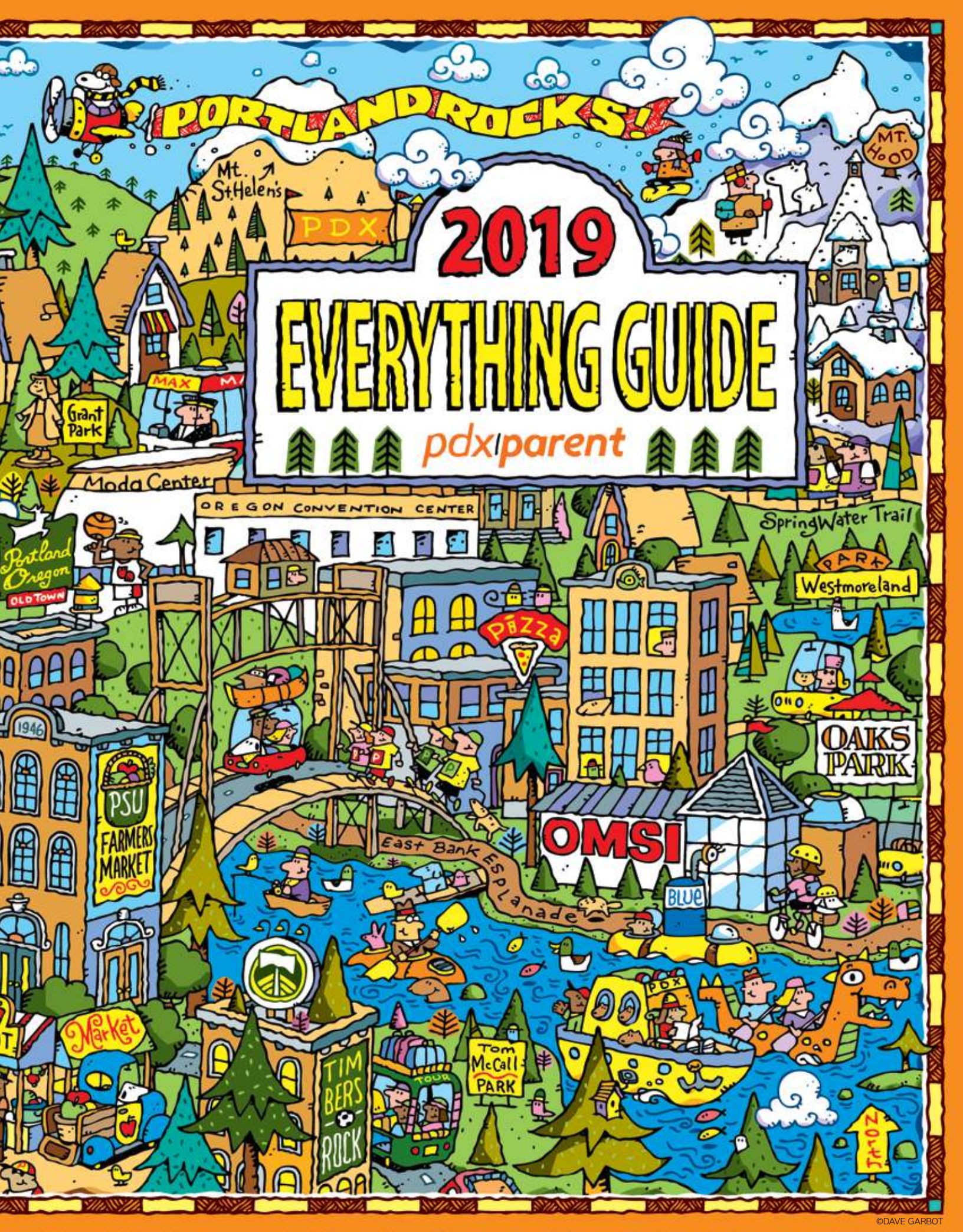


PORTLAND ROCKS!

2019

EVERYTHING GUIDE

pdx|parent





Discover your nature.

With 18 Metro parks and natural areas to explore, there's a lot to discover. Get out there.



Parks and nature
Arts and conference centers
Garbage and recycling
Land and transportation
Oregon Zoo

oregonmetro.gov/parks

<< ARTS & ENTERTAINMENT >>

ART STUDIO

2018 PARENT PICKS

Children's Healing Art Project (CHAP) -
8065 SE Grand Ave Ste 160

The Craft Factory -
7832 SW Capitol Hwy Ste B

Portland Child Art Studio -
1819 NW Everett St Ste 204

SCRAP PDX - 1736 SW Alder St

Smarty pants - 5512 N Montana Ave

Spark Arts Center -
1805 NE Cesar E Chavez Bl

ARTS & CRAFTS / VISUAL ARTS / FILMMAKING

Vibe of Portland

Vibe's SE Portland Studio provides art and music educational opportunities for artists ages 18 months-Adults through classes, camps, workshops, birthday parties, community engagement activities and more!

5633 SE Division St
Portland, OR 97206
503-560-3592
info@vibepdx.org
vibestudio.org

See ad on page 55

Collage - collagepdx.blogspot.com

Confection Crafts - confectioncrafts.com

Jenni and Tommy's Kids Unplugged -
jenniandtommyskidsunplugged.com

Mimosa Studios - mimosastudios.com

Multnomah Arts Center -
multnomahartscenter.org

My Masterpiece Art Studio -
mymasterpieceartstudio.com

Vine Gogh Artist Bar & Studio -
vinegogh.com

Young Art Lessons - youngartusa.co

DANCE PERFORMANCES & INSTRUCTION

The Ballroom Dance Company -
theballroomdancecompany.com

Center for Movement Arts -
cmadance.com

Columbia Dance - columbiadance.org

Fred Astaire Dance Studios of Portland -
fredastaire.com

Hollywood Dance Studio -
hollywooddancepdx.com

Jefferson Dancers - jeffersondancers.org

June Taylor's School of Dance -
junetaylorsschoolofdance.com

Northwest Dance Theatre - nwdt.org

Oregon Ballet School -
oregonballetschool.com

Portland Youth Ballet - pybdance.com

DRAMA / THEATER

Northwest Children's Theater and School

Northwest Children's Theater and School offers award-winning productions and theater classes for young actors and families. Take your first step into the spotlight, or immerse yourself in a Mainstage spectacle!

1819 NW Everett St
Portland, OR 97209
503-222-2190
info@nwcts.org
nwcts.org

See ad on page 52

Penny's Puppet Productions

Penny's Puppet Productions is a professional one-woman puppet company dedicated to making the world a better place, one puppet show at a time! Offering joyful programs that ignite the imagination and fill the room with excitement and laughter, Penny's live performances use puppets, story, and song to inspire and entertain children of all ages.

PO Box 220238
Milwaukie, OR 97269
503-282-9207
Penny@pennypuppets.com
pennypuppets.com

See ad on page 53

Broadway Across America -
broadwayacrossamerica.com

Broadway Rose Theatre Company -
broadwayrose.org

ComedySportz 4 Kidz -
portlandcomedy.com

Corbett Children's Theater -
corbettchildrenstheater.com

El Centro Milagro - milagro.com

Imago Theatre - imagotheater.com

Krayon Kids Musical Theater Co. -
krayonkids.org

Ladybug Theater - ladybugtheater.com

Lakewood Theatre Company -
lakewood-center.org

Portland Revels - portlandrevels.org

Shakespeare in the Parks -
portlandactors.com

Shaking the Tree - shaking-the-tree.com

**STAGES Performing Arts Youth
Academy -** stagesyouth.org

Stumptown Stages -
stumptownstages.com

Theatre in the Grove -
theatreinthegrove.org

KID-FRIENDLY MOVIE THEATERS

2018 PARENT PICKS

Academy Theater - 7818 SE Stark St

Hollywood Theatre - 4122 NE Sandy Blvd

Laurelhurst Theater - 2735 E Burnside St

McMenamin's Bagdad Theater & Pub -
3702 SE Hawthorne Bl

McMenamins Kennedy School -
5736 NE 33rd Ave

**Regal Bridgeport Village Stadium 18 &
IMAX -** 7329 SW Bridgeport Rd, Tigard

Clinton Street Theater - cstpdx.com

Fremont Theater - fremonttheater.com

Moreland Theater - morelandtheater.com

Valley Cinema Pub - valleycinemapub.com

MUSIC INSTRUCTION

Bennett Suzuki Violin Studio

Age 2 to adult. Private lessons, group les-

sons, parent/child lessons, sibling lessons, recitals. Learn by listening with a gradual transition to note-reading. Edie Bennett is a certified teacher with a Masters Degree, and has over 35 years of teaching experience, specializing in teaching young children. Your first appointment is FREE.

