



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Presented by</p> <p>OREGON ZOO</p> <p>KEY</p> <p>Free</p> <p>Inclusive</p> <p>Editors' pick</p>	<p>Grab your signs, your sunscreen and your favorite kid activists and stand with local kids suing the government over global warming as they push to have their case heard at the Rally for the Right to a Livable Future at Director Park at 10:30 am.</p>	<p>Come see kids, dance teams, student bands, and the <i>PDX Parent</i> staff march in the Fred Meyer Junior Rose Parade. 1 pm in the Hollywood District.</p>	<p>Check out ships from the US Navy, US Coast Guard and Royal Canadian Navy at the Rose Festival's Fleet Week. Pro tip: No strollers allowed on deck. Tom McCall Waterfront Park.</p>	<p>Field trip to Washougal for the grand opening of a cool new nature playground at the city's Waterfront Park, complete with a 9-foot tall Sasquatch installation that's ready for playing on, a 6-foot hill slide and an ADA-accessible play area. Cake will be served at 3:30 pm, plus there's rock painting and a scavenger hunt too!</p>	<p>Grab your helmets and help kick off the month-long Pedalpalooza. The fun before the family-friendly, 5-mile ride starts at 3 pm, with departure from Fields Park in Northwest Portland at 4 pm.</p>	<p>Get ready for the boys of summer. The Portland Pickles have a 5 pm pre-season game at Walker Stadium in Lents.</p>
<p>The Festival of Flowers in downtown's Pioneer Courthouse Square is almost over! Catch it before the blooms go bye-bye.</p>	<p>Grab your signs, your sunscreen and your favorite kid activists and stand with local kids suing the government over global warming as they push to have their case heard at the Rally for the Right to a Livable Future at Director Park at 10:30 am.</p>	<p>Come see kids, dance teams, student bands, and the <i>PDX Parent</i> staff march in the Fred Meyer Junior Rose Parade. 1 pm in the Hollywood District.</p>	<p>Check out ships from the US Navy, US Coast Guard and Royal Canadian Navy at the Rose Festival's Fleet Week. Pro tip: No strollers allowed on deck. Tom McCall Waterfront Park.</p>	<p>Field trip to Washougal for the grand opening of a cool new nature playground at the city's Waterfront Park, complete with a 9-foot tall Sasquatch installation that's ready for playing on, a 6-foot hill slide and an ADA-accessible play area. Cake will be served at 3:30 pm, plus there's rock painting and a scavenger hunt too!</p>	<p>Grab your helmets and help kick off the month-long Pedalpalooza. The fun before the family-friendly, 5-mile ride starts at 3 pm, with departure from Fields Park in Northwest Portland at 4 pm.</p>	<p>Get ready for the boys of summer. The Portland Pickles have a 5 pm pre-season game at Walker Stadium in Lents.</p>
<p>Explore a new-to-you inclusive playground. Northeast's Cully Park opened last year and Couch Park in Northwest got a major upgrade in the spring.</p>	<p>The Hillsboro Tuesday Night Market kicks off its season (which goes through August 27). Sure there are veggies, but also expect live entertainment, arts and crafts vendors, and an international food court. 5 pm-8:30 pm.</p>	<p>School's out for PPS! This calls for ice cream, so try Cloud City, Salt & Straw or newcomer Little Bean. (More about that one on page 16.)</p>	<p>Marvel at the Japanese Garden's summer exhibit <i>Forest of Dreams</i>. Intricately carved planks honor the cultures of both our region's Native tribes and the Aino people of Hokkaido, Japan.</p>	<p>The Delta Park Powwow and Encampment kicks off. Watch the dance competitions, browse arts and crafts, and grab some delicious fry bread.</p>	<p>Celebrate emancipation at Juneteenth Oregon's Clara Peoples Freedom Trail Parade! Starts on MLK and Ainsworth at 11 am.</p>	<p>Wave your rainbow flags at the Portland Pride Parade. Starts at the North Park Blocks at 11 am. Or treat Dad like a king at the Oregon Renaissance Faire at the Clackamas County Fairgrounds.</p>
