19 to Sunday, October 21**. A three-day pass for kids between the ages of 3-12 is just \$10. For adult ticket prices and hours visit retrogamingexpo.com.



princess power

Moana and Maui join the fun in **Disney on Ice's** latest show Dare to Dream. The production is all about finding the courage to chase your dreams, so spunky Disney princesses Rapunzel, Belle, Cinderella and Anna from *Frozen* round out the cast. Our kids love the sheer spectacle and over-the-top entertainment Disney on Ice always brings. Fun fact: Grant High School alum Annee Magee is skating with the ensemble! And FYI, if you do buy the pricey merch rest assured that they do honor the 2-year warranty. We received a brand-new replacement Anna doll after my daughter popped the head off her old one right in the middle of show-and-tell. **Thursday, October 25 to Sunday, October 28**. Moda Center. Visit disneyonice.com to purchase tickets. 🍷



THE INTERNATIONAL SCHOOL

the education guide.

2018-2019

The Essay Question

Applying to a private school for your kiddo? Get tips on crafting that essay straight from school admissions officers.

BY JULIA SILVERMAN

What do you think your child might be when he or she grows up?

Pick three words that best describe your child, and tell us why.

What does a typical weekend day look like for your child?

Private school admissions season is well underway in the Portland area, with most applications due no later than January. If you're thinking about it for your child for the 2019-2020 school year, chances are you've already encountered questions like these, as part of the parent questionnaire that's filled out during the application process.

Many people haven't written an essay like this since their own collegiate applications, and while middle and high school students are generally responsible for their own essays, pre-kindergarten and elementary school student essays normally fall to parents.

Here's a look at what you need to know about writing the essay for your private school applications.

Be Yourself

The first rule of essay-writing, local admissions officers say, is to be yourself, and write in your own voice. "There's no formula to a good essay," said Zoe Edelen-Hare, who is the Assistant Director of Admissions at Catlin Gabel, one of the area's most selective private schools, which admits only about one in three of its applicants. "Any time a student is honest and writes about something that is truly important to them, we are moved. When they have stretched themselves and perhaps even been a little vulnerable, we are moved. The element of surprise can be fun, as long as it is authentic. And a good chuckle is always appreciated."

Edelen-Hare advises parents to resist the tendency to embellish or embroider; admissions officers want to know more about you

and your family and your real life, not the air-brushed, Instagram-ready version of such. Warts and all can be good!

"Don't stand in your own way. Run spell check, sure, but otherwise let yourself tune into the question, and feel who your child is, because that is what I really want to know," says Sarah Ross-Bailly Bailly, an Admissions Associate for the lower school at Oregon Episcopal School, a selective Independent school in the Portland metro area. "What we are asking for is an authentic, open and honest reflection of your experience, connection and understanding of your child in this moment. The best parent information that I get is when they allow themselves to take a moment that they haven't taken in the four -to -12 years that this child has been alive, and reflect on them."

Don't Overthink

Your essay is only one portion of the admissions portfolio. Many schools also ask for in-person visits by you and your children, and recommendation letters from teachers. It's all targeted at creating a well-rounded portrait of your child, so try to keep in mind that your essay is just one part of an important whole. And stick within the assigned page limit, for real! We could all wax about our children for 15 single-spaced pages, but admissions offers have a lot to process, and they'll appreciate you sticking to the specified length.

No Magic Formula

That question on page 38, about three words you'd pick to describe your child? That was a real one from the Oregon Episcopal School, and it was on the application for several years, until admissions officers realized that the same words were popping up over and over, often in accordance with the prevailing trends of the day. (For example, a surprisingly high number of kids were described as having "grit" and "persistence" — great qualities, of course, but not the only ones.) The moral of the story? There's no surefire, cookie-cutter answer to an essay question. Instead, there are as many answers as there are families.

Hands Off, For Older Kids

Ross-Bailly says she used to have a student questionnaire for kids going into grades 3 to 5. But she stopped, she says, because it was clear that some parents were "helping" their kids, to a fault — a natural impulse, perhaps, but not helpful when trying to take the true measure of a potential student. Instead, she now has kids do a work sample on their own during a visit to the school. The lesson of the story? If you have kids who are applying to middle and high school, it's fine to talk through the essay with them, but otherwise, it should be their work, not yours.

And if you do "help out" a little too much? Most likely it will backfire:

"The purpose of student essays is to help the readers learn more about the student and to provide evidence of the student's ability to convey ideas in writing," says Edlen-Hare. "The admission committees are made up of teachers who have a keen sense of a typical student's writing ability in each grade, so in many cases it is clear when an adult has helped. Catlin Gabel also requires applicants to middle and upper school to complete a standardized admission test such as the SSAT, which includes an essay portion, so it can become quite apparent if the two levels of writing are substantially different."

If English Isn't Your First Language

Don't worry! Admissions officers will work with you. Don't forget, they are looking to build the kind of diverse communities that translate to a deeper, richer learning experience. You can write your essay in your native language, and admissions offices will try to find a translator or use Google Translate. Know too that at most schools, your essay will get read by two to three people, so that there might well be someone fluent in your native language.

Remember, It's a Two-way Street

Even if you've poured yourself into the essay, remember that it's not only about whether your family and your kid is right for the school in question, it's about whether the school is the right fit for you, too. That's why admissions officers from private schools around Portland advise visiting campuses, taking tours and connecting with current parents and, as possible, teachers, in order to figure out if it is the right fit on your end. "The power of exploration is so important," Ross-Bailly says. "Yes, this is an admissions process, but you are also finding your community." 🌈

NO ESSAY REQUIRED

Not every private school requires an admissions essay from family members. At The International School, a Pre-K to grade 5 language immersion school in downtown Portland that focuses on Spanish, Chinese or Japanese, officials say they have deliberately chosen to keep their admissions process simple. "We require no essays or long personal statements," says Katharine Simons, the school's marketing and communications director. "We accept students on a first-come, first-serve basis." (That applies to children entering the pre-K or kindergarten program; those who start at grade 1 or later undergo a language assessment and must submit transcripts.) The school also does not require interviews with kids prior to admission, Simons said, believing that children's moods are changeable, particularly in unfamiliar environments, though they do suggest that families tour the school before applying. Other schools, especially religious ones, tend to reserve the essays solely for middle and high school grade applicants.

Julia Silverman is *PDX Parent's* editor. If she had to pick three words to describe her son, they would be strong-willed, lovable and quirky; for her daughter, it would be dreamy, creative and curious. (That's on a good day. She's not sharing her three words on a bad day!)

the educationguide.

2018-2019

ART INSTRUCTION/CRAFTS (AFTER-SCHOOL & WEEKEND)

One River School of Art and Design

Experience how we are transforming art and design education for all ages! We offer Studio Art classes in painting and drawing, and Digital Design classes in photography, Manga, and Anime. This is a great way to have fun while cultivating new friendships and art-making skills.

15010 SW Bangy Road
Lake Oswego, OR 97035
503-606-8861
lakeoswego@oneriverschool.com
lakeoswego.oneriverschool.com

See ad on page 41

Portland Child Art Studio

Magical child art studio offering pre-school, homeschool, and after school art education classes as well as girls art clubs, open studio times and birthdays parties. Children develop enriched and explorative art practices while learning about many kinds of art mediums and techniques.

1819 NW Everett St Ste 204
Portland, OR 97209
971-200-7554
portlandchildart@gmail.com
portlandchildart.org

See ad on page 51

Vibe of Portland

Vibe of Portland's Fine Art Studio offers weekly art classes throughout the year, workshops and summer camps for artists ages 3-14. Classes include painting, mixed media, and sculpture as mediums. All classes include some art history and basic art techniques for a quality arts education.

