

AGE APPROPRIATE CHORES

**AGES
2-3**

- Clear plates
- Clean up spills
- Help with basic meal prep, with assistance
- Help set table
- Put shoes and jackets away
- Pick up toys and books
- Put away bath toys
- Put dirty clothes in hamper

**AGES
4-5**

- Help weed garden
- Water plants
- Bring in mail
- Bring things in from car
- Load dishwasher
- Make beds
- Clean up room and playroom
- Put away their own laundry
- Fold towels
- Wipe down sink after brushing

**AGES
6-7**

- Sweep
- Mop
- Wash windows
- Empty waste baskets
- Match and pair socks
- Sort dirty laundry
- Unload dishwasher
- Help make lunches
- Make simple breakfasts (cereal, toast)

**AGES
8-9**

- Vacuum
- Wash dishes
- Put away groceries
- Rake leaves
- Bring trash bins to curb
- Clean countertops and tables
- Fold laundry

**AGES
10+**

- Make lunches
- Prepare a simple meal
- Iron clothes
- Do laundry
- Change sheets
- Mow lawn