8628 SW 50th Ave
Portland, OR 97219
503-246-9945
edieviolin@aol.com
ediebennett.com

See ad on page 46

Artichoke Community Music -
artichokemusic.org

Beacock Music - beacockmusic.com

Community Music Center -
communitymusiccenter.org

Ethos Music Center - ethos.org

Lake Oswego Music Academy -
lomusicacademy.com

Melodyway Music Center -
melodyway.com

Mindful Musicians - mindfulmusicians.com

Music Man Music Studio -
musicmanstudio.com

Music Seeds - musicseeds.com

MusikWerks Studio -
musikwerksstudio.com

Oregon Music Academy -
oregonmusicacademy.com

Oregon Music Teachers Assn. -
omta-portland.org

Portland Piano Lab - portlandpianolab.com

Rock 'n' Roll Camp for Girls -
girlsrockcamp.org

Rose City Music Academy -
rosecitymusicacademy.com

Sound Roots School of Music -
soundrootsmusic.com

Southwest Music School -
swmusicsschool.org

MUSIC PERFORMANCES

Bravo Concerts Northwest -
bravoconcerts.com

Chamber Music Northwest - cmnw.org

Junior Symphony of Vancouver -
oregonchamberplayers.org

Metropolitan Youth Symphony - laymys.org
 Oregon Pro Arte Chamber Orchestra - oregonproarte.org
 Oregon Repertory Singers - orsingers.org
 Ovation! - portlandchoirs.org
 Pacific Youth Choir - pacificyouthchoir.org
 Portland Baroque Orchestra - pbo.org
 Portland Boychoir - portlandchoirs.org
 Portland Columbia Symphony Orchestra - columbiasymphony.org
 Portland Opera - portlandopera.org
 Portland Taiko - portlandtaiko.org
 Portland Youth Philharmonic - portlandyouthphil.org
 Rose City Chamber Orchestra - rosecity.org
 Vancouver Symphony Orchestra - vancouverSymphony.org

PERFORMING ARTS COMPANY

2018 PARENT PICKS

Journey Theater Arts Group - 1400 NE 136th Ste 201, Vancouver
Northwest Children's Theater and School - 1819 NW Everett St
Oregon Ballet Theatre - 0720 SW Bancroft St
Oregon Children's Theatre - 1939 NE Sandy Bl
Oregon Symphony - Performances at Arlene Schnitzer Concert Hall
Portland'5 Centers for the Arts - 1111 SW Broadway

< BIRTHDAYS > BIRTHDAY PARTY SPOTS

2018 PARENT PICKS

Mad Science of Portland and Vancouver - 1522 N Ainsworth
Oaks Amusement Park - 7805 SE Oaks Park Way
OMSI - Oregon Museum of Science & Industry - 1945 SE Water Ave
Pietro's Pizza & Pirate Adventure - 13281 SW Canyon Rd, Beaverton
Portland Children's Museum - 4015 SW Canyon Rd

Pietro's Pizza®

Pietro's Pizza & Pirate Adventure

Pietro's Pizza, a Northwest family favorite since 1957. Always featuring Pietro's famous original thin crust pizza, fantastic salad bar and much more! We're the perfect place for your next birthday party or family gathering. With arcades and prizes at every location plus Pirate Adventure Laser Tag and Mini-Golf at our Beaverton and Salem locations. Good Times and Great Pizza!

13281 SW Canyon Rd
 Beaverton, OR 97005
 503-536-7600
 beaverton@pietrosrestaurants.com
 pietrosrestaurants.com

10300 SE Main St
 Milwaukie, OR 97222
 503-659-7770
 milwaukie@pietrosrestaurants.com
 1637 Hawthorne Ave NE
 Salem, OR 97301
 503-364-0128
 salem@pietrosrestaurants.com

North Clackamas Aquatic Park

Surf's up at North Clackamas Aquatic Park! Catch a ride in Oregon's largest indoor wave pool, zip down thrilling water slides and scale a 29-foot rock wall. This water park is perfect for birthday celebrations with plenty of party packages to choose from.

7300 SE Harmony Rd
 Milwaukie, OR 97222
 503-557-7873
 aquaticpark@ncprd.com
 ncprd.com

See ad on page 56

Party Animals NW

We bring our zoo to you! Party Animals NW offers interactive animal presentations for birthdays and events. Check out our website or contact us for more information.

Portland Metro Area
 503-714-6339
 info@partyanimalsnw.com
 partyanimalsnw.com

CeramiCafe Art Lounge - ceramicafenw.com

The GameRoom - gameroompdx.com

Jim Parsley Community Center - vansd.org/jpc

Metro Gymnastics Center - metrogymnastics.com

The Monkey King Playhouse - monkeykingplayhouse.com

The Painted Plate - thepaintedplate.com

Pottery Fun - potteryfunpdx.com

Rainbow Trout Farm - rainbowtroutfarm.com

KINDIE MUSICIANS / PERFORMER

2018 PARENT PICKS

The Micah and Me Children's Music Show

Mo Phillips

Mr. Ben Music

Olive and Dingo Productions

Penny's Puppet Productions

Red Yarn Productions

Alexander, Master of Marvels - parlorofwonders.com

Circus Cascadia - circuscascadia.com

Dragon Theater Puppets & Princesses - dragontheater.com

Party Animals NW - partyanimalsnw.com

PegStilts.com - Peg Stilts for Kids and Adults - pegstilts.com

Portland Princess Party - portlandprincessparty.com

< EDUCATION >

CHILDCARE / DAYCARE / NANNIES

A Brilliant Nanny LLC - abnanny.com

Providence Wee Care Child Development Center - oregon.providence.org

Spilt Milk Nannies - spiltmilknannies.com

CLASSES / CAMPS

Math In Color

Math In Color offers creative math workshops and camps for girls. Summer camps, Saturday workshops, birthday parties and private sessions available. Let us show you how fun math can be!

6516 SE 87th Ave
 Portland, OR 97266
 971-703-8346
 mathincolorpdx@gmail.com
 mathincolorpdx.com

Portland Early Learning Project

Want your child to learn Spanish? We offer parent-child, preschool, and after school classes. Don't see your child's school listed? Start a private class, or invite us to your child's school!

Multiple Locations
 Portland, 503-284-0610
 nina@portlandearlylearning.com
 portlandearlylearning.com

See ad on page 57

Camp Blue Spruce - campbluespruce.org

Little Engineers - little-engineers.com

MetroArts Inc. - metroartsinc.org

FOREIGN LANGUAGE INSTRUCTION

The International School

For our children, a world of possibilities awaits. Since 1990, we've provided a unique blend of full language immersion, dynamic academics, and multicultural community. Chinese, Japanese, or Spanish. International Baccalaureate.

025 SW Sherman St
 Portland, OR 97201
 503-226-2496
 admissions@intlschool.org
 intlschool.org

See ad on page 49

Portland Early Learning Project

Want your child to learn Spanish? We offer parent-child, preschool, and after school classes. Don't see your child's school listed? Start a private class, or invite us to your child's school!

Multiple Locations
 Portland, 503-284-0610
 nina@portlandearlylearning.com
 portlandearlylearning.com

See ad on page 57

Scuola Italiana di Portland

Scuola Italiana provides authentic Italian language and culture classes for children, ages newborn to 12 years. Native and native-fluent teachers engage students in dynamic, student-centered classrooms. Programs include a Reggio Emilia preschool, weekend and after-school classes, summer camps, and a free Mommy and Me Playgroup.

Meet baby Dahlia

Plan your trip oregonzoo.org/today
5 minutes west of downtown Portland on MAX light rail



*watch
your child
soar*

CIRCUS CLASSES
CAMPS
BIRTHDAY PARTIES
TRAINING COMPANIES
AGES 2+

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2019**

1420 NW 17th Ave Suite #388
thecircusproject.org
503.764.9174

the
circus
PROJECT

1542 NW 14th Ave
Portland, OR 97209
971-270-0470
info@scuola.us
scuola.us

See ad on page 45

HOMESCHOOLING RESOURCES



Village Home Education Resource Center

Village Home is a learning community designed for self-directed learners who homeschool with their family. We provide engaging, hands-on classes and more in a family-friendly environment. Learners choose from more than 200 mixed-age, grade-free classes per week in every subject area for ages preschool through high school. VH learners benefit from an excellent education that they design.

5150 SW Watson Ave
Beaverton, OR 97005
503-597-9100
info@villagehome.org
villagehome.org

1800 SE Water Ave
Portland, OR 97214

215 Hrbetz Rd SE
Salem, OR 97302

See ad on page 55

HELP Elevate Learning Processing, Inc. (HELP)

HELP tests, evaluates, and treats people with various learning challenges. HELP identifies underdeveloped cognitive functions and corrects them at the source. Our program improves focus, memory, time management, organization, cause/effect.

17600 Pacific Hwy
Marylhurst, OR 97036
503-635-3389
info@helpadd.org
helpadd.org

K12 Oregon

K12 offers tuition-free, online public schools for Kindergarten through 12th grade in Oregon. We provide an individualized education experience that brings learning alive and helps students reach their potential.

400 Virginia Ave Ste 210
North Bend, OR 97459
844-257-3209
abaril@k12.com
k12.com

See ad on page 59

PRESCHOOLS

AHSC Yu Miao Chinese Immersion Preschool

Students at AHSC's Yu Miao Chinese Immersion Preschool embrace multiculturalism by learning Mandarin and Chinese cultures and customs. We enable growth through an integrated language immersion program. We spark interest in multiculturalism by teaching children Chinese cultural dance, martial arts, poetry, literature, music, and more.

5239 SE Woodstock Bl
Portland, OR 97206
503-775-3767
tyang@ahscpdx.org
ahscpdx.org/yumiao.html

See ad on page 51

The Children's Garden

The Children's Garden serves children ages 6 weeks to 6 years with full-time, part-time and after school programs. Our goal is to foster each child's emotional intelligence, personal growth, and self-esteem.
1405 SW Morrison St
Portland, OR 97205
503-228-2443
info@thechildrensgarden.com
thechildrensgarden.com

2039 NW Front Ave
Portland, OR 97209
971-277-5535

See ad on page 55

Childswork Learning Center

Childswork has a play-based, emergent curriculum where learning develops from the ideas and creativity of children. Childswork offers classes for children from 2 years through Kindergarten, with a broad choice of days and hours. Extended care,

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NW Portland
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enrichment classes and camps are also offered throughout the year.