<p>Sign up your kiddo for your local library's Summer Reading program. We love their epic summer events — and seeing all the kids in library t-shirts in late summer!</p>	<p>This month's Little Ears concert at The Old Church in downtown PDX features the kid entertainer winner of our reader poll, Red Yarn. 10 am.</p>	<p>Play at the beautiful Luuwit View Park's accessible playground, then grab the kids a free lunch at 12:30 pm from Portland Parks and Rec's Free Lunch + Play. Visit portlandoregon.gov/parks/freesummer for a full list of outdoor summer fun.</p>	<p>Park for free at any Metro-owned natural area! It's a great excuse to check out the new nature play areas at Oxbow Regional Park.</p>	<p>Wish Oregon City a Happy 175th Birthday at the Rose Festival's Oregon Heritage Days. Start out at the End of the Oregon Trail Interpretive & Visitor Information Center, and catch a ride to other historic OC sites.</p>	<p>Come party with us! <i>PDX Parent Celebrates the City</i> is back with even more swag, more music and more fun! 10 am-2 pm at Oaks Park.</p>	<p>Food, music, kids' stuff and neighbors all make for an awesome day at the Good in the Hood Multicultural Festival at NoPo's King School's playground. Noon-8 pm.</p>
<p>Catch up with Woody, Buzz and the gang in <i>Toy Story 4</i> — without the opening weekend crowds.</p>	<p>Catch a flick at SE Portland's Academy Theater, where there's a BOGO deal on tickets every Tuesday. (And tickets are only \$4 to begin with.) There's always at least one kid-friendly film playing, and the popcorn is aces.</p>	<p>No hamsters were harmed in the making of the Rocket Hamster's Dreamy Space Odyssey puppet show. Promise. Woodstock Library. 2 pm.</p>	<p>Get the giggles out at Angel Ocasio's kid-friendly comedy show at the Banks Library at 2 pm.</p>	<p>Meet some fine-feathered friends as the Oregon Bird Man brings his brightly colored parrots to North Portland Library. 11:30 am. Got tweens and teens? Northwest Library hosts a Teen Craft Hangout at 3 pm.</p>	<p>Get sweaty for a good cause at Cook Park in Tigard at the Candlelighters race, which raises funds to support children battling cancer. (There's even a 1-miler Superhero-in-Training race for the kiddos, and an obstacle course.)</p>	<p>Bike along with the other families at the 50th Sunday Parkways. The "golden" NoPo route will roll through Arbor Lodge, Kenton and Peninsula Parks, and more. 11 am-4 pm.</p>



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<p>Kids can learn how to make their own earrings, bracelets and necklaces at a free class at the Hollywood Library. Spanish and English spoken. 1 pm-3 pm. </p>  <small>OWS AND SEVENT PARK</small>	<p>The littlest kiddos have free run of Oaks Park on Tuesday and Wednesday mornings, all summer long. Just \$9.95 gets you access to all their family rides, plus cookies, milk and storytime. </p>  <small>OWS AND SEVENT PARK</small>	 <small>OREGON GARDEN</small> <p>Get your fireworks fix early at the Oregon Garden, which smartly sets off their sparklers one day before everywhere else. Admission is free after 6 pm, though a donation of \$5 per family is suggested. </p>	<p>Go old-school Oregon at Estacada's Timber Festival. There's a log pond roll-off, a pole-climbing competition, and a chain-saw display, plus a grand fireworks display at 10 pm. </p>  <small>TIMBER FESTIVAL ON SEC</small>	<p>The Portland Thorns are great role models, and their matches are notably more family-friendly than the raucous Timbers home games. Watch as they take on the Seattle Reign at 8 pm at Providence Park. </p>  <small>TIMBERS.COM/THORNSFC</small>	<p>The Autism Society of Oregon sponsors a free, sensory-friendly swimming session at the Oregon City Pool starting at 4 pm. No music, no judgement and pizza for all. RSVP at events@autismsocietyoregon.org. </p>	<p>Tears of Joy puppet theatre lands at the Portland Saturday Market, with a show about how the constellations got their names. Performances at noon and 2 pm, with a free puppet craft after the show. </p>
<p>Don't wait any longer to go see the fantastical Science Behind Pixar exhibit at OMSI. Your kids will love seeing how <i>Coco</i>, <i>Toy Story</i> and <i>Wall-E</i> came to life. </p>  <small>MICHAEL MALYSZKO</small>	<p>After 2017's disastrous fire, trails in the Columbia Gorge have slowly begun reopening. Try one of the trails in this month's Field Trip (page 36). </p> 	<p>Hit the Kenton Farmers Market for kid-friendly activities run by the kind folks from Oregon State's extension services program, guaranteed to get your kids excited about eating local fruits and veggies! </p>  <small>FEATHER WORLD</small>	<p>Tweens and teens will go nuts for the gravity-defying Broadway musical <i>Wicked</i> playing at the Keller Auditorium, through July 28. </p>  <small>WIKI WARDUS</small>	<p>Cool down on a 300-foot-long slip and slide, play some shuffleboard or try your hand at wiffleball, during free summer programming at Brooklyn Park, from noon to 8 pm. </p>	<p>Drum-centric performers from Mexico, West Africa, Japan and local tribes come out to celebrate their instrument in a free concert, which also features drumming workshops for kids. 2 pm at Gateway Discovery Park. </p>  <small>BEN BRINK</small>	<p>Sweet smells abound at the Helvetia Lavender Festival, where you can have a civilized cup of tea and scones with the kids before you stroll through the lavender-filled fields. \$5 per adult, free for kids. </p>