5633 SE Division St
Portland, OR 97206
503-560-3592
info@vibepdx.org
vibestudio.org

See ad on page 43



Trackers Forest School

After over a decade of providing experiential outdoor education through mentoring programs, homeschool enrichment, and camp, Trackers continues their mission to cultivate the next generation of naturalists and leaders through the Trackers Forest School.

Any lesson that can happen in a classroom is enhanced out of doors. Trackers Forest School takes academic experiences to the next level by immersing students in nature every day. Their interdisciplinary curriculum meets common core standards by blending outdoor skills with lessons in math, reading, writing, history, science, and art.

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Grades Served: K, 1, 2 & 6, 7, 8, 9, 10
Student Teacher Ratio: 7:1
Before/After care: After
Application Deadline: Rolling

4617 SE Milwaukie Ave
Portland, OR 97202
503-345-3312

8111 SW West Slope Dr
Portland, OR 97225

info@trackerssearch.com
trackerspdx.com

See ad on page 47

CHILDCARE/ DAYCARE SERVICES

LIL giant

Our system specializes in the teaching and exploration of Korean culture and language. Montessori inspired, students are encouraged to lead in a variety of role playing activities and situations, as well as taking responsibility for their environment and those around them. We provide guidance and support their growth and journey.

7093 SE Langwood St
Hillsboro, OR 97123
415-238-5136
hj@lilgiant.co
lilgiant.co

See ad on page 47

YMCA of Columbia-Willamette

The YMCA of Columbia-Willamette provides quality, affordable and accessible early childhood development, school enrichment and day camp programs. We offer a caring, supportive and rich learning environment for children ages six weeks to twelve years. Our YMCA is the largest nonprofit provider of childcare in the Portland and Vancouver regional area.

More than 45 early childhood development and school enrichment locations
503-327-0007
ychildcare@ymcacw.org
ymcacw.org

See ad on page 47

DRAMA & THEATER



Northwest Children's Theater and School

Northwest Children's Theater offers exciting theater classes for young actors at 3 1/2 - 16! Featuring explore, skills, first stage and playlab classes, there's something for everyone at NWCT!

Explore: discover theater through creative drama - themed play, character creation, world building, games, and more! Skills: from intro level to advanced, these classes are designed to help students hone specific theater skills. First Stage: exciting theater classes for our youngest performers, exploring the stage for the first time. Playlabs: students will audition, rehearse, and perform. Everyone gets a part!

Check out our full list of classes and register at www.nwcts.org!

Grades Served: K-12
Student Teacher Ratio: 10:1
Before/After care: Both for Camps
Application Deadline: 9/15/18; 1/12/19; 4/6/19

1819 NW Everett St
Portland, OR 97209
503-222-2190
info@nwcts.org
nwcts.org

See ad on page 47

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International Baccalaureate
Preschool – 5th grade



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msb.org

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Montessori education.



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www.childswork.org

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FOREIGN LANGUAGE (SCHOOL)

Chinese American International School

CAIS students learn and thrive in our multicultural classrooms with a developmentally appropriate preschool and kindergarten immersion education and culture program, and an after-school program for 1st grade and above. CAIS teachers appreciate each student's unique approach to learning and provide a well-rounded curriculum in a fun, nurturing environment.

1855 South Shore Bl
Lake Oswego, OR 97034
503-348-3028
spons@caisoregon.org
caisoregon.org

See ad on page 44

German International School of Portland

At the German International School we're passionate about cultivating bilingual global citizens. Preschool students learn about themselves through play and exploration while their teachers guide them with inquiry and understanding. Kindergarteners build individual and group skills while developing their curiosity about the world. Come visit our school to learn more!

3900 SW Murray Bl
Beaverton, OR 97005
503-626-9089
admissions@gspdx.org
gspdx.org

See ad on page 43

Portland Early Learning Project

Portland Early Learning Project teaches private, parent-child, preschool, and after school Spanish classes throughout Portland (maximum 12 children!). Interested? Check out our free Spanish Story & Play Times at libraries and family friendly cafes and bookstores. Songs, games, and lots of movement make their enriching programs fun & engaging for everyone!

503-284-0610
nina@portlandearlylearning.com
portlandearlylearning.com

See ad on page 50



The International School

For our children, a world of possibilities awaits. For almost three decades, The International School has been helping to guide and prepare today's generation of explorers for the challenges of tomorrow. We're the only school in the U.S. to provide full immersion in Chinese, Japanese, or Spanish under one roof.

We were Portland's first International Baccalaureate Primary Years Programme school, which promotes strategic thinking skills and hands-on engagement in academics and the arts, rather than memorization and passive learning. This instills a true love of learning within children, and equips them to pursue knowledge throughout life.

Grades Served: PreK - 5th
Number of Students: 400
Student Teacher Ratio: 14:1
Before/After care: Both
Application Deadline: Rolling

025 SW Sherman St
Portland, OR 97201
503-226-2496
admissions@intlschool.org
intlschool.org

See ad on page 41

FOREIGN LANGUAGE INSTRUCTION



Northwest Chinese Academy

Northwest Chinese Academy fosters multilingual global citizens that are confident, creative, critical thinkers prepared to embrace tomorrow's opportunities.

We offer an intensive full-day Mandarin Chinese immersion program through a 90/10 model for Preschool through 5th grade. Our high teacher-to-student ratio enables students to excel academically in both Mandarin and English.

Ready to explore your potential? Spaces now available for Preschool, Pre-kindergarten and Kindergarten! We have relocated to a 3-acre campus in Aloha, OR as of July 2018. Please visit our website or call us to learn more and schedule a visit!

Grades Served: Pre-K - 5th
Number of Students: 57
Student Teacher Ratio: 6:1
Before/After care: Both
Application Deadline: Rolling

16860 SW Blanton St
Aloha, OR 97078
503-546-3455
info@nwchineseacademy.org
nwchineseacademy.org

See ad on page 52

GYMNASTICS & DANCE

Circus Project

Circus classes—acrobatics, aerial, juggling, performance—for ages 2 through adults. Get upside down and in the air! Private classes for up to 4 students can be arranged to fit your schedule. Located next to Playdate PDX. All are welcome.

1420 NW 17th Ave Ste 388
Portland, OR 97209
503-764-9174
info@thecircusproject.org
thecircusproject.org

See ad on page 51

Dance With Miss Charlotte

Dance With Miss Charlotte is a place for anyone and everyone. If you've danced before - or if you've never danced at all, there's a class for you. Dancing is a great way to stay fit and active, have fun and meet new friends. Come and join us Oct-Dec!

1017 SW Morrison St
Portland, OR 97205
860-581-0387
charlottemwilson1@gmail.com
dwmcharlottepdx.com

See ad on page 44

OMEGA Gymnastics

OMEGA offers monthly recreational classes for students from toddler through school aged children, along with Adult Class, Open Gyms, Great Escapes, Class and Play, Camps, and Birthday Parties. OMEGA's award winning staff boasts over 100 years of combined coaching experience, with staff members background checked, first aid and CPR certified, as well as USA Gymnastics Safety and Safe Sport Certified.

9700 SW Harvest Ct Ste 180
Beaverton, OR 97005
503-466-4872
info@omega-gymnastics.com
omega-gymnastics.com

See ad on page 55

Fall Open House
 October 25, 2018
 9:00 a.m. to 11:00 a.m.
 3900 SW Murray Blvd.
 Beaverton, OR 97005



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- Safe, engaging learning environments with thoughtfully designed areas for collaborative learning and play.



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 Portland, Oregon 97209
 (971) 803-6700

Downtown
 1405 SW Morrison Street
 Portland, Oregon 97205
 (503) 374-9700

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HOME SCHOOLING RESOURCES



HELP Eliminate Learning Problems, Inc. (HELP)

HELP is a not for profit that tests, evaluates and treats children and adults with learning and information processing difficulties.

Our 24-session cognitive therapy program is designed to retrain the brain to better understand, store and retrieve information. Typical results include improvements in reading, writing and math with an increase in focus, follow through, organizational abilities, time management, cause and effect discrimination and self-esteem.