4235 SE Salmon St
Portland, OR 97215
503-234-3611
info@childswork.org
childswork.org

See ad on page 44

The International School

For our children, a world of possibilities awaits. Since 1990, we've provided a unique blend of full language immersion, dynamic academics, and multicultural community. Chinese, Japanese, or Spanish. International Baccalaureate.

025 SW Sherman St
Portland, OR 97201
503-226-2496
admissions@intlschool.org
intlschool.org

See ad on page 49

MSB

At MSB, academics come alive, boundaries to success and progress are lifted and children love learning! In our 4th decade, we provide Montessori education for children 3 through 12 years-old.

11065 NW Crystal Creek Lane
Portland, OR 97229
503-439-1597
info@msb.org
msb.org

See ad on page 49

Young Wonders Preschool

Nurturing confidence in young children and inspiring an excitement for learning through a range of open-ended activities, structured group experiences and respectful guidance. Contact us to schedule a tour.

4324 NE 17th Ave
Portland, OR 97211
503-281-3819
youngwonderspreschool@gmail.com
youngwonderspreschool.com

Albina Head Start - albinahs.org

Child's View Montessori School -
childsvie.net

Horizon Christian Schools Preschool-8th
- horizon-christian.org

Lakeshore Montessori -
lakeshoremontessori.com

Tualatin Valley Preschool -
tualatinvalleypreschool.org

PRIVATE SCHOOLS

A Renaissance School of Arts and Sciences

Our goal is to challenge children as individuals at the edge of their abilities and help them find their passions. We offer small classes (K-8) and personalized instruction.

0234 SW Bancroft St
Portland, OR 97239
971-221-2311
admissions@renpdx.org
renpdx.org

See ad on page 24

Franciscan Montessori Earth School

At FMES, our mission is to provide students the skills to acquire individual fulfillment, academic excellence, moral and spiritual development, confidence and independence for lifelong learning.

14750 SE Clinton
Portland, OR 97236
503-760-8220
info@fmes.org
fmes.org

See ad on page 57

The International School

For our children, a world of possibilities awaits. Since 1990, we've provided a unique blend of full language immersion, dynamic academics, and multicultural community. Chinese, Japanese, or Spanish. International Baccalaureate.

025 SW Sherman St
Portland, OR 97201
503-226-2496
admissions@intlschool.org
intlschool.org

See ad on page 49

Cedarwood Waldorf School -
cedarwoodschool.org

L'Etoile French Immersion School -
letoilefrenchschool.com

Park Academy - parkacademy.org

Thomas A. Edison High School -
edisonhs.org



Historic BELMONT FIREHOUSE

The Belmont Firehouse
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destination in the
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safety education
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Every Wednesday
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Portland OR 97214
503-823-3741
friendsofportlandfire.org

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children's awareness,
confidence and
connections to the
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register today at
als-gardencenter.com/
kidsclub

ALL-SPORTS CAMPS



Spring Break All-Sports Camp

DATES: March 25–29

TIME: 9 am–3 pm

AGES: 5–13

LOCATION: Eastmoreland Sports Club

Summer Camps registration opens February 15, 2019. Soccer, All-Sports, and Competitive Soccer Camps!

FOR MORE INFORMATION AND TO REGISTER GO TO WWW.BAXTERSPO RTS.COM



TUTORING / EDUCATION SERVICES

HELP Elevate Learning Processing, Inc. (HELP)

HELP tests, evaluates, and treats people with various learning challenges. HELP identifies underdeveloped cognitive functions and corrects them at the source. Our program improves focus, memory, time management, organization, cause/effect.

17600 Pacific Hwy
Marylhurst, OR 97036
503-635-3389
info@helpadd.org
helpadd.org

North Avenue Education

North Avenue Education specializes in test preparation, writing coaching, and personalized instruction in all subject areas. If your student is taking the SSAT or HSPT this year, get in touch!

1235 SW 16th Ave
Portland, OR 97205
503-468-6905
info@northaveeducation.com
northaveeducation.com

975 SE Sandy Blvd Ste 130
Portland, OR 97214

Oregon Connections Academy -
oregonconnectionsacademy.com

Pacific Academic, LLC -
pacificacademic.org

Successful Learning Educational
Services, LLC - successfullrng.com

AMUSEMENT PARKS, ARCADES, ATTRACTIONS

Big Al's Vancouver - ilovebigals.com

Bob's Red Mill Factory Tour -
bobsredmill.com

Franz Bakery - franzbakery.com

The GameRoom - gameroompx.com

John's Incredible Pizza - johnspizza.com

Mt. Hood Community College -
mhcc.edu/planetarium/

Peculiarium - peculiarium.com

Portland Underground Tours -
shanghai tunnels.info

Ultrazone Laser Tag -
ultrazoneportland.com

Urban Tour Group - urbantourgroup.org

Y Not Have Fun - ynothavefun.com

ARCADES / BOWLING FAMILY FUN CENTERS

2018 PARENT PICKS

Electric Castle's Wunderland Cinema and
Nickel Games - Multiple Locations

Grand Central Bowl - 839 SE Morrison

Ground Kontrol - 115 NW 5th Ave

Pietro's Pizza & Pirate Adventure -
13281 SW Canyon Rd, Beaverton

QuarterWorld Arcade -
4811 SE Hawthorne Blvd

Wilsonville Family Fun Center/Bullwinkle's
Restaurant - 29111 SW Town Center Loop W

BOATS, TRAMS AND TROLLEYS

Canby Ferry - clackamas.us

Columbia Gorge Sternwheeler -
portlandspirit.com

Portland Aerial Tram - gobytram.com

Portland Spirit - portlandspirit.com

Portland Street Car - portlandstreetcar.org

Willamette Shore Trolley -
wst.oregonrolley.com

FARMS

Baggenstos Farm - baggenstosfarms.com

Bella Organic Farm - bellaorganic.com

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3445 se hawthorne
503-231-2954
www.kidsathearttoys.com

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Learning Center**

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503-234-3611
www.childsworld.org

**A place of joy,
wonder and
discovery.**

*We are a non-profit, play-based
Preschool and Kindergarten
focusing on the development of the whole child.
We offer tours every month.
Please call to reserve your spot on a tour.*

Childsworld Learning Center does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status in any of its activities or operations. Childsworld is an equal opportunity employer.

< FAMILY FUN >

ADVENTURE ATTRACTIONS

2018 PARENT PICKS

IFLY Indoor Skydiving -
10645 SW Greenburg Rd, Tigard

Mt. Hood Adventure Park at Skibowl -
87000 E Hwy 26, Government Camp

Tree to Tree Adventure Park -
2975 SW Nelson, Gaston

Willamette Jet Boat Excursions -
945 SE Water

Columbia Farms U-Pick - columbiafarmsu-pick.com
 Corn Maize at the Pumpkin Patch - portlandmaze.com
 Draper Girls Country Farm - drapergirlscountryfarm.com
 Duyck's Peachy-Pig Farm - peachypigfarm.com
 Fazio Farms - faziofarms.com
 Fir Point Farms - firpointfarms.com
 Flower Farmer - flowerfarmer.com
 French Prairie Gardens - fpgardens.com
 Heiser Farms - heiserfarms.com
 Hillside Blueberries - hillsideblueberries.com
 Hood River Organic UPick - hoodriverupickcherries.com
 Kruger's Farm Market - krugersfarmmarket.com
 Lee Farms - leefarmsoregon.com
 Moonridge Farms - moonridgefarms.com
 Olson Farms - olson-farms.com
 Plumper Pumpkin Patch and Tree Farm - plumperpumpkins.com
 Rowell Bros. Berry Farm - rowellbros.com
 Sauvie Island Farms - sauvielandfarms.com
 Smith Berry Barn - smithberrybarn.com
 Wooden Shoe Tulip Farm - woodenshoe.com
 Zenger Farm - zengerfarm.org

FOUNTAINS AND SPLASH PADS

53rd Avenue Community Park - hillsboro-oregon.gov
 Blue Lake Regional Park - oregonmetro.gov
 Cannery Square Park - sherwoodoregon.gov
 Children's Fountain - greshamoregon.gov
 City Park Fountain - beavertonoregon.gov
 Columbia Park - portlandonline.com
 Conestoga Recreation Center - thprd.org
 Dawson Park - portlandoregon.gov
 Director Park - portlandoregon.gov
 Earl Boyles Park - portlandonline.com
 Elizabeth Caruthers Park - portlandoregon.gov
 Essex Park - portlandonline.com


Esther Short Park - cityofvancouver.us
 Farragut Park - portlandonline.com
 Grant Park - portlandoregon.gov
 Hammerle Park - westlinnoregon.gov
 Happy Valley Park - happyvalleyor.gov
 Holladay Park - portlandoregon.gov
 Irving Park - portlandonline.com
 Jamison Square - portlandoregon.gov
 Kenton Park - portlandoregon.gov
 Magnolia Park - hillsboro-oregon.gov
 Marylhurst Heights Park - westlinnoregon.gov
 Max Patterson Memorial Park - ci.gladstone.or.us
 McCoy Park - portlandonline.com
 Millennium Plaza Park - ci.oswego.or.us
 Northgate Park - portlandoregon.gov
 Pier Park - portlandonline.com
 Raymond Park - portlandonline.com
 Rivercrest Park - orcity.org
 Robinwood Park - westlinnoregon.gov
 Salmon Creek Park - clark.wa.gov
 Salmon Street Springs Waterfront Park - portlandoregon.gov
 Snyder Park - sherwoodoregon.gov
 Stark Street Island Park - portlandonline.com
 Tanner Creek Park - westlinnoregon.gov
 Timberland Park - thprd.org
 Town Center Park - wilsonvilleparksandrec.com
 Tualatin Commons - tualatinoregon.gov
 Walnut Street Park - hillsboro-oregon.gov
 Willamette Park - westlinnoregon.gov
 Woodlawn Park - portlandonline.com

GARDENS



Al's Garden & Home

Al's Kids' Club offers fun, educational classes designed to nurture children's awareness, confidence and connections to the natural world, and foster hands-on learning.