<p>Explore the Tualatin River Greenway bike path, which has neat interpretive signs along the way that trace the area's geology from the Ice Age on. </p>	 <small>MICHAEL MALYSZKO</small> <p>Take the MAX to the Oregon Zoo for Twilight Tuesdays, when admission is just \$5 per person and you can find live music and fun kiddo activities. </p>	<p>Let the kids get messy at Blue Lake Regional Park's Summer Fun Days. Youth and adult educators will lead kids in hands-on gardening and conservation projects. 11am-3 pm. Lunch included for kids. </p>  <small>METRO</small>	<p>Dive in to Peninsula Pool in NoPo for a free open swim session from 1:05 pm-2:55 pm, on Thursday afternoons all summer long. For free swim times at other city pools, check portlandparks.org. </p>	 <small>DISNEY</small> <p>Bow down to Queen Beyoncé, who voices Nala in the live-action remake of <i>The Lion King</i>, now out in theaters. </p>	<p>Learn about fire safety and injury prevention at Fire in the Park at Vancouver's Esther Short Park. Kids can meet local firefighters and learn how to give CPR. 9 am-2 pm. </p>  <small>JOHN GENTILE</small>	<p>Head to Sugarpine Drive-In in Troutdale for scoops of dreamy, creamy soft-serve, then poke around the Sandy River at nearby Glen Otto Park. </p> 
<p>Latin flair is in the air at Sellwood Park, with an evening concert from Grupo Masato, who play high-energy music with Andean roots. </p>	<p>Explore a new nature play area, like Sahallie Ilahee Park in West Linn, or Dirksen Nature Park in Tigard. </p> 	<p>Hold our beer. The Oregon Brewers Festival starts at noon at Waterfront Park. For little ones, there's complimentary root beer and soda. Free admission, but tasting packages for beer start at \$20. </p>	<p>The Washington County Fair kicks off, with tons of fun for kids, including encounters with Elsie the Cow and a chance to noodle around on a mini-tractor. </p>  <small>PORTLAND PARKS AND RECREATION</small>	<p>Take a break from the lunch grind at Food Truck Fridays in Hillsboro, with vendors gathering at the Tom Hughes Civic Center Plaza, plus live entertainment and fun games. 11:30 am-1:30 pm. </p>	 <small>OREGON REGENCY SOCIETY</small> <p>Get fancy at the 12th Annual Pittcock Mansion Picnic from the Oregon Regency Society. Bring your muslins, bonnets, parasols, croquet sets and food to share. More info at Oregonregencysociety.wordpress.com. </p>	<p>Cool off during a free open swim session at Sunset Swim Center in Tigard. (And follow thprd.org for info on other open swims throughout the summer.) 1 pm. </p>
<p>What's summer without a sandcastle? Hit the sand at an area beach, like George Rogers Park in Lake Oswego for some drip castle action. </p> 	<p>Have a very berry Tuesday out at West Union Gardens in Hillsboro, where you'll find exotic u-pick varieties, including tayberries, loganberries and gooseberries. </p>	 <p>Sing happy birthday to the MVP of Gryffindor at a Harry Potter party at Maggie Mae's Kids Bookshop at 5 pm. Expect crafts, trivia and various other shenanigans worthy of the Weasley twins. </p>	<p>KEY</p> <p> Free</p> <p> Inclusive</p> <p> Editors' pick</p>	<p>Presented by</p> 		



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<p>Join the geniuses of Mad Science for an hour-long workshop/ journey into space at the Capitol Hill Library, with stop-offs to learn about planets, lunar eclipses and the travels of the sun. 2 pm-3 pm. </p>  <small>MAD SCIENCE OF PORTLAND AND VANCOUVER</small>	<p>Get to know your neighbors and local first responders at National Night Out events all over the metro area. Visit natw.org to find yours. </p>	<p>Hit up the Clark County Fair in Vancouver for tons of family-centric fun, including clowns aplenty, carnival rides, and a super-cool performing doggies show.</p>  <small>CLARK COUNTY FAIR</small>	<p>Seek out some air-conditioning – take the kids bowling (check out KidsBowlFree.com for how to do this one on the cheap). </p>	<p>Extra, extra! Take the whole family to see the Journey Theater Arts production of <i>Newsies</i>, at 7 pm at Heritage High School's Performing Arts Center in Washougal.</p>  <small>JOURNEY THEATER ARTS</small>	<p>Get ready to run, swim and bike in the West Coast's only barrier-free triathlon, designed for kids of all abilities. Athletes will swim 50 yards, bike 2 miles and run half a mile on a fully accessible course at the Tualatin Hills Athletic Center.</p> 	<p>You still have some energy after yesterday's triathlon? Great! Bike the loop at BridgePedal, then hit up the India Festival downtown.</p>  <small>GOU</small>