We are a drug free program and many of our students no longer require their medications upon completion. We change the way you learn!

17600 HWY 43 Davignon Hall
Marylhurst, OR 97036
503-635-3389
info@helpadd.org
helpadd.org
See ad on page 51

Portland Child Art Studio

Magical child art studio offering preschool, homeschool, and after school art education classes as well as girls art clubs, open studio times and birthdays parties. Children develop enriched and explorative art practices while learning about many kinds of art mediums and techniques.

1819 NW Everett St Ste 204
Portland, OR 97209
971-200-7554
portlandchildart@gmail.com
portlandchildart.org
See ad on page 51



Trackers Forest School

After over a decade of providing experiential outdoor education through mentoring programs, homeschool enrichment, and camp, Trackers continues their mission to cultivate the next generation of naturalists and leaders through the Trackers Forest School.

Any lesson that can happen in a classroom is enhanced out of doors. Trackers Forest School takes academic experiences to the next level by immersing students in nature every day. Their interdisciplinary curriculum meets common core standards by blending outdoor skills with lessons in math, reading, writing, history, science, and art.

After Care, Summer Camps, Winter Break, Spring Break, and No School Day camps are also available.

Grades Served: K, 1, 2 & 6, 7, 8, 9, 10
Student Teacher Ratio: 7:1
Before/After care: After
Application Deadline: Rolling

4617 SE Milwaukie Ave
Portland, OR 97202
503-345-3312

8111 SW West Slope Dr
Portland, OR 97225

info@trackersearth.com
trackerspdx.com

See ad on page 47



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Holy Cross Catholic School • Grades PreK-8
 5202 N Bowdoin St.
 Portland, OR 97203
 503-289-3010 • Fax: 503-286-5006
www.holycrosspdx.org



St. John Fisher School • Grades K-8
 4581 SW Nevada St.
 Portland, OR 97219
 503-246-3234
mhclub@sjfschool.org
www.sjfschool.org



Holy Redeemer Catholic School • Grades Preschool-8
 127 N Rosa Parks Way
 Portland, OR 97217
 503-283-5197
development@holyredeemerpdx.org
www.holyredeemerpdx.org



St. John the Apostle Catholic School

St. John the Apostle Catholic School • Grades PreK-8
 516 Fifth St.
 Oregon City, OR 97045
 503-742-8230 • Fax: 503-742-8239
www.sja-eagles.com



St. Agatha Catholic School • Grades PreK-8
 7960 SE 15th Ave.
 Portland, OR 97202
 503-234-5500 Fax: 503-232-7240
christine.pashley@stagatha.us
www.stagathaschoolpdx.us



St. Matthew Catholic School • Grades PreK-8
 221 SE Walnut St.
 Hillsboro, OR 97123
 503-648-2512
info@stmatthewschoolhillsboro.org
www.stmatthewschoolhillsboro.org



St. Cecilia School • Grades PreK-8
 12250 SW 5th St.
 Beaverton, OR 97005
 503-644-2619
www.stceciliashool.us



St. Rose School • Grades PreK-8
 5309 NE Alameda St.
 Portland, OR 97213
 503-281-1912
www.strosepdx.org



St. Francis School • Grades K-8
 15643 SW Oregon St.
 Sherwood, OR 97140
 503-625-0497
wsummer@stfrancissherwoodschool.org
www.stfrancissherwoodschool.org



St. Thomas More Catholic School • Grades K-8
 3521 SW Patton Rd.
 Portland, OR 97221
 503-222-6105
stmschool@stmpdx.org
www.stmpdxschool.org



St. Ignatius School • Grades PreK-8
 3330 SE 43rd Ave.
 Portland, OR 97206
 503-774-5533
office@sipdx.org
www.sipdx.org



The Madeleine School • Grades K-8
 3240 NE 23rd Ave.
 Portland, OR 97212
 503-288-9197
ssteele@themadeleine.edu
www.themadeleine.edu

HOME SCHOOLING RESOURCES



Village Home Education Resource Center

At Village Home, kids are free to be themselves, free to spend time with their families, and free to learn what interests them. Our professional instructors host fun-filled classes where the focus is on learning together. Classes are test-free and non-credit, with an average class size of 10.

Village Home serves families who enjoy learning with their kids and in most cases, are homeschoolers. Village Home learners have been accepted to top tier universities around the world, and have won numerous regional, state, and national competitions. Village Home serves approximately 500 learners and operates three campuses in Oregon.

Grades Served: Pre-K - 12
Number of Students: 500
Class Size: 10
Before/After care: No
Inclusive/Accessible: Yes
Application Deadline: Rolling

5150 SW Watson Ave
Beaverton, OR 97005
503-597-9100
1800 SE Water Ave
Portland, OR 97214

215 Hrbetz Rd SE
Salem, OR 97302

info@villagehome.org
villagehome.org
See ad on page 47

PRESCHOOLS

AHSC Yu Miao Chinese Immersion Preschool

Students at Asian Health and Service Center (AHSC)'s Yu Miao Chinese Immersion Preschool embrace multiculturalism by learning the Mandarin language and Chinese cultures and customs at an early age. We foster and encourage personal growth, social development, and academic exploration through an integrated program. Our program makes language learning fun!

5239 SE Woodstock Blvd
Portland, OR 97206
503-775-3767
tyang@ahscpdx.org
ahscpdx.org/yumiao.html

See ad on page 58

The Children's Garden

The Children's Garden serves children ages 6 weeks to 6 years with full-time, part-time and after school programs. Our holistic and individualized approach integrates a proprietary Mindfulness curriculum and ensures that each child's unique needs are met. Our goal is to foster your child's emotional intelligence, personal growth, and self-esteem.

1405 SW Morrison St
Portland, OR 97205
2070 NW Front Ave
Portland, OR 97209
971-803-6700

503-374-9700
info@thechildrensgarden.com
thechildrensgarden.com

See ad on page 43

Childsworld Learning Center

A nonprofit preschool, Kindergarten and childcare center located in Southeast Portland. Our early childhood education center serves a diverse population of children and families, focusing on the development of the whole child with respect and compassion. Childsworld is a safe place for children to explore, take chances, make messes and learn through play.

4235 SE Salmon St
Portland, OR 97215
503-234-3611
info@childsworld.org
childsworld.org

See ad on page 41

Chinese American International School

CAIS students learn and thrive in our multicultural classrooms with a developmentally appropriate preschool and kindergarten immersion education and culture program, and an after-school program for 1st grade and above. CAIS teachers appreciate each student's unique approach to learning and provide a well-rounded curriculum in a fun, nurturing environment.

1855 South Shore Bl
Lake Oswego, OR 97034
503-348-3028
spons@caisoregon.org
caisoregon.org

See ad on page 44



Franciscan Montessori Earth School

Every child is a unique story. Discover it here. The Franciscan Montessori Earth School, Remarkably Different.

FMES, serving children from preschool through 8th grade, offers a Montessori curriculum characterized by small class size, individual attention and hands-on experiential learning. Located on 10 beautiful acres, our program is infused with an environmental focus and distinguished by amenities such as foreign language classes, on-campus extracurricular activities, elective religious education and before/after school care.

Attend an open house or schedule a campus tour and explore what makes the Franciscan Montessori Earth School remarkably different. We look forward to welcoming you!

Grades Served: Pre-K-8th
Number of Students: 300
Class Size: 25
Before/After care: Both
Application Deadline: Rolling

14750 SE Clinton
Portland, OR 97236
503-760-8220
info@fmes.org
fmes.org

See ad on page 49

Gabriel Park Preschool

Gabriel Park Preschool is a nonprofit cooperative preschool for children ages 2-5. Parent involvement creates a rich, nurturing environment while also keeping tuition low. The curriculum is based on a "learn through play" philosophy which allows children to explore and manipulate their environment to discover and learn new things.