16920 SW Roy Rogers Rd
 Sherwood, OR 97140
 503-726-1162
 lhammond@als-gardencent.com
 als-gardencent.com



SMARTER SMILES START HERE

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Prek, After-school, Weekend classes, all ages



OPEN HOUSES

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 9:30 - 11 am
 1542 NW 14th Ave



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THEATRE COMPANY

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MARCH 25-29, 2019

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broadwayrose.org/spring-break

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PARENT/CHILD LESSONS
BUDDY LESSONS
RECITALS

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edieviolin@aol.com
www.ediebennett.com

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or call us at: 800-204-4444

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Wilsonville, OR 97070
503-855-3527
7505 SE Hogan Rd
Gresham, OR 97080
503-491-0771

1220 N Pacific Hwy
Woodburn, OR 97071
503-981-1245

See ad on page 43

**Columbia Springs Environmental Educa-
tion Center** - columbiasprings.org

Crystal Springs Rhododendron Garden -
portlandoregon.gov

Elk Rock Garden at the Bishop's Close -
elkrockgarden.org

**The Grotto (The National Sanctuary of
Our Sorrowful Mother)** - thegrotto.org

Jenkins Estate - thprd.org

**HISTORIC AND
LIVING HISTORY
SITES**

Historic Belmont Firehouse

Come experience the Safety Learning Cen-
ter & Fire Museum located at the Historic
Belmont Firehouse. This family-friendly
center teaches fire safety in a fun, interac-
tive way. Kids get to slide down a real fire
pole, experience a call in a fire engine, and
discover the rich history of the fire service
in Portland.

900 SE 35th Ave
Portland, OR 97214
503-823-3741
BelmontFire@portlandoregon.gov
friendsofportlandfire.org

See ad on page 43

Fort Vancouver National Historic Site -
nps.gov

Hoover-Minthorn House -
newbergoregon.gov

Jenkins Estate - thprd.org

**McLoughlin House / Memorial
Association** - mcloughlinhouse.org

Northwest Civil War Council -
nwcwc.net

Old Aurora Colony Museum -
auroracolony.org

Old McDonald's Farm, Inc. -
oldmcdonaldsfarm.org

Peter's Walking Tours - walkportland.com

Phillip Foster Farm National Historic Site -
phillipfosterfarm.com

Pittock Mansion - pittockmansion.com

Pomeroy Living History Farm -
pomeroyfarm.org

Stevens-Crawford Heritage House -
clackamashistory.org

**INDOOR PARKS AND
PLAY GROUPS**

Camas-Washougal Indoor Play Park -
meetup.com/cwindoorplaypark/

Firstenberg Community Center -
cityofvancouver.us

Friendly House - friendlyhouseinc.org

**Healthy Families Oregon of Clackamas
County** - healthyfamiliescc.org

Jenni and Tommy's Kids Unplugged -
jenniandtommyskidsunplugged.com

Noah's Ark Indoor Play Park -
1stpresvanc.org

Northeast Indoor Park - facebook.com

Open Arms Play Group - nwdsa.org

Open Arms Play Group (Vancouver) -
nwdsa.org

Oregon City Pool Community Room -
orc.city.org

Southeast Indoor Park - playinside.org

Tigard Indoor Play Park - tigardumc.com

INDOOR PLAY SPACE

2018 PARENT PICKS

Lumberyard Indoor Bike Park -
2700 NE 82nd Ave

North Clackamas Aquatic Park -
7300 SE Harmony Rd

Playdate PDX - 1434 NW 17th Ave

Portland Children's Museum -
4015 SW Canyon Rd

Pump It Up -
9665 SW Allen Bl Ste 110, Beaverton

Upper Westside Play Gym -
1509 SW Sunset Blvd

The Wiggle Room - 1925 NE 42nd Ave

**MUSEUMS AND
LIBRARIES**

Oregon Historical Society

Experience Oregon: A new permanent
exhibit that explores Oregon's many cul-

tures and geographies; opening February 14! Family Days: Free quarterly all-ages programs highlighting current exhibits and local community groups!

1200 SW Park Ave
Portland, OR 97205
503-222-1741
orhist@ohs.org
ohs.org
See ad on page 52

Portland Children's Museum

Children and their grown-ups discover a world of hands-on experiences designed to let their creativity and imagination soar at Portland Children's Museum. Come make, play, and share with us!

4015 SW Canyon Rd
Portland, OR 97221
503-223-6500
info@portlandcm.org
portlandcm.org
See ad on page 49

Clackamas County Library -
clackamas.us/lib/

End of the Oregon Trail Interpretive Center -
historicoregoncity.org

Evergreen Aviation & Space Museum -
evergreenmuseum.org

Fort Vancouver Regional Library District -
fvrl.org

Haggart Astronomical Observatory -
clackamas.edu

The Lincoln Street Kayak & Canoe Museum -
traditionalkayaks.com

Mercy Corps Action Center -
mercycorps.org

Multnomah County Library -
multcolib.org

Museum of the Oregon Territory -
clackamashistory.org

Oregon College of Art and Craft -
ocac.edu

Oregon Jewish Museum and Center for Holocaust Education -
ojmche.org

Oregon Maritime Museum -
oregonmaritimuseum.org

Oregon Rail Heritage Center -
orhf.org

Pacific Northwest College of Art -
pnca.edu

Ping Pong's Pint Size Puppet Museum -
puppetmuseum.com

Portland Institute of Contemporary Art -
pica.org

Portland Police Historical Museum -
portlandpolicemuseum.com

Rice Northwestern Museum of Rocks and Minerals -
ricenorthwestmuseum.org

Rose City Astronomers -
rosecityastronomers.org

Washington County Library -
wccls.org

Wells Fargo History Museum -
wellsfargohistory.com

World Forestry Center Discovery Museum -
worldforestry.org

World of Speed Motorsports Museum -
worldofspeed.org

MUSEUMS / FAMILY MEMBERSHIPS

2018 PARENT PICKS

Lan Su Chinese Garden -
239 NW Everett St

OMSI - Oregon Museum of Science & Industry -
1945 SE Water Ave

Oregon Zoo -
4001 SW Canyon Rd

Portland Art Museum -
1219 SW Park Ave

Portland Children's Museum -
4015 SW Canyon Rd

Portland Japanese Garden -
611 SW Kingston Ave

NATURE PLAY AREAS

Metro Parks and Nature

Spot birds of prey at Smith and Bybee, or watch salmon spawn in the Sandy River at Oxbow. Wherever you go in Metro's unique system of parks, trails and natural areas, you can count on clean water, healthy fish and wildlife habitat, and opportunities to connect with nature close to home.

600 NE Grand
Portland, OR 97232
503-665-4995
parksandnature@oregonmetro.gov
oregonmetro.gov/metro-parks-and-natural-areas

See ad on page 38

Blue Lake Regional Park -
oregonmetro.gov

Broughton Beach -
oregonmetro.gov

Camille Park -
thprd.org

Canemah Bluff Nature Park -
oregonmetro.gov

Cooper Mountain Nature Park -
thprd.org

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f i

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Where → **Glendoveer Golf & Tennis**

When → **Mon -Thur 3:45pm - 7:15pm**

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www.K-Leans.com

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Golf + Tennis

Engleman Park - wilsonvilleparksandrec.com
 Howell Territorial Park - oregonmetro.gov
 Hyland Woods Natural Area - thprd.org
 Ibach Park - tualatinoregon.gov
 Jorgenson Woods Neighborhood Park - clark.wa.gov
 Jurgens Park - tualatinoregon.gov
 Mason Hill Park - oregonmetro.gov
 Mount Talbert Nature Park - oregonmetro.gov
 Nadaka Nature Park - friendsofnadaka.org
 Oxbow Regional Park - oregonmetro.gov
 Pioneer Park - thprd.org
 Pioneer Park Natural Play Area - ncprd.com
 Roger Tilbury Memorial Park - thprd.org
 Scouts Mountain Nature Park - oregonmetro.gov
 Silver Falls State Park - oregonstateparks.org
 Spring Garden Park - portlandoregon.gov
 Trillium Creek Park - ncprd.com

PARKS AND PLAYGROUNDS

2018 PARENT PICKS

Harper's Playground at Arbor Lodge Park - N Bryant & Delaware St
 Khunamokwst Park - 5200 NE Alberta St
 Lents Park - SE 92nd Ave & Holgate Blvd
 Murase Plaza - 8300 SW Memorial Dr, Wilsonville
 Peninsula Park - 700 N Rosa Parks Way
 Washington Park International Rose Test Garden - 400 SW Kingston Ave
 Westmoreland Park - SE McLoughlin Blvd and Bybee Blvd

Columbia Park/Imagination Station - ci.troutdale.or.us
 Cook Park - tigard-or.gov
 Cooper Mountain Nature Park - thprd.org
 Gabriel Park - portlandoregon.gov
 George Rogers Park - ci.oswego.or.us
 Grant Park - portlandoregon.gov
 Ibach Park - tualatinoregon.gov
 Jurgens Park - tualatinoregon.gov
 Laurelhurst Park - portlandoregon.gov

Memorial Park - wilsonvilleparksandrec.com
 Mt. Tabor Park - portlandoregon.gov
 Salmon Creek Park - clark.wa.gov
 Sellwood Park - portlandoregon.gov/parks/
 Tualatin Hills Nature Park Interpretive Center - thprd.org
 Willamette Park - westlinnoregon.gov

POOLS, WATERPARKS AND SWIMMING HOLES

North Clackamas Aquatic Park

North Clackamas Aquatic Park is the perfect destination for affordable entertainment and water-focused education. Dive into fun with Oregon's largest wave pool, a toddler splash zone, diving and lap pools, water slides and a 29-foot rock wall.