<p>Celebrate elephant Samudra's 11th birthday a little early during World Elephant Day at the Oregon Zoo. All day, free with zoo admission.</p> 	<p>Take a flight of <i>Pure Imagination</i> and see <i>Charlie and the Chocolate Factory</i>, which starts tonight at the Keller and plays through August 18.</p>  <small>JOAN MARCUS</small>	<p>Keep the theater love going at a daytime matinee of the Broadway Rose Theater's production of <i>Cinderella</i> in Tigard, playing at 11 am and 1 pm.</p>  <small>CRAIG MITCHELL-DYER</small>	<p>The city of Wilsonville is throwing a block party, and everyone's invited. There's free eats, live music, train rides and the chance to cool off in the awesome Town Center fountains. The fun starts at 5 pm. </p>	<p>Catch this year's sensation <i>Spider-Man: Into the Spider Verse</i> under the stars in Hillsboro. The movie starts at dusk in Shute Park, but there's pre-show live music and popcorn starting at 7:30 pm.  </p>  <small>SONY PICTURES ENTERTAINMENT</small>	<p>Unfortunately (or fortunately, for their brains) kids aren't allowed to participate in the Soapbox Derby races at Mount Tabor. So pack a picnic, get a good seat and show up early to cheer for your favorite team. </p>  <small>FLOKIPHOTO BY TOM GOOD ARTS</small>	<p>Teens who are coping with cancer are invited to attend a free camp-out at Rooster Rock State Park, courtesy of NatureRx, a new program of the Children's Cancer Association. Think guided hikes, photo classes and star gazing. joyrx.org/naturerx.  </p>
<p>As the summer winds down, catch the Hillsboro Hops in action; first pitch is at 7:05 pm.</p>  <small>HILLSBORO HOPS</small>	<p>After a summer full of fun, it's time to give back. Take the kids to volunteer at the Oregon Food Bank, sorting and repacking food, or to help clean up donated kids' books at the Clackamas Bookshelf. </p>  <small>JULIA SILVERMAN</small>	<p>Spread out a blanket on the lawn and listen up during the Outdoor Storytelling Picnic at the Walters Cultural Art Center in Hillsboro, starting at 7 pm. Light beverages and snacks provided! </p>	<p>Head to Wilkes Park in NE Portland for a free lunch + play program from noon to 1 pm. </p>	<p>The Oregon State Fair in Salem is summer's last big hurrah. Head south to get your fill of midway games, farm animals and food on a stick.</p>  <small>OREGON STATE FAIR</small>	<p>Don't wear white to the Kids Obstacle Race. The 2-mile course features 13 obstacles for your kid to navigate, and they will get muddy. In a twist, parents run for free. At the Sherwood Forest Equestrian Center.</p>  <small>KIDS OBSTACLE CHALLENGE</small>	<p>Close out summer with the "Green Loop" Sunday Parkways ride, through downtown and inner SE Portland. Pro tip: Leave plenty of time to stop at the fountain at the Moda Center to cool down.</p> 
<p>Take deep breaths at the Swan Island Dahlia Festival in Canby. Over 400 varieties of the quintessential late summer flower will be on display.</p> 	<p>Head for the beach with the kids. In just an hour and a half, you can be tidepooling at Cannon Beach, or on the Seaside prom.</p> 	<p>School starts in Portland. (For everyone except the kindergartners. You guys get to wait until next week!)</p>  <small>JULIA SILVERMAN</small>	<p>Hit up your favorite splash pad. Kids love the froggie fountain at Peninsula Park in NoPo, but don't sleep on uncrowded Elizabeth Caruthers fountain in South Waterfront. </p>	<p>Mo Phillips and the Grumpies play an epic goodbye-to-summer set at Montavilla Park, followed by a screening of 2019's live-action <i>Dumbo</i> at dusk.  </p>  <small>CHUTIMAKUANAMON</small>	<p>See summer out with Family Nature Days at Columbia Springs in Vancouver, with guided walks and activities from 10 am-2 pm. Explore the forest, breathe deep, and get ready – a busy fall is coming right up.</p>	