5815 SW Gillcrest Ct
Portland, OR 97221
gpps@gabrielparkpreschool.com
gabrielparkpreschool.com

German International School of Portland

At the German International School we're passionate about cultivating bilingual global citizens. Preschool students learn about themselves through play and exploration while their teachers guide them with inquiry and understanding. Kindergarteners build individual and group skills while developing their curiosity about the world. Come visit our school to learn more!

3900 SW Murray Bl
Beaverton, OR 97005
503-626-9089
admissions@gspdx.org
gspdx.org

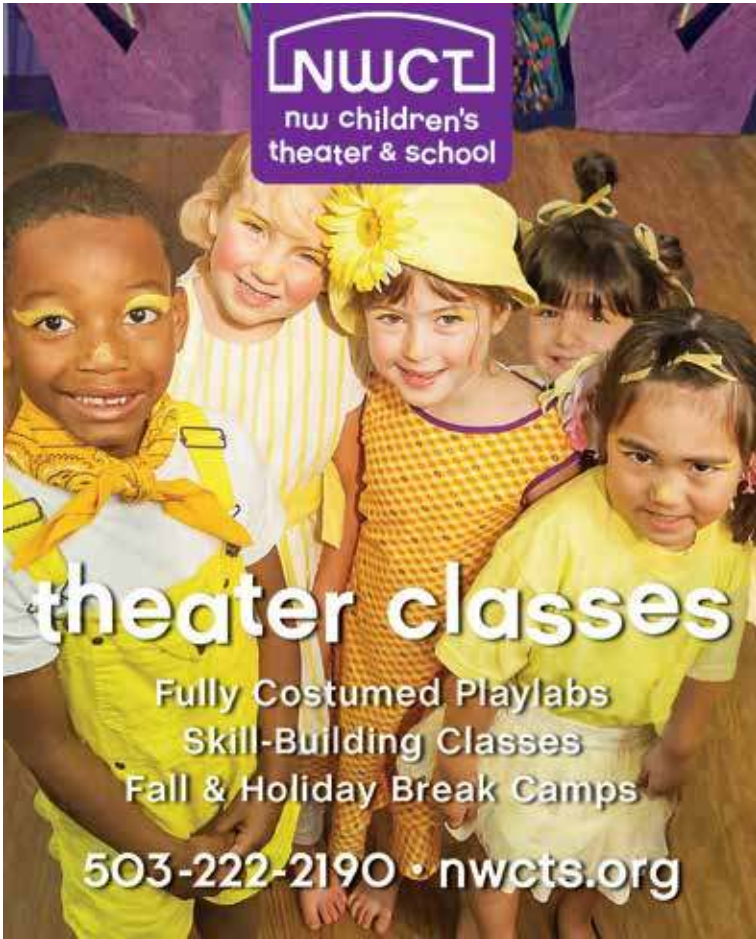
See ad on page 43

Hands On Art and Play

Hands On Art & Play offers young children a place to explore arts, crafts and music in an environment that is exciting, safe and fun. Our preschool program is designed so children can experience preschool without having to attend every day or a minimum number of days each week.

2800 SE Harrison St
Portland, OR 97214
503-239-8521
contact@handsonartandplay.com
handsonartandplay.com

See ad on page 54




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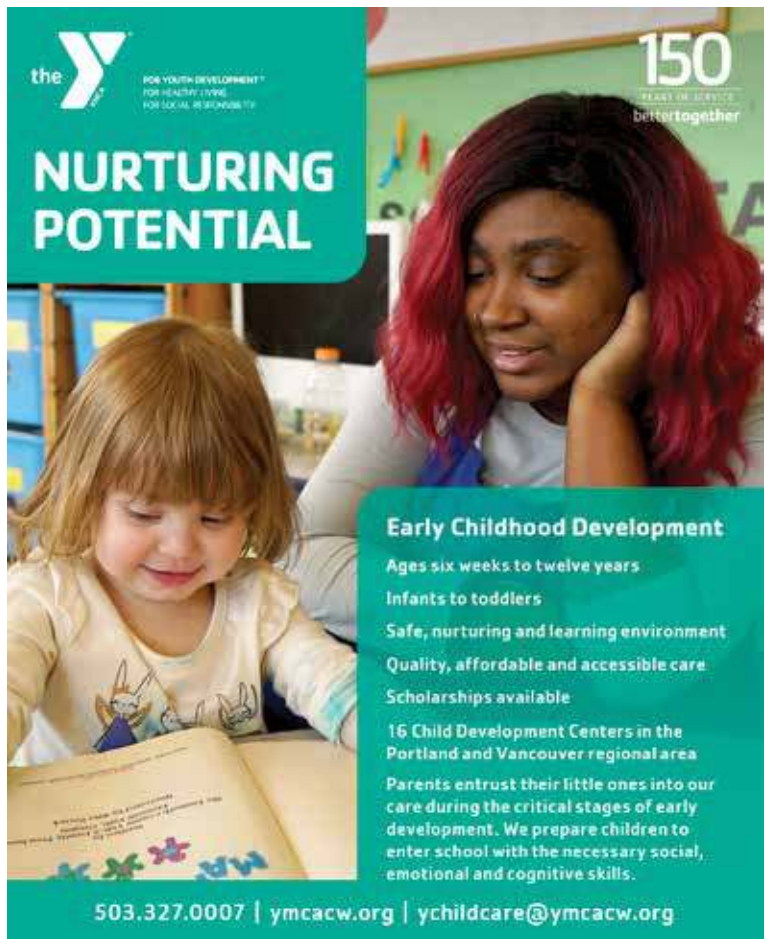
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503.327.0007 | ymcacw.org | ychildcare@ymcacw.org



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- High School Info Night – Nov. 1
- K-3rd Grade Q&A – Jan. 25
- Tours & Shadow Days through February

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503-262-4847 • www.riverdaleschool.com
Grade School • 11733 SW Breyman Ave., Portland
High School • 9727 SW Terwilliger Blvd., Portland

PRESCHOOLS



Holy Cross Catholic School

Holy Cross Catholic School is a private faith-based learning community. From Pre-K to grade twelve, we are committed to engaging the mind, nurturing the spirit, and creating confident learners. Students are challenged to think critically, exhibit curiosity and strive for excellence. Holy Cross encourages a community of involved parents.

Grades Served: Pre-K-8th
Number of Students: 244
Class Size: 24
Before/After care: Both
Application Deadline: Rolling

5202 N Bowdoin St
Portland, OR 97203
503-289-3010
jjohnson@archdpdx.org
holycrosspdx.org



The International School

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The International School

For our children, a world of possibilities awaits. For almost three decades, The International School has been helping to guide and prepare today's generation of explorers for the challenges of tomorrow. We're the only school in the U.S. to provide full immersion in Chinese, Japanese, or Spanish under one roof.

We were Portland's first International Baccalaureate Primary Years Programme school, which promotes strategic thinking skills and hands-on engagement in academics and the arts, rather than memorization and passive learning. This instills a true love of learning within children, and equips them to pursue knowledge throughout life.

Grades Served: PreK - 5th
Number of Students: 400
Student Teacher Ratio: 14:1
Before/After care: Both
Application Deadline: Rolling

025 SW Sherman St
Portland, OR 97201
503-226-2496
admissions@intschool.org
intschool.org
See ad on page 41

MSB

MSB is where academics come alive, boundaries to success and progress are lifted and children love to learn! In our 4th decade, MSB continues to provide Montessori education for children 3 through 12 years of age. Our students integrate academics with explorations in nature throughout their school day.

11065 NW Crystal Creek Lane
Portland, OR 97229
503-439-1597
info@msb.org
msb.org
See ad on page 41

Oregon Episcopal School


Since 1869, OES has been supporting children to develop solid academic skills, great character, strong leadership, and an appreciation for giving back to the community. Our Pre-K to grade 12 school is nestled on a 59-acre campus, providing the perfect setting for open minds to inquire, explore, and grow.