7300 SE Harmony Rd
 Milwaukie, OR 97222
 503-557-7873
 aquaticpark@ncprd.com
 ncprd.com

See ad on page 56

Creston Outdoor Pool - portlandonline.com
 Montavilla Community Center - portlandonline.com
 Sellwood Outdoor Pool - portlandonline.com
 Aloha Swim Center - thprd.org
 Beaverton Swim Center - thprd.org
 Blue Lake Regional Park - oregonmetro.gov
 Columbia Indoor Pool - portlandoregon.gov
 Dodge Park - portlandoregon.gov
 East Portland Community Center & Indoor Pool - portlandonline.com
 Evergreen Wings & Waves Waterpark - evergreenmuseum.org
 Firstenberg Community Center - cityofvancouver.us
 Frenchman's Bar Park - clark.wa.gov
 Glen Otto Community Park - ci.troutdale.or.us
 Harman Swim Center - thprd.org
 Jim Parsley Community Center - vansd.org/jpc
 Matt Dishman Community Center & Indoor Pool - portlandonline.com

Mt. Hood Aquatic Center - mhcc.edu
 Mt. Scott Community Center & Indoor Pool - portlandonline.com
 Oregon City Swimming Pool - orc.city.org
 Pier Outdoor Pool - portlandonline.com
 Raleigh Swim Center - thprd.org
 Salmon Creek Park - clark.wa.gov
 Shute Park Aquatic & Recreation Center - hillsboro-oregon.gov
 Somerset West Swim Center - thprd.org
 Sunset Swim Center - thprd.org
 Tigard Swim Center - ttadpools.com
 Tualatin Hills Aquatic Center - thprd.org
 Tualatin Swim Center - ttadpools.com
 Vancouver Lake Park - clark.wa.gov
 Wilson Outdoor Pool - portlandonline.com

ZOOS, WILDLIFE AND ANIMAL EXHIBITS



Oregon Zoo

Award-winning day camps, Readers Choice Best Membership in Town and behind-the-scenes animal encounters.

4001 SW Canyon Rd
 Portland, OR 97221
 503-226-1561
 info@oregonzoo.org
 oregonzoo.org

See ad on page 41

The Audubon Society of Portland - audubonportland.org
 Blue Lake Regional Park - oregonmetro.gov
 Camassia Nature Preserve - westlinnoregon.gov
 Cooper Mountain Nature Park - thprd.org
 Elk Rock Island - portlandoregon.gov/parks/
 Graham Oaks Nature Park - oregonmetro.gov
 Jackson Bottom Wetlands Preserve - jacksonbottom.org
 Kelley Point Park - portlandoregon.gov/parks/

Magness Memorial Tree Farm - worldforestry.org
 Marquam Nature Park - fmnop.org
 Portland Mounted Police Horse Stables - portlandoregon.gov
 Powell Butte Nature Park - portlandoregon.gov/parks
 Sauvie Island Wildlife Management Area - dfw.state.or.us
 Smith & Bybee Lakes Wetlands Natural Area - oregonmetro.gov
 Tualatin Hills Nature Park Interpretive Center - thprd.org
 Tualatin River National Wildlife Refuge - fws.gov/tualatinriver
 Waterfront Renaissance Trail - cityofvancouver.us
 Whitaker Ponds Natural Area - portlandoregon.gov/parks
 Wildwood Recreation Site - recreation.gov

< FOOD & DRINK >

KID-FRIENDLY RESTAURANT

2018 PARENT PICKS

Grand Central Bakery - Multiple Locations
 Hopworks Urban Brewery - 2944 SE Powell
 Jam on Hawthorne - 2239 SE Hawthorne
 Laughing Planet Cafe - Multiple Locations
 Laurelwood Public House and Brewery - 5115 NE Sandy Bl
 Mother's Bistro - 212 SW Stark St
 The Oregon Public House - 700 NE Dekum St
 Poa Cafe - 4025 N Williams
 Slappy Cakes - 4246 SE Belmont St
 Tin Shed Garden Cafe - 1438 NE Alberta St
 The Waffle Window - Four Portland Locations
 Zoiglhaus Brewing Company - 5716 SE 92nd Ave

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children's
Museum

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portlandcm.org

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EVENING OPEN HOUSE January 29, 6 - 8pm

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Downtown / SW Waterfront, Portland



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3029 SE 21st Ave
Portland, OR 97202
503-964-0820
getyoursipon@gmail.com
sipjuicecart.com

2210 NE Alberta Ave
Portland, OR 97201
503-680-5639

Beaches - beachesrestaurantandbar.com

Bell Tower Coffee at Taborspace -
taborspace.org

Blue Kangaroo Coffee Roasters -
bluekangaroocoffee.com

Bob's Red Mill Natural Foods, Inc. -
bobsredmill.com

Boke Bowl - bokebowl.com

Burgerville - burgerville.com

Dizzy Castle - dizzycastle.com

Hopworks Bike Bar - hopworksbeer.com

iCandy - facebook.com

Joe's Crab Shack - joescrabshack.com

John's Incredible Pizza - johnspizza.com

Lake Oswego Ice Creamery and
Restaurant -
lakeoswegoicecreameryandrestaurant.com

Las Primas - lasprimaskitchen.com

Laurelhurst Cafe - laurelhurstcafe.com

Miss Zumpstein Bakery & Coffee Shop -
misszumpstein.com

Mississippi Pizza Pub -
mississippipizza.com

Moonstruck Chocolate Co. -
moonstruckchocolate.com

Munchkin Playland -
munchkinplayland.com

Old Spaghetti Factory - osf.com

Papa's Pizza - papaspizza.net

Pastini Pastaria - pastini.com

Porque No? - porquenotacos.com

Salvador Molly's - salvadormollys.com

Stacatto Gelato - staccatogelato.com

Sugar Cubed Cakes - sugarcubedcc.com

Sweets Etc. - sweetsetc.com

Vita Cafe - vita-cafe.com

Yakuza Lounge - yakuzalounge.com

PIZZA

2018 PARENT PICKS

Hot Lips Pizza - Multiple Locations

Out of this World Pizza and Play -
6255 NW Century Bl, Hillsboro

Pietro's Pizza & Pirate Adventure -
13281 SW Canyon Rd, Beaverton;
10300 SE Main St, Milwaukie

Pizza Schmizza - Multiple Locations

Pizzicato Pizza - Multiple Locations

Sizzle Pie - Multiple Locations

TREATS

2018 PARENT PICKS

Annie's Donuts - 3449 NE 72nd Ave

Baker & Spice Neighborhood Bakery -
6330 SW Capitol Hwy

Blue Star Donuts -
3549 SE Hawthorne Blvd

Cloud City Ice Cream -
4525 SE Woodstock Bl

Coco Donuts and Coffee -
4790 SE Milwaukie Ave

Cupcake Jones - 307 NW 10th Ave

Doe Donuts - 8201 SE Powell Blvd

FAT Cupcake - 6011 SE 72nd Ave

Fifty Licks Ice Cream - 2021 SE Clinton St

JaCiva's Bakery & Chocolatier -
4733 SE Hawthorne Ave

Kyra Bake Shop -
599 Avenue A, Lake Oswego

Nectar Frozen Yogurt Lounge -
7847 SW Capitol Hwy

Pips Original Doughnuts & Chai -
4759 NE Fremont St

Ruby Jewel - 3713 N Mississippi St

Saint Cupcake - 1138 SW Morrison St

Sesame Donuts -
6990 SW Beaverton Hillsdale Hwy

Toadstool Cupcakes -
3557 SE Hawthorne Blvd

Voodoo Doughnut - 1501 NE Davis St

WELCOMING COFFEE SHOPS

2018 PARENT PICKS

The New Deal Cafe - 5250 NE Halsey

Jim and Patty's Coffee People
- 4951 NE Fremont

Know Thy Food Cooperative Cafe &
Market - 3434 SE Milwaukie Ave

Maplewood Coffee and Tea -
5206 SW Custer St

The New Deal Café - 5250 NE Halsey

Papaccino's Coffee House & Cereal Bar -
4411 SE Woodstock Blvd

Posies Bakery & Cafe -
8208 N Denver Ave

< HEALTH & WELLNESS > ADULT / YOUTH FITNESS

Firstenberg Community Center -
cityofvancouver.us

Northwest Women's Fitness Club -
nwwomensfitness.com

Stafford Hills Club - staffordhills.com

YMCA of Columbia-Willamette -
ymcacw.org

COUNTY HEALTHY START PROGRAMS

Clark County SELF (Support for Early
Learning & Families) - selfwa.org

Healthy Families Oregon of Clackamas
County - healthyfamiliescc.org

Multnomah County Early Childhood
Services - ddouglas.k12.or.us

Washington County Healthy Start -
co.washington.or.us

DENTIST FOR KIDS

2018 PARENT PICKS

Dentistry for Kids (Dustin James DMD
PC) - 29615 SW Park Pl Ste A, Wilsonville

Greenburg Pediatric Dentistry -
9370 SW Greenburg Rd, Ste T

Hollywood Children's Dentistry -
Dr. Krista Badger and Dr. Sheena Kansal -
3839 NE Tillamook St

Little Smiles Pediatric Dentistry -
8708 SE 17th Ave

Sprout Pediatric Dentistry & Orthodontics - 1401 SE Morrison St Ste 120

World of Smiles Pediatric Dentistry -
11790 SW Barnes Rd

Dentistry for Kids (Dustin James DMD PC)

This is a children's dental office designed from the ground up to be a happy and comfortable place. From our waiting room to our treatment rooms it was created with children in mind. Most major insurance plans accepted.