6300 SW Nicol Rd
Portland, OR 97223
503-768-3115
admit@oes.edu
oes.edu
See ad on page 44

Portland Montessori Collaborative

A year round school for infants through kindergarten, offering four and five day schedules for full and part day care. We boast wholesome, organic snacks and meals cooked on site, trained and experienced staff, music, art, and a thoughtful outdoor curriculum. Our school is a wonderful nurturing place to learn and grow.

4817 SW 53rd Ave
Portland, OR 97221
503-972-7100
info@pdxmc.org
pdxmc.org
See ad on page 54



Accreditation: Western Association of Schools and Colleges

TUTORING THAT REALLY WORKS

For 41 years, Huntington's certified teachers and highly-trained tutors have worked with students of all ages and abilities to improve grades, self-confidence, organizational skills, and study habits. We provide personalized programs and one-on-one instruction in academic fundamentals and advanced subjects as well as preparation for high stakes exams.

ACADEMIC SKILLS (K-12)
Phonics - Vocabulary - Reading - Writing - Math - Study Skills

Based on a comprehensive evaluation, we develop individualized tutoring plans. Our programs enable students to improve their fundamental skills quickly and build lasting confidence in their academic abilities.

SUBJECT TUTORING (6-12)
Math (through Calculus) - Sciences - Social Studies - Writing - Foreign Languages

Our tutoring programs offer students expert help on a flexible schedule. Tutors specializing in a variety of academic subjects reinforce class concepts and provide students with homework and test support to help improve their study habits and grades.

EXAM PREP
ACT - SAT - SAT Subject Tests - AP/IB Tests - SSAT - HSPT

Our exam prep programs feature one-on-one instruction on powerful test-taking strategies and key academic content. With valuable practice test opportunities throughout the program, students are confident and prepared for the exams that will shape their futures.

Visit our Two Locations

PORTLAND
Bethany Village
15220 NW Laidlaw Rd., Portland • 503-533-5700
pdxhlc@gmail.com • Portland.huntingtonhelps.com

BEAVERTON
14649 SW Teal Blvd, Beaverton • 503-524-4744
bvrhlc@gmail.com • Beaverton.huntingtonhelps.com

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 503-760-8220



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When → Mon -Thur 3:45pm - 7:15pm

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Portland, OR 97230
503-701-4408
www.K-Leans.com



PRESCHOOLS

Sunshine Montessori Preschool and Childcare Center

We have been serving the Beaverton families since 1995 and offer year around Montessori education, toddler through kindergarten, with extended care. Large playground with basketball, tennis and large play structures. Music program and hot meals provided. Our children are thriving in area private and public elementary schools.

4845 SW Murray Blvd
Beaverton, OR 97005
503-644-1466
info@sunshine-montessori.com
sunshine-montessori.com

See ad on page 55

PRIVATE SCHOOLS

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Imagine a school where questions lead learning, wondering is a habit of mind, and children engage with their studies as full participants.

0234 SW Bancroft St.
Portland, OR 97239
971-221-2311
info@renaissanceschoolportland.org
renpdx.org

See ad on page 54



Bridges Middle School

Bridges is the only middle school in Oregon specifically designed for students with learning differences to reach their maximum potential—in a loving, nurturing atmosphere centrally located in downtown Portland. Our small class settings for 5th-8th graders incorporate individualized academics with social skills, therapies, and support that set the foundation for future success.

At Bridges, students learn another way forward. Our goal is to give students with learning differences the academic foundation, social skills and confidence they need to graduate ready to succeed in high school and in the community.

Grades Served: 5-8
Number of Students: 50
Student Teacher Ratio: 12:1
Before/After care: No
Inclusive/Accessible: Yes
Application Deadline: March 1

2510 SW 1st Ave
Portland, OR 97201
503-688-2922
info@bridgesms.org
bridgesms.org

See ad on page 57

Young Wonders Preschool

We provide a positive, nurturing, space to have fun, try new things and explore. We encourage self-initiative, resourcefulness, a sense of community and respect for self and others. Our children thrive in a safe, supportive environment where they can play, discover and engage in open-ended activities and structured group explorations.

4324 NE 17th Ave
Portland, OR 97211
503-281-3819
youngwonderspreschool@gmail.com
youngwonderspreschool.com

See ad on page 57



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www.portlandchildart.org

PCAS is a 501(c)3 non-profit child art studio dedicated to supporting the perceptual development of children through artistic learning.

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503-405-7868

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3240 S. Troutdale Rd. Troutdale OR 97060
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503.546.3455

www.nwchineseacademy.org



PRIVATE SCHOOLS



Catlin Gabel School

Catlin Gabel School

Catlin Gabel is Portland's nationally recognized progressive independent day school where teachers build transforming relationships with each student, honoring each child's innate capacities, encouraging exploration, welcoming questions, and always presenting new intellectual and creative challenges to our young scientists, storytellers, artists, and athletes.

Catlin Gabel supports inspired learning leading to responsible action through dedicated teaching, caring relationships, a challenging curriculum, and community service. We value each person's effort, imagination, and positive contributions to the community. We celebrate being inclusive and the partnership between family and school.

Grades Served: Pre-12th
Number of Students: 770
Student Teacher Ratio: 7:1
Before/After care: Both
Inclusive/Accessible: Yes
Application Deadline: Rolling

8825 SW Barnes Rd
Portland, OR 97225
503-297-1894
info@catlin.edu
catlin.edu

See ad on page 60



Cedarwood Waldorf School

Cedarwood School provides a wholehearted education for children to develop into creative and critical thinkers.

Located 5 minutes from Downtown Portland, our approach to Waldorf is uniquely progressive. Through a curriculum rich with arts, movement, and experiential learning, our students are met with openness to possibility, given time to develop resiliency, and taught the skills needed to turn challenges into opportunity.

Cedarwood Waldorf School is the first and only dually accredited K-8 Waldorf school on the West Coast, as a fully accredited member of both AWSNA and NWAIS.

Grades Served: Pre-K - 8th
Number of Students: 250
Class Size: 24
Before/After care: Both
Application Deadline: Rolling

3030 SW 2nd Ave
Portland, OR 97201
503-245-1477
info@cedarwoodschool.org
cedarwoodschool.org

French American International School

Do you want your child to develop the foundation of lifelong skills to succeed in a global, interconnected world? Discover why families believe their child's future begins at FAIS: the longest-established language immersion school in Portland--and the only IB school in Portland for preschool-8th grade.

8500 NW Johnson St.
Portland, OR 97229
503-292-7776
admissions@faispdx.org
faispdx.org

See ad on page 59

Education is the kindling of a flame, not the filling of a vessel.



K-8th grade

Open Houses:

Oct. 18 4:30-7:30

Jan. 26 10-1

Apr. 18 4:30-7:30

- Small class sizes
- Individual time every day
- Blended age classrooms
- Authentic assessments
- Unit blocks



4525 SE Stark St, Portland
971-279-5255 VennAcademyPDX.org

Great minds
don't think alike.
That's why we tutor.

Offering one-to-one tutoring
and test prep for students
grades 4 and up.



EVERY WEEK IS FIRE PREVENTION WEEK

LOOK. LISTEN. LEARN.

Be aware. Fire can happen anywhere.™

► Find tools to keep your family safe from home fires at firepreventionweek.org

► Discover fun activities and free apps for kids at sparky.org



FIRE PREVENTION WEEK™



North Avenue Education

503/ 468-6905

northaveeducation.com

EAST SIDE

975 SE Sandy Blvd

(Opening Fall 2018)

WEST SIDE

1235 SW 16th Ave



**HANDS ON
ART & PLAY PRESCHOOL**

Hands On Art & Play
an inner SE Portland Preschool
since 2000

- Attend school **1-5 days a week**
- Experience a **low child/teacher ratio**
- Grow skills and confidence with a variety of visiting **arts, dance, music and language** programs

handsonartandplay.com
2800 SE Harrison St. PDX
503-239-8521

PRIVATE SCHOOLS



Catholic Schools

Catholic schools: We transform the world! Accredited through the Western Catholic Education Association (WCEA), our schools provide caring, engaging and supportive communities for your child's intellectual, spiritual and social growth. We foster faith-centered academic excellence, critical thinking & creativity, service opportunities and enriching co-curricular programs. Visit www.archdpdx.org/schools to find a Catholic school in your community.