29615 SW Park Pl Ste A
Wilsonville, OR 97070
503-582-8200
dentistryforkidsonline.com

See ad on page 3

Behind the Smile Dentistry for Children -
behindthesmile.com

Great Grins for Kids - greatgrins.net

Must Love Kids Pediatric Dentistry -
mustlovekids.com

Providence Specialty Pediatric Dental
Clinic - providenceoregon.org

The Shoe Box Pediatric Dentistry -
shooboxpediatricdentistry.com

Under the Sea Dentistry for Children -
undertheseakidsdentist.com

Vancouver Pediatric Dentistry -
vancouverpediatricdentistry.com

Young Kidz Dental - youngkidz dental.com

FERTILITY AND SURROGACY

All Families Surrogacy

Award winning surrogacy agency, staffed by experienced surrogates and ready to help you achieve your dream of becoming a surrogate or intended parent! Contact AFS today to learn more.

12725 SW Millikan Way Ste 300
Beaverton, OR 97005
503-906-7960
info@allfamiliesurrogacy.com
allfamiliesurrogacy.com

See ad on page 49

Heart to Hands Surrogacy -
hearttohandssurrogacy.com

THANK YOU PORTLAND



PDX Parent readers cast over 22,000 votes for their Portland favorites – and chose Sellwood Medical Center as their favorite pediatric clinic! To all our patients and families, we say *thank you* – we think you're the best, too!



Monique Pritchard, MD, FAAP



Tara Schwab, MD, FAAP



Amanda Bailey, MD, FAAP



Katie Oldread, MD, FAAP



Jenny B., RN, MS, CPNP-AC



Tara Bernhardt, PNP



Jeannette Haughton, CPNP



8332 and 8333 SE 13th Avenue | 6234 N Greeley Avenue | sellwoodmd.com | 503.595.9300

10170 SW Nimbus Ave
Ste. H-7
Portland, OR 97223
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- Open 7 days a week
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- 4 months and up
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- Sign up at any time, we pro-rate!

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5239 SE Woodstock Blvd., Portland, OR 97206

KID-FRIENDLY YOGA

2018 PARENT PICKS

Imagination Yoga - 12755 NW Dogwood St

Roseway Yoga & Movement -
6529 NE Sandy Blvd

Woodstock Wellness Center -
4629 SE Woodstock Blvd

Yoga Playgrounds -
Multiple schools in Portland

Yoga Shala of Portland -
3808 N Williams Ave

YoYoYogi - 1306 NW Hoyt St Ste 101

MAMA / BABY FITNESS / SPA

2018 PARENT PICKS

Alma Midwifery - 1608 SE Ankeny

Baby Boot Camp - 1145 NW Jericho Rd

The Barefoot Sage -
1844 SE Hawthorne Blvd

Barre3 - 2523 SE 22nd Ave

Common Ground Wellness Co-operative -
5010 NE 33rd Ave

Dosha Salon Spa -

Fit4Mom - 8327 SW 62nd Ave

Hike it Baby - 7046 N Mobile Ave

Loyal Sauna -
3525 NE Martin Luther King Jr Blvd

Luna Wellness - 333 NE Russell St Ste 200

Mittleman Jewish Community Center -
6651 SW Capitol Hwy

Multnomah Athletic Club - 1849 SW
Salmon St

Southwest Community Center -
6820 SW 45th Ave

Villa Sport Athletic Club and Spa -
13900 SW Meridian St, Beaverton

Yoga Shala of Portland -
3808 N Williams Ave

Zenana Center for Wellbeing -
2024 SE Clinton St

OPTOMETRIST

2018 PARENT PICKS

Alberta Eye Care - 2021 NE Alberta St

Child Eye Care Associates -
9735 SW Shady Ln Ste 203, Tigard

EyeHealth Northwest - 10819 SE Stark

Hawthorne Vision Center -
4704 SE Hawthorne Blvd

OHSU Casey Eye Institute -
3375 SW Terwilliger Blvd

Vivid Eye Care -
6506 NE Campus Way, Hillsboro

PEDIATRICIAN

2018 PARENT PICKS

Broadway Medical Clinic -
4212 NE Broadway St

Hillsboro Pediatric Clinic -
6125 NE Cornell Road, Ste 240, Hillsboro

Metropolitan Pediatrics -
25050 SE Stark St Ste 300, Gresham

OHSU - 3181 SW Sam Jackson Park Rd

Pediatric Associates of the Northwest -
2701 NW Vaughn St Ste 360

Sellwood Medical Clinic -
8332 & 8333 SE 13th Ave

PEDIATRICS / HEALTH / FAMILY MEDICINE

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Health Share covers Oregon Health Plan members in Clackamas, Multnomah, or Washington counties. With Health Share, you receive care from the largest network of health plans, doctors, dentists, and counselors.

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healthshareoregon.org

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25050 SE Stark St Ste 300
Gresham, OR 97030
503-667-8878
metropediatics.com

Happy Valley Office
9300 SE 91st Ave Ste 200
Happy Valley, OR 97086
503-261-1171

Northwest Office
1130 NW 22nd Ave Ste 320
Portland, OR 97210
503-295-2546

Westside Office
15455 NW Greenbrier Pkwy Ste 111
Beaverton, OR 97006
503-531-3434

See ad on page 42

Sellwood Medical Clinic

At Sellwood Medical Clinic, we believe you shouldn't have to choose between getting in to see a doctor when you need one, and seeing someone you know and trust. We're your neighborhood clinic, and we understand that providing quality health care starts with having a positive and lasting relationship with our patients.

8332 & 8333 SE 13th Ave
Portland, OR 97202
503-595-9300
sellwoodmd.com

Sellwood Medical Clinic-North
6234 N Greeley Ave
Portland, OR 97217

See ad on page 51

Adventist Medical Center -
adventisthealth.org

Evergreen Pediatric Clinic -
evergreenpediatrics.com

OHSU Center for Women's Health -
ohsuwomenshealth.com

Oregon City Pediatrics - ocpeds.com

Vilhauer Rosenberg Pediatrics -
vrpediatrics.com

Westside Pediatrics Clinic -
westsidepediatrics.com

< LESSONS & CAMPS

DANCE CLASS

2018 PARENT PICKS

BodyVox Dance - 1201 NW 17th Ave

Dance With Joy Studios - 7981 SE 17th Ave

NW Dance Project - 211 NE 10th Ave

Oregon Ballet Theatre -
0720 SW Bancroft St

The Portland Ballet - 6250 SW Capitol Hwy

Westside Dance & Gymnastics Academy -
11632 SW Pacific Hwy, Tigard

DAY CAMPS

North Clackamas Parks and Recreation District

Keep your kids active and having fun all summer long with NCPRD camps. Choose from a wide variety of day camps, including Hoopers basketball, Cheer Starz, horseback riding, lacrosse, track and field, outdoor explorers, theater, dance and more.

Multiple Locations in North Clackamas
503-742-4348
info@ncprd.com

ncprd.com
See ad on page 56

Camp Tillikum - campstillikum.org

Catlin Gabel School - catlin.edu

Girls Build - girlsbuildpdx.org

Junior Achievement of Oregon and SW Washington - jaorswwa.org

Trinity Lutheran Christian School -
trinityportland.org

GYMNASTICS CLASSES

2018 PARENT PICKS

The Children's Gym - 1625 NE Sandy Bl

Circus Project - 1420 NW 17th Ave Ste 388

Echo Theater Company - 1515 SE 37th Ave

OMEGA Gymnastics -
9700 SW Harvest Ct Ste 180, Beaverton

The Playground Gym - 505 NE Grand Ave

Revolution Parkour -
5651 SW Arctic Dr, Beaverton

Skyhook Ninja Fitness -
12008 SW Garden Pl, Tigard

Westside Dance & Gymnastics Academy -
11632 SW Pacific Hwy, Tigard

OMEGA Gymnastics

OMEGA offers classes for students 18 months-adult along with Open Gyms, Great Escapes, Camps, and Parties. Our staff members are background checked and certified in First Aid/CPR and Safe Sport.

9700 SW Harvest Ct Ste 180
Beaverton, OR 97005
503-466-4872
info@omega-gymnastics.com
omega-gymnastics.com

See ad on page 56



Oregon Historical Society

New all-ages exhibits & programs!

Experience Oregon

Grand Opening February 14, 2019!

A new permanent exhibit that explores Oregon's many cultures and geographies.

Family Days

Free all-ages programs highlighting current exhibits and local community groups!

- FEB 16 Experience Oregon Grand Opening
- MAY 18 Rock & Roll
- SEP 21 Harvest & Agriculture
- DEC 14 Ballet & Dance

ohs.org   



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nw children's
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INDOOR ROCK CLIMBING

2018 PARENT PICKS

The Circuit Bouldering Gym -
6050 SW Macadam Ave

Club Sport -
18120 SW Lower Boones Ferry Rd, Tigard

Planet Granite - 1405 NW 14th Ave

Portland Rock Gym - 21 NE 12th Ave

Source Climbing Center -
1118 Main St, Vancouver

Stoneworks Climbing Gym -
6775 SW 111th Ave, Beaverton

North Clackamas Aquatic Park

Steel Mountain is the North Clackamas Aquatic Park's 29-foot rock wall. The wall offers three different routes, each route varies in its degree of difficulty. Open during Big Surf! swim hours.

7300 SE Harmony Rd
Milwaukie, OR 97222
503-557-7873
aquaticpark@ncprd.com
ncprd.com

See ad on page 56

LESSONS / CAMPS INSTRUCTION

OMSI CAMPS & CLASSES

OMSI - Oregon Museum of Science & Industry

With overnight camps across Oregon and day camps and classes at the museum in Portland, OMSI offers over 200 adventures for your best summer yet. Whether you're searching for fossils, canoeing the Oregon Coast, programming drones, or animating your own film, discover something new while having fun and making friends.

1945 SE Water Ave
Portland, OR 97214
503-797-4000
register@omsi.edu
omsi.edu

See ad on page 55

Trackers Earth Portland

Trackers Earth offers award-winning day and overnight camps (Ages 4-Grade K and Grades 1-12) with themes like Wilderness Survival, Farming, Fishing, Archery, Wizards, Ninjas, Secret Agents, Blacksmithing, Rock Climbing, Biking & more!

4617 SE Milwaukie Ave
Portland, OR 97202
503-345-3312
info@trackersearth.com
trackerspdx.com

2334 NE 57th Ave
Portland, OR 97213

8111 SW West Slope Dr
Portland, OR 97225

SPORTS CLASS

2018 PARENT PICKS

PDX Sports Center -
8785 SW Beaverton Hillsdale Hwy

Portland Lil' Kickers - 418 SE Main St

Portland Parks & Recreation -
1120 SW 5th Ave Ste 1302

Rose City Futsal - 5010 NE Oregon St

Soccer Shots - 2705 SE Ash Unit 1

Tualatin Hills Parks & Recreation District

SUMMER AND WINTER CAMPS

2018 PARENT PICKS

The Children's Gym - 1625 NE Sandy Bl

Friends of Tryon Creek -
11321 SW Terwilliger Ave

OMSI - Oregon Museum of Science & Industry - 1945 SE Water Ave

Oregon Zoo - 4001 SW Canyon Rd

Portland Parks & Recreation -
1120 SW 5th Ave Ste 1302

Trackers Earth Portland -
4617 SE Milwaukie Ave

SWIM INSTRUCTION

2018 PARENT PICKS

Children of the Sea Swim School -
10170 SW Nimbus Ave Ste H7

DoIFUN SWIM Academy -
12029 NE Ainsworth Circle

Farber Swim School -
9470 SW Beaverton Hills Hwy, Beaverton

Multnomah Athletic Club -
1849 SW Salmon St

Portland Parks & Recreation -
1120 SW 5th Ave Ste 1302

Swimbabes - 10552 SE 52nd Ave,
Milwaukie, swimbabes.com

< PARENTING > HELP

COMMUNITY RESOURCES & REFERRAL SERVICES

21info - 21info.org

Human Solutions - humansolutions.org

Mother and Child Education Center -
momchildpdx.org

Oregon Helps! - oregonhelps.org

DATE NIGHTS AND GETAWAYS

2018 PARENT PICKS

Living Room Theaters - 341 SW Tenth Ave

OMSI - Oregon Museum of Science & Industry - 1945 SE Water Ave

Portland Art Museum - 1219 SW Park Ave

FAMILY LAW, WILLS AND ESTATE PLANNING

Aiston Law, LLC - candiceaistonlaw.com

Fitzwater Law, LLP - fitzwaterlaw.com

Gearing, Rackner & McGrath, LLP -
grmfamilylaw.com

Gevurtz Menashe Family Law -
gevurtzmenashe.com

Kohlhoff & Welch, Attorneys at Law, A Mother Daughter Partnership -
northportlandattorney.com

Laidlaw & Laidlaw, Attorneys at Law -
laidlawandlaidlaw.com

Pekelder Family Law, PC -
pekelderlaw.com

Penoyer Law - penoyerlaw.com

Trainer Law LLP - trainerlawpc.com

Wyse Kadish LLP - wysekadish.com

PARENT SUPPORT GROUPS

Attachment Parenting of Portland -
attachmentparenting.org

Baby Blues Connection -
babybluesconnection.org

Clackamas Parenting Together -
clackamasparenting.com

Families with Children From China -
fcc-oregon.org

Impact NW - impactnw.org

La Leche League of Oregon -
lalecheleagueoregon.webs.com

Lake Oswego Mother's Club - lomoms.com

MOPS (Mothers of Preschoolers) -
mops.org

Neighborhood House - nhpdx.org

New Father's Meetup/Workshop -
samstevensmft.com

Nursing Mothers Counsel -
nursingmotherscounsel.org

Parents Anonymous of Oregon -
morrisonkids.org

Renaissance Childbirth & Postpartum Professionals - renchildbirth.com

Tuality Health Education Center -
tuality.org

Washington County Breastfeeding Circles -
co.washington.or.us

PARENTING CLASSES AND INFORMATION

Adventist Medical Center -
adventisthealth.org

Ages & Stages Questionnaires Oregon -
asqoregon.com

The Black Parent Initiative - thebpi.org

Community Energy Project -
communityenergyproject.org

Friendly House - friendlyhouseinc.org

George Fox Univ. Parent Advice Line -
georgefox.edu

Immigrant and Refugee Community Organization -
irco.org

Impact NW - impactnw.org

Metropolitan Family Services -
metfamily.org

My Child's Future - mychildsfuture.org

Northwest Family Services - nwfs.org

OHSU Center for Women's Health -
ohsuwomenshealth.com



vibe studio

CLASSES, WORKSHOPS
CAMPS, EVENTS, PARTIES

VISUAL ARTS & MUSIC
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of Portland
vibestudio.org

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CLASSES

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omsi.edu/summer | (503) 797-4661



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- An integrative, balanced approach to child development utilizing a variety of proven educational philosophies.
- Inspiring mindfulness, an evidence-based technique to practice peaceful problem solving and critical thinking.
- Experienced educators with a holistic approach to help each child blossom.
- Safe, engaging learning environments with thoughtfully designed areas for collaborative learning and play.



Field Office
2039 NW Front Ave
Portland, Oregon 97209
(971) 803-6700

Downtown
1405 SW Morrison Street
Portland, Oregon 97205
(503) 374-9700

Serving students
6 weeks - 6 years

TheChildrensGarden.com



OUR POOLS HER ADVENTURE

There are so many ways to seize your moment at North Clackamas Aquatic Park. From Oregon's largest wave pool, a six-lane competition lap pool, interactive fountains, a toddler splash zone, water slides, and even a 29-foot rock wall, your aquatic adventure is completely up to you.

Whatever your age, North Clackamas Aquatic Park is your destination for affordable, healthy and family-focused fun.

Find your healthy frame of mind at NCPRD.com

Oregon Environmental Council - oeonline.org

Oregon Impact - oregonimpact.org

Parent Support Center PDX - parentsupportcenter.org

Portland Community College - pcc.edu

Tuality Health Education Center - tuality.org

PARENTS' NIGHTS OUT

Oregon Gymnastics Academy - ogagym.org

Precision Elite Gymnastics & Dance - precisionelitegymnastics.com

Rose City Gym - usagym.club

YMCA of Columbia-Willamette - ymcacw.org

RESOURCES FOR FAMILIES WITH SPECIAL NEEDS

See pdxparent.com/umbrella for our complete digital directory of accessible and inclusive services.

Albertina Kerr Hearing Services - albertinakerr.org

The Arc Oregon - thearcoregon.org

CHADD - Children and Adults with Attention-Deficit/Hyperactivity Disorder - chadd.org

Children's Developmental Health Services (Albertina Kerr) - albertinakerr.org

Decoding Dyslexia Oregon - decodingdyslexiaor.org

Disability Rights Oregon - droregon.org

The Dougy Center for Grieving Children and Families - dougy.org

Down Syndrome Network of Oregon - dsno.org

FACT Oregon - factoregon.org

HELP Elevate Learning Processing, Inc. (HELP) - helpadd.org

Me, Too Grief Support Groups - oregonhospice.org

Oregon Family Support Network - ofsn.org

Portland Aspergers Network - pdxaspergers.org

RISE Services Inc - riseservicesinc.org

Swindells Resource Center - providenceoregon.org

UCP Disability Services - ucporegon.org

< PREGNANCY & BABY >

HOSPITALS AND BIRTH CENTERS

2018 PARENT PICKS

Kaiser Permanente - Multiple Locations

Legacy Health - Multiple Locations

OHSU - 3181 SW Sam Jackson Park Rd

PeaceHealth Southwest Medical Center - 400 NE Mother Joseph Place

Providence Health System - Multiple Locations

Women's Healthcare Associates - 7650 SW Beveland Street, Suite 200

LACTATION / MIDWIVES / DOULAS

2018 PARENT PICKS

ABC Doula Service - 30654 SW Ruth St, Wilsonville

Alma Midwifery - 1608 SE Ankeny

Bridgetown Baby - SE Portland

Doula My Soul, Bryna Sampey - 202 E McLoughlin Blvd, #203, Vancouver

Luna Lactation & Wellness - 1906 NW 15th Ave

Natural Latch Lactation - 4011 SE Woodward St

OHSU - 3181 SW Sam Jackson Park Rd

Portland Doula Love - 5433 NE 30th Ave

Providence St Vincents Lactation Store - 9155 SW Barnes Road, #730

Rosehip Midwifery - SE Portland

< SHOPPING & SERVICES >

BIKE STORES / REPAIR

2018 PARENT PICKS

Bike Gallery - 1001 SW 10th Ave

Bikes for Humanity PDX - 3366 SE Powell

Community Cycling Center - 1700 NE Alberta Street

River City Bicycles - 706 SE Martin Luther King Jr Blvd

TINY TUMBLERS' DISCOVERY PROGRAM at OMEGA Gymnastics

Ages 3-5

Exploring and learning through gymnastics instruction, sensory play, and open gym.