Locations throughout the Portland metro area and SW Washington
archdpdx.org/schools
See ad on page 45



Holy Cross Catholic School

Holy Cross Catholic School is a private faith-based learning community. From Pre-K to grade twelve, we are committed to engaging the mind, nurturing the spirit, and creating confident learners. Students are challenged to think critically, exhibit curiosity and strive for excellence. Holy Cross encourages a community of involved parents.

Grades Served: Pre-K-8th
Number of Students: 244
Class Size: 24
Before/After care: Both
Application Deadline: Rolling

5202 N Bowdoin St
Portland, OR 97203
503-289-3010
jjohnson@archdpdx.org
holycrosspdx.org



Franciscan Montessori Earth School
AND SAINT JEREMY ACADEMY
REMARKABLY DIFFERENT

Franciscan Montessori Earth School

Every child is a unique story. Discover it here. The Franciscan Montessori Earth School, Remarkably Different.

FMES, serving children from pre-school through 8th grade, offers a Montessori curriculum characterized by small class size, individual attention and hands-on experiential learning. Located on 10 beautiful acres, our program is infused with an environmental focus and distinguished by amenities such as foreign language classes, on-campus extracurricular activities, elective religious education and before/after school care.

Attend an open house or schedule a campus tour and explore what makes the Franciscan Montessori Earth School remarkably different. We look forward to welcoming you!

Grades Served: Pre-K-8th
Number of Students: 300
Class Size: 25
Before/After care: Both
Application Deadline: Rolling

14750 SE Clinton
Portland, OR 97236
503-760-8220
info@fmes.org
fmes.org
See ad on page 49



A Renaissance School of Arts & Sciences

Now Enrolling K-8

0234 SW Bancroft Ave | PDX | renaissanceschoolportland.org

MSB

MSB is where academics come alive, boundaries to success and progress are lifted and children love to learn! In our 4th decade, MSB continues to provide Montessori education for children 3 through 12 years of age. Our students integrate academics with explorations in nature throughout their school day.

11065 NW Crystal Creek Lane
Portland, OR 97229
503-439-1597
info@msb.org
msb.org
See ad on page 41



Portland Montessori Collaborative

- Montessori program for children three months through Kindergarten, full and part day care options available
- Chef on site, organic snacks and meals provided
- Art and music curriculum
- Outdoor environment, curriculum and the cultivation of ecological intelligence
- Cloth diapers, potty training
- Engaged and active parent community
- Founded in the spirit of environmental sustainability

pdxMC
Portland Montessori Collaborative

503-972-7100
4817 SW 53rd Ave, Portland 97221
www.pdxMC.org

Oregon Episcopal School

Since 1869, OES has been supporting children to develop solid academic skills, great character, strong leadership, and an appreciation for giving back to the community. Our Pre-K to grade 12 school is nestled on a 59-acre campus, providing the perfect setting for open minds to inquire, explore, and grow.

6300 SW Nicol Rd
Portland, OR 97223
503-768-3115
admit@oes.edu
oes.edu
See ad on page 44

German International School of Portland

At the German International School we're passionate about cultivating bilingual global citizens. Preschool students learn about themselves through play and exploration while their teachers guide them with inquiry and understanding. Kindergarteners build individual and group skills while developing their curiosity about the world. Come visit our school to learn more!

3900 SW Murray Bl
Beaverton, OR 97005
503-626-9089
admissions@gspdx.org
gspdx.org
See ad on page 43



The International School

For our children, a world of possibilities awaits. For almost three decades, The International School has been helping to guide and prepare today's generation of explorers for the challenges of tomorrow. We're the only school in the U.S. to provide full immersion in Chinese, Japanese, or Spanish under one roof.

We were Portland's first International Baccalaureate Primary Years Programme school, which promotes strategic thinking skills and hands-on engagement in academics and the arts, rather than memorization and passive learning. This instills a true love of learning within children, and equips them to pursue knowledge throughout life.

Grades Served: PreK - 5th
Number of Students: 400
Student Teacher Ratio: 14:1
Before/After care: Both
Application Deadline: Rolling

025 SW Sherman St
Portland, OR 97201
503-226-2496
admissions@intlschool.org
intlschool.org
See ad on page 41

Portland Jewish Academy

At Portland Jewish Academy, we strive to ensure an academically rich environment which honors the whole child. PJA nurtures and inspires Jewish engagement, kavod/respect, and responsibility for the world in which we live.

6651 SW Capitol Hwy
Portland, OR 97219
503-244-0126
office@pjaproud.org
pjaproud.org
See ad on page 52



Living Wisdom School

Living Wisdom School serves children from preschool to 8th grade through the lens of Education for Life, a holistic educational model that seeks to bring out the best in each child through a balanced curriculum and a supportive, nurturing environment.

Our aim is to bring universal spiritual principles into the daily lives of our students through direct experience and practical skills for living. We want children to know themselves, their unique potential and how to work with others in positive, creative ways. Our main curriculum areas are Personal Development, Self Expression and Communication, Understanding People, Cooperation, Our Earth/ Universe and Wholeness.

Grades Served: Preschool - 8th
Number of Students: 55
Class Size: 12
Before/After care: After
Application Deadline: Rolling
4855 SW Watson Ave
Beaverton, OR 97005
503-671-9112
office@livingwisdomportland.org
livingwisdomportland.org
See ad on page 49



The Marylhurst School
honoring the journey of each child

The Marylhurst School

The Marylhurst School is an independent, progressive education community located in historic Oregon City. Founded in 1972, we serve 200 children in preschool through eighth grade. We embrace the creativity, questions and risk taking of childhood in a supportive, hands-on environment. Marylhurst programs are built on an emergent curriculum, which is a way of planning curriculum based on the student's interest. To plan an emergent curriculum requires observation, documentation, creative brainstorming, flexibility and patience amongst the teachers.

Grades Served: Pre-8th
Number of Students: 168
Student Teacher Ratio: 1:10
Before/After care: Both
Inclusive/Accessible: Yes
Application Deadline: Rolling

1232 Linn Ave
Oregon City, OR 97045
503-650-0978
admin@themarylhurstschool.org
themarylhurstschool.org

Sunshine Montessori school

Since 1995
Owner operated

We Offer

- ❖ Infant, (Only At Mayflower) Toddler, Preschool, all day Kindergarten programs.
- ❖ Open from 6.30AM to 6.00PM (Mon to Fri)
- ❖ Meals prepared on premises.
- ❖ Weekly music classes.
- ❖ Large fenced play ground with Tennis (Sunshine only) Basketball and play structures.
- ❖ Gardening (Spring/Summer only)
- ❖ Qualified, caring, consistent Teaching staff

Sunshine Montessori school
4810 SW Murray Blvd
Beaverton, OR 97005
Tel: (503) 694-1400
sunshine-montessori.com

Mayflower Montessori School
17000 SW Mayflower St
Alsea, OR 97006
Tel: (503) 581-9600
mayflower-montessori.com

For your convenience in two locations

OMEGA'S DISCOVERY PROGRAM

now offering TINY TUMBLER CLASS AND PLAY Ages 3-5

This two hour class explores and learns through gymnastics instruction, sensory play, and open gym.

Each class includes:

- 40 minute gym class
- 30 minute craft/circle time
- 30 minute open play

Tuesday, Wednesday, and Thursday Mornings

From 10:00AM - 12:00PM

Enroll today for one, two, or three days per week:

- 1 Day Per Week - \$99 per month*
- 2 Days Per Week - \$172 per month*
- 3 Days Per Week - \$199 per month*



*Introductory rate September - December 2018
Annual Registration Fee (\$40) - if applicable
Month to month enrollment available.
Call for Free Trial



Oregon Metropolitan Elite Gymnastics Academy
503.466.4572 | info@omega-gymnastics.com



Trackers Forest School

After over a decade of providing experiential outdoor education through mentoring programs, homeschool enrichment, and camp, Trackers continues their mission to cultivate the next generation of naturalists and leaders through the Trackers Forest School.

Any lesson that can happen in a classroom is enhanced out of doors. Trackers Forest School takes academic experiences to the next level by immersing students in nature every day. Their interdisciplinary curriculum meets common core standards by blending outdoor skills with lessons in math, reading, writing, history, science, and art.

After Care, Summer Camps, Winter Break, Spring Break, and No School Day camps are also available.

Grades Served: K, 1, 2 & 6, 7, 8, 9, 10
Student Teacher Ratio: 7:1
Before/After care: After
Application Deadline: Rolling

4617 SE Milwaukie Ave
Portland, OR 97202
503-345-3312

8111 SW West Slope Dr
Portland, OR 97225

info@trackersearth.com
trackerspdx.com
See ad on page 47



Venn Academy

Venn Academy is founded on the principles of small class sizes, relationship-based education, personalized instruction, and empowered learning.

Having a strong, trust-based relationship with each student is at the heart of what we do. Because of the small class sizes, there is time for individual work with each student each day. Our educators have the time and space to present curriculum in a way that works best for each student.

"My kiddo loves going to school at Venn! She says that Saturday is her least favorite day because she doesn't get to go to school." - Current parent

Grades Served: K - 8th
Number of Students: Max 30
Student Teacher Ratio: 7:1
Before/After care: After
Inclusive/Accessible: Yes
Application Deadline: Rolling

4525 SE Stark St
Portland, OR 97215
971-279-5255
john@vennacademypdx.org
vennacademypdx.org
See ad on page 53

PUBLIC & CHARTER SCHOOLS

MLA K-8 Public Charter School

MLA is a dream and a vision that a school can exist to serve the needs of students who seek to excel in both academics and life. Not all people learn in the same way or on the same day. We value and recognize these differences.

22565 NE Halsey St
Fairview, OR 97024
503-405-7868
awaldbillig@mla.k12.or.us
mla.k12.or.us
See ad on page 51

Trillium Charter School

Trillium provides a continuous program for grades K-12 that allows for fewer transitions for students, and engenders long-term relationships between staff, students, and families. We witness students navigate the many stages of child development, and slowly uncover a wide range of approaches to support their learning.

5420 N Interstate Ave
Portland, OR 97217
503-285-3833
info@trilliumcharterschool.org
trilliumcharterschool.org
See ad on page 58

RETAIL & EDUCATIONAL SERVICES

Columbia River Maritime Museum

The Columbia River Maritime Museum is your source for student focused, activity based learning programs. Join us onsite for hands-on learning labs for grades 2-8. Or invite us to your school with our free outreach program, Museum in the Schools bringing the museum to you.

1792 Marine Dr
Astoria, OR 97103
503-325-2323
admin@crmm.org
crmm.org
See ad on page 51

IFLY Indoor Skydiving

Our mission is to link today's youth to promising future careers in STEM. We do this through participatory, hands-on Full-Body Learning that converts classroom theory to Real-World applications of STEM in a way no other field trip can.

10645 SW Greenburg Rd
Tigard, OR 97223
971-803-4359
sales.portland@iflyworld.com
iflyworld.com/portland/

SCIENCE / NATURE PROGRAMS

Portland Children's Museum

Portland Children's Museum Single Day Camps are available for children ages 5-7 years throughout the school year. Each day has a specific focus to guide the art explorations and activities in addition to lots of time in the Museum exhibits.

4015 SW Canyon Rd
Portland, OR 97221
503-223-6500
info@portlandcm.org
portlandcm.org
See ad on page 49

Saturday Academy

Saturday Academy exists so that children have avenues to follow their curiosity. We focus on hands-on science, technology, engineering, math and college prep on weekends, after school, holidays and summer for grades 2-12. Classes, camps, and high school internships are held throughout the Portland Metro area and beyond. Financial aid available. Locations throughout Portland Metro

503-200-5858
info@saturdayacademy.org
saturdayacademy.org
See ad on page 50



Trackers Forest School

After over a decade of providing experiential outdoor education through mentoring programs, homeschool enrichment, and camp, Trackers continues their mission to cultivate the next generation of naturalists and leaders through the Trackers Forest School.

Any lesson that can happen in a classroom is enhanced out of doors. Trackers Forest School takes academic experiences to the next level by immersing students in nature every day. Their interdisciplinary curriculum meets common core standards by blending outdoor skills with lessons in math, reading, writing, history, science, and art.

After Care, Summer Camps, Winter Break, Spring Break, and No School Day camps are also available.

Grades Served: K, 1, 2 & 6, 7, 8, 9, 10
Student Teacher Ratio: 7:1
Before/After care: After
Application Deadline: Rolling

4617 SE Milwaukie Ave
Portland, OR 97202
503-345-3312

8111 SW West Slope Dr
Portland, OR 97225
info@trackersearth.com
trackerspdx.com
See ad on page 47



Bridges is the only middle school in Oregon specifically designed for students with learning differences to reach their maximum potential—in a loving, nurturing atmosphere centrally located in downtown Portland. Our small class settings for 5th-8th graders incorporate individualized academics with social skills, therapies, and support that set the foundation for future success.

In our small classes, nothing is left to chance. Students are not expected to 'pick up' material. Instead, they are taught how to learn using effective individualized instruction in reading, writing, science, social studies, and mathematics. Our goal is to give students with learning differences the academic foundation, social skills and confidence they need to graduate ready to succeed in high school and in the community.

Learn about our unique academic program, enrollment process and important admission deadlines at our **Open House on Saturday, October 20, 2018, 10-11:00AM**



Admission inquiries for the 2019/2020 school year are now being accepted online at BridgesMS.org.

Space is limited and our classes fill fast. 5th grade applicants will receive enrollment preference.



pdxparent.com/umbrella

a digital directory for the thousands of families throughout the Portland/Vancouver area that require specialized services for their children



Nurturing confidence in children and inspiring an excitement for learning in the Sabin neighborhood. Contact us to schedule a visit.

503.281.3619

youngwonderspreschool.com

SPORTS / FITNESS



Glendoveer Golf & Tennis

K-Lean's Afterschool Tennis is a junior development program for kids ages 5 to 18. We focus on providing a FUN, fast paced, high cardio and a games based approach that adds excitement and enjoyment for the kids as they learn through a progression of drills and games specific for each of our levels of play. K-Lean's Tennis and its top level instructional team directed by USPTA Professional

Kaleen Worley will provide high quality instruction for the Portland tennis community. Delivered with passion, loads of energy, and an environment for the kids to realize and attain their potential on and off the court.

Grades Served: K-5 - 12th
Number of Students: 120
Student Teacher Ratio: 8:1
Before/After care: No
Inclusive/Accessible: Yes
Application Deadline: Rolling

14015 NE Glisan St
 Portland, OR 97230
 503-701-4408
 kaleen@kleanstennis.com
 k-leans.com
See ad on page 50

OMEGA Gymnastics

OMEGA offers monthly recreational classes for students from toddler through school aged children, along with Adult Class, Open Gyms, Great Escapes, Class and Play, Camps, and Birthday Parties. OMEGA's award winning staff boasts over 100 years of combined coaching experience, with staff members background checked, first aid and CPR certified, as well as USA Gymnastics Safety and Safe Sport Certified.