Each class includes:

- 40 minute gym class
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- 30 minute open play



Enroll in one, two, or three days per week.
Tuesday, Wednesday, Thursday Mornings
10:00AM-12:30PM

Call for complimentary trial day.



Oregon Metropolitan Elite Gymnastics Academy
9700 SW Harvest CT, STE 180 | Beaverton OR 97005
503.466.4872 | www.omega-gymnastics.com

Sellwood Cycle Repair - 7953 SE 13th Ave
Clever Cycles - 900 SE Hawthorne Blvd

BOOK STORES

2018 PARENT PICKS

A Children's Place Bookstore -
1423 NE Fremont
Annie Bloom's Books -
7834 SW Capitol Hwy
Broadway Books - 1714 NE Broadway
Green Bean Books - 1600 NE Alberta St
Powell's City of Books -
1005 W Burnside St
Wallace's Books - 7241 SE Milwaukie Ave

COMIC BOOK SHOPS

2018 PARENT PICKS

Books with Pictures -
1100 SE Division St Ste 103
Bridge City Comics -
3725 N Mississippi Ave
Cosmic Monkey Comics -
5335 NE Sandy Blvd
Excalibur Books and Comics -
2444 SE Hawthorne Blvd
Other World Games & Comics -
6350 SW Capitol Hwy
Things from Another World -
2916 NE Broadway St

CONSIGNMENT SHOPS / EVENTS

2018 PARENT PICKS

Baby's Bottom Dollar Sale -
11875 SW Beaverton Hillsdale Hwy,
Beaverton
Beanstalk Children's Resale -
3527 NE 15th Ave
Bella Stella Resale - 2751 NE Broadway St
Hoot-N-Annie Children's Boutique -
6308 SW Capitol Hwy
Just 4 Kids Consignment -
1925 NE 42nd Ave
Just Between Friends - Portland -
Portland Expo Center
Pass It On Sales -
18000 NW Evergreen Pkwy, Hillsboro
Piccolina Children's Resale Boutique -
2700 SE 26th Ave
Super Kids Resale -
10546 SE Washington St
Sweetpea's Resale - 8235 SE 13th Ave

ThriftMouse - 38270 SW Thimbleberry Dr,
Gaston

CONSIGNMENT STORES/SALES

Beanstalk Children's Resale

Beanstalk provides quality children's resale clothing size preemie to youth 14 and more. A shopping experience shaped by our emphasis on friendliness, cleanliness, courtesy and sustainability. Beanstalk, with two locations, is organized in distinct sections for girls and boys clothing, shoes, books, toys and gear.

3527 NE 15th Ave
Portland, OR 97212
503-477-7776
info@beanstalkpdx.com
beanstalkpdx.com

8021 SE Stark St
Portland, OR 97215
503-327-8506

See ad on page 47

Baby to Baby Resale - facebook.com/
babytobabybeaverton/

Back on the Rack -
shopbackontherack.com

Denim & Frills Children's Resale Boutique -
denimandfrills.com

Katelyn's Closet - katelynscloset.com

Once Upon a Child -
onceuponachildvancouverwa.com

Other Mothers Consignment -
othermothers.com

Pipsqueak Resale Boutique -
pipsqueakresale.com

Queens Mab (Mother & Baby) -
facebook.com

Tiny Hinys Consignments New & Resale -
tinyhinys.com

GROCERY STORES

2018 PARENT PICKS

Costco Wholesale - 4849 NE 138th Ave
Fred Meyer - Multiple Locations
New Seasons Market - Multiple Locations
Trader Joe's Portland - Multiple Locations
Whole Foods Market - Multiple Locations
WinCo Foods - Multiple Locations

Alberta Co-op Grocery -
albertagrocery.coop

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Food Front Cooperative Grocery -
foodfront.coop

Green Zebra Grocery -
greenzebragrocery.com

Peoples Food Coop - peoples.coop

Portland Farmers Market -
portlandfarmersmarket.org

Winslow Food Forest -
winslowfoodforest.com

KIDS CLOTHING / SHOES

Beanstalk Children's Resale

Beanstalk provides quality children's resale clothing size preemie to youth 14 and more. A shopping experience shaped by our emphasis on friendliness, cleanliness, courtesy and sustainability. Beanstalk, with two locations, is organized in distinct sections for girls and boys clothing, shoes, books, toys and gear.

3527 NE 15th Ave
Portland, OR 97212
503-477-7776
info@beanstalkpdx.com
beanstalkpdx.com

8021 SE Stark St
Portland, OR 97215
503-327-8506

See ad on page 47

Polliwog - polliwogportland.com

Presents of Mind - presentsofmind.tv

KIDS HAIR SALON

2018 PARENT PICKS

Cookie Cutters Haircuts for Kids Tualatin -
7013 SW Nyberg St, Tualatin

Kid's Castle Cuts - 6000 SE 41st Ave

Lil' Snippers Hair Care 4 Kids -
3000 SE 164th Ave Ste 103, Vancouver

Pengwyn Kids -
343 W Powell Blvd, Gresham

Pigtails & Crewcuts -
2219 NW Allie Ave Ste 1430, Hillsboro

Sit Still Kids - 4075 N. Williams Ave

LOCAL NEW KIDS CLOTHING

2018 PARENT PICKS

Black Wagon - 3964 N Mississippi Ave

The Bull and the Bee - 1540 SE Bybee Blvd

Grasshopper Store - 1816 NE Alberta St

Hannah Andersson - 327 NW 10th Ave

Posh Baby - 916 NW 10th Ave

Treehouse Children's Boutique -
3954 N Williams Ave

TOY STORES

2018 PARENT PICKS

Finnegan's Toys & Gifts -
820 SW Washington St

Hammer and Jacks - 6416 SE Foster Rd

Kids at Heart Toys - 3445 SE Hawthorne Bl

Oodles 4 Kids - 7727 SE 13th

Piccolo Mondo Toys - 4768 NW Bethany Bl

Thinker Toys - 7784 SW Capitol Hwy

Kids at Heart Toys

Carefully chosen toys and books since 1987. From baby gifts to chemistry sets, board games to dress-up clothes, our products foster creativity and imagination. Plus, free gift-wrapping!

3445 SE Hawthorne Bl
Portland, OR 97214
503-231-2954
info@kidsathearttoys.com
kidsathearttoys.com

See ad on page 44

Bricks & Minifigs - bricksandminifigs.com

Cloud Cap Games - cloudcapgames.com

Kazoodles Toys - kazoodlestoys.com

Lakeshore Learning -
lakeshorelearning.com

Let's Play Toy Store - facebook.com

MudPuddles (Formerly Child's Play Toys) -
mudpuddlestoys.com

< SPORTS >

CHILDREN'S GYMS

Gym-Nest - thegym-nest.com

Gymboree Play and Music -
gymboreeclasses.com

Gymstars - gymstarkids.com

JJ Jump - jjjump.com

Kids Club Fun and Fitness -
kidsclubfunandfitness.com

Metro Gymnastics Center -
metrogymnastics.com

Naydenov Gymnastics -
ngymnastics.com

Oregon Dream Teams -
oregondreamteams.com

Oregon Gymnastics Academy -
ogagym.org

Precision Elite Gymnastics & Dance -
precisionelitegymnastics.com

Rose City Gym - usagym.club

Vancouver Elite Gymnastics Academy -
vegagym.com

GYMNASTICS / DANCE

Aim High Academy of Martial Arts -
aimhighma.org

Jewart's Gymnastics Northwest -
jewartsgymnasticsnw.com

Rigert Elite Gymnastics - rigertelite.com

The School of Oregon Ballet Theatre -
school.obt.org

Sky High Sports - por.skyhighsports.com

LESSONS / CAMPS / INSTRUCTION

Glendoveer Golf & Tennis

Glendoveer Golf & Tennis provides weekly group lessons, 2 hr, 4 hr, & all day summer camps for kids in tennis & golf. K-Lean's Tennis with Kaleen Worley, USPTA professional, provides a passionate and FUN learning tennis environment while teaching fundamentals, strategy/tactics, and match play for all ages and ability levels.

14015 NE Glisan St
Portland, OR 97230
503-701-4408
kaleen@kleanstennis.com
k-leans.com

See ad on page 47

Archers Afield - archersafield.com

Latitude 45 Lacrosse - latitude45lax.com

Lay-Ups Basketball - lay-ups.com

Northwest Fencing Center -
nwfencing.org

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a digital directory for the thousands of families throughout the Portland/Vancouver area that require specialized services for their children



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Damácia, 9th Grader*

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*Damácia is a 2017 student at a K12-powered school in Georgia, and her statement reflects her experience at her school.

Families do not pay tuition for a student to attend an online public school. Common household items and office supplies like printer ink and paper are not provided. Our enrollment consultants can help address your technological and computer questions and needs. Course materials vary by grade and by school.

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**Being a
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