9700 SW Harvest Ct Ste 180
 Beaverton, OR 97005
 503-466-4872
 info@omega-gymnastics.com
 omega-gymnastics.com
See ad on page 55

Super Skills, LLC

Super Skills Basketball takes great pride in providing the best basketball and life skills training available anywhere in the country. Our program was created to give players of all ages and skill levels a disciplined, well-organized, enthusiastic environment to not only become a better player...but a better person.

14523 SW Millikan Way
 Beaverton, OR 97005
 503-966-1066
 pgalvin@superskills.org
 superskills.org
See ad on page 44

TUTORIAL / LEARNING SERVICES



HELP Eliminate Learning Problems, Inc. (HELP)

HELP is a not for profit that tests, evaluates and treats children and adults with learning and information processing difficulties.

Our 24-session cognitive therapy program is designed to retrain the brain to better understand, store and retrieve information. Typical results include improvements in reading, writing and math with an increase in focus, follow through, organizational abilities, time management, cause and effect discrimination and self-esteem.

We are a drug free program and many of our students no longer require their medications upon completion. We change the way you learn!

17600 HWY 43 Davignon Hall
 Marylhurst, OR 97036
 503-635-3389
 info@helpadd.org
 helpadd.org
See ad on page 51

Math Gamers

A unique math enrichment program! Students (1st-5th) engage in math as they play original games (board, card, logic). Games' goals are matched to math standards. We help students learn math in the fun, interactive manner of playing a game! They also complete a "math-oriented" art activity, connecting math and art.

Locations throughout Portland.
 503-880-4988
 kc@mathgamers.net
 mathgamers.net
See ad on page 49

North Avenue Education

North Avenue specializes in comprehensive test preparation, exceptional writing coaching for admissions essays or research projects, and highly-credentialed, personalized instruction in nearly any subject area. Our expert tutors are trained to prepare students for success on the SAT, SAT Subject Tests, PSAT/NMSQT, ACT, AP Exams, SSAT, GRE, LSAT, and MCAT.

1235 SW 16th Ave
 Portland, OR 97205
 503-468-6905
 info@northaveeducation.com
 northaveeducation.com
See ad on page 53

Asian Health & Service Center 華人服務中心

YU MIAO Chinese Immersion Preschool

First Certified Chinese Preschool in Oregon • Big classrooms, safe playground and a large gym

育苗学前双语融入学校

Lessons taught in Mandarin Chinese, focusing on language, culture, music, art & games

Visit www.ahscpdx.org or call (503)775-3767
 5239 SE Woodstock Blvd., Portland, OR 97206

At Trillium we facilitate fair and just relationships between students and society. We cultivate the imagination through project-based learning and a democratic process. We affirm our students multiple identities and see learning as a collaborative process.

Trillium Charter School
 (503) 285-3833
Trilliumcharterschool.org



FRENCH AMERICAN INTERNATIONAL SCHOOL



LANGUAGE IMMERSION | INTERNATIONAL BACCALAUREATE (IB) | PRESCHOOL - 8TH GRADE

Do you want your child to develop the lifelong skills to succeed in a global, interconnected world?

Discover why families believe their child's future begins at FAIS: the longest-established language immersion school in Portland—and the only IB school in Portland for preschool-8th grade.

JOIN US FOR AN OPEN HOUSE

LOWER SCHOOL

(Preschool-5th grade, French immersion)

Wednesday, November 7, 9 AM

MIDDLE SCHOOL

(6th-8th grade, multiple language tracks)

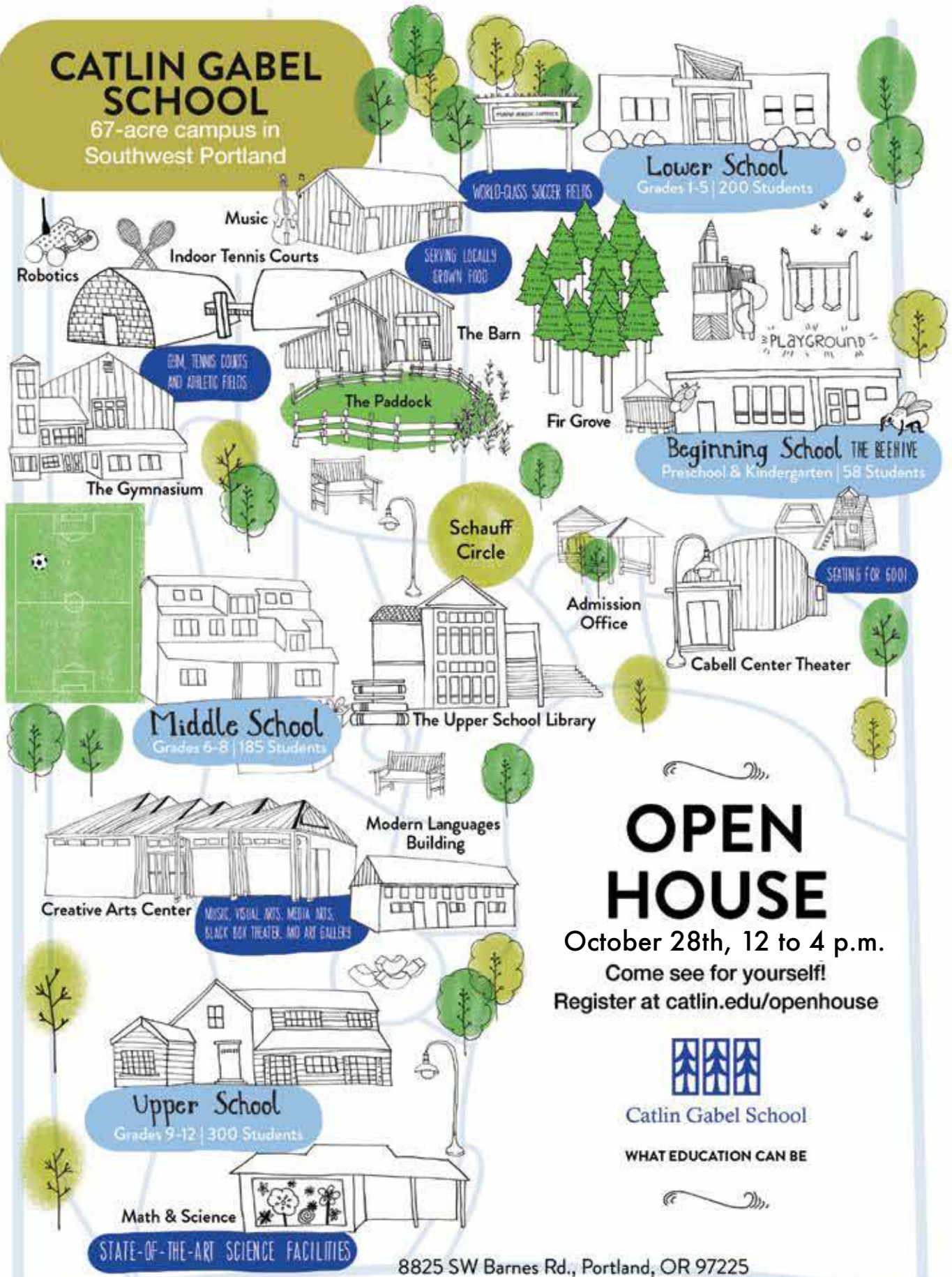
Thursday, November 1, 6:30 PM

RSVPs appreciated

admissions@faispdx.org | 503.292.7776 ext. 310 | www.faispdx.org

CATLIN GABEL SCHOOL

67-acre campus in Southwest Portland



OPEN HOUSE

October 28th, 12 to 4 p.m.
Come see for yourself!
Register at catlin.edu/openhouse



Catlin Gabel School

WHAT EDUCATION CAN BE

8825 SW Barnes Rd., Portland, OR